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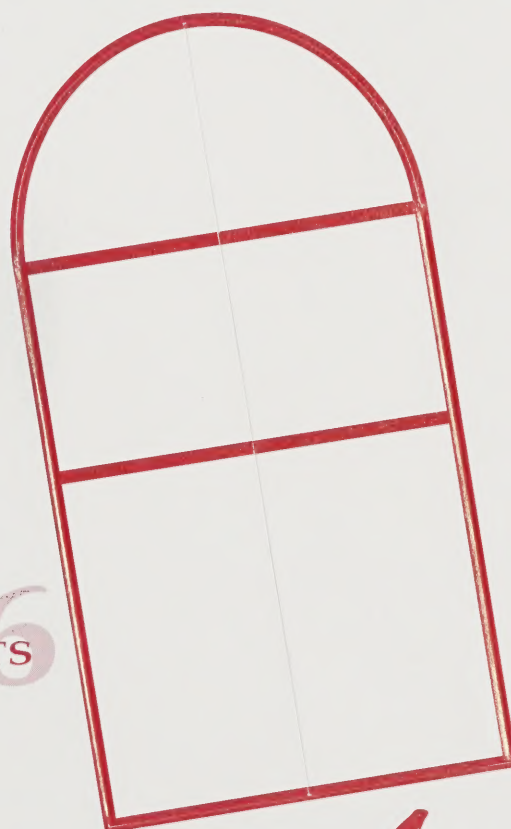
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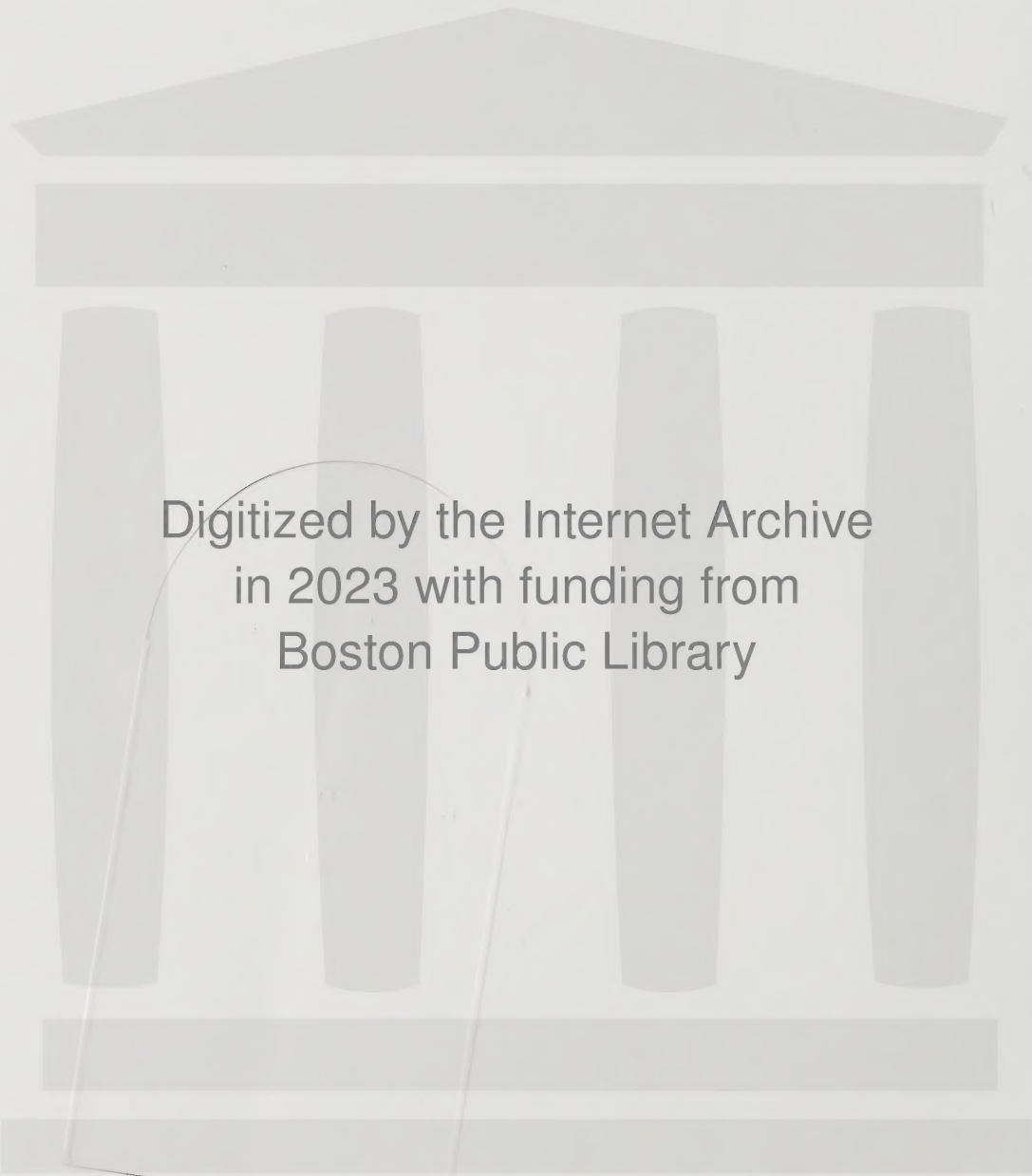
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windows



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Ludlow High School
500 Chapin St.
Ludlow, MA 01056







Window Reflections

A window can mean so many things to so many different people. Every window is made up of many individual panes, just as every school is comprised of individual students. Windows often frame future plans and let in the light. From dawn to dusk, they allow one to see things in a new light, often with a breath of fresh air. It can be a new viewpoint, an idea, or a symbol of something else entirely. A window represents both beginnings and endings. One can look through a window to see the future as well as the past. A window standing open is inviting, illustrating both hope and opportunity. Most importantly, a window can always be opened.

Daydreaming

How often has a student had to say this in class: "Huh? What was the question?" Probably many times! Being caught daydreaming is not only embarrassing but awkward. Teachers often become exasperated with the dreamy students. The severe sleepy-heads are sent to the dreaded "211" and have to explain to the vice-principal, Mrs. Toni Mancuso, what was distracting them.

What do Ludlow High School students daydream about? The males' minds may be plastered with thoughts about supermodels, shiny new cars, or booming stereos. The girls' thoughts may be cluttered with movie stars and new wardrobes. There is no doubt these dreamers think about things they would like to possess, but they may also be distracted by problems. An "F" in math could be enough to get somebody's mind ticking.

Worries travel around the brain at an alarming rate often disrupting the ability to concentrate.

Daydreaming about problems could cause even more problems. Most accidents on the road are caused by distracted drivers. When daydreaming, LHS students do not think about where they are walking. Many trips to the nurse can be blamed on this awful habit. In addition, students forget in what direction they are staring when they are in their dreamy states. It is quite embarrassing to find oneself staring at another person accidentally. It is not only rude, but it also puts the other person in an uncomfortable position.

Daydreaming is a symptom of senioritis, and the weary upperclassmen were diagnosed with a high rate of occurrence. The seniors dreamt of all sorts of things and people. One thing came to mind in almost every case--the opposite sex.



▲ Juniors Lili Fonseca and Lisa Gama take a nap on the way back from the foreign language trip to Boston's International Festival. After spending the entire day shopping, eating, and sightseeing, Lili and Lisa were exhausted.

“

*I'm
always up
in the
clouds.*

Amy Labier '98

*I
daydream
about
playing
guitar or
drums for
a rock
and roll
band.*

Mike Coddington '97

*I dream
of being a
swimsuit
model-
just
kidding!*

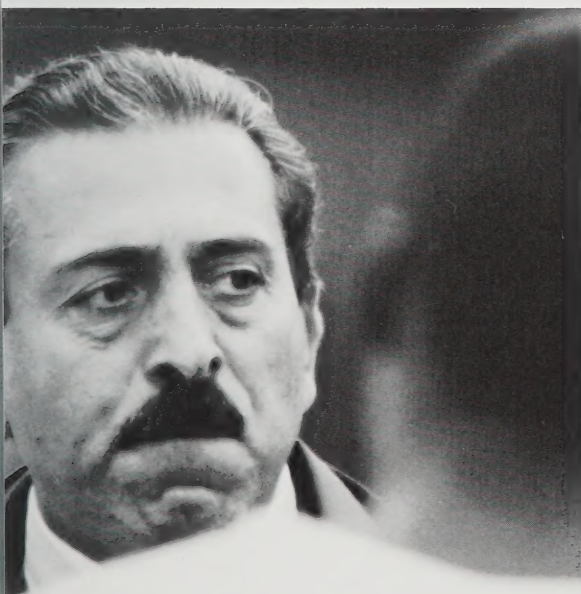
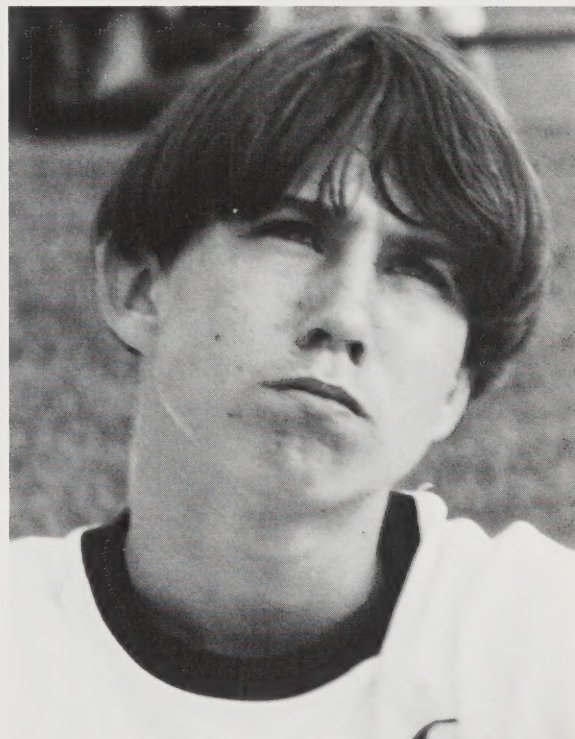
Aaron Saunders '98

”



◀ What is senior Roxanne Benjamin daydreaming about on this radiant fall day? The sun shines through the window and leaves her in a dreamy state.

▼ At a soccer game, Ron Grimshaw dreams about winning, and apparently, his dreams came true when the freshman boys' team had a successful season with a great record.



▲ Even Portuguese teacher and varsity soccer coach Mr. Tony Goncalves drifts off occasionally at a practice. Perhaps Goncalves is remembering the time he played soccer at LHS many years ago.

▲ At lunch, resting is something junior Justin Afonso has mastered. His friends debate whether to wake him up or to let him be late for class. What would you do?

Window Shopping

At Ludlow High School, students can be seen outfitted in a variety of different attire. Some dress casually in sweatsuits and some dress elegantly in dresses.

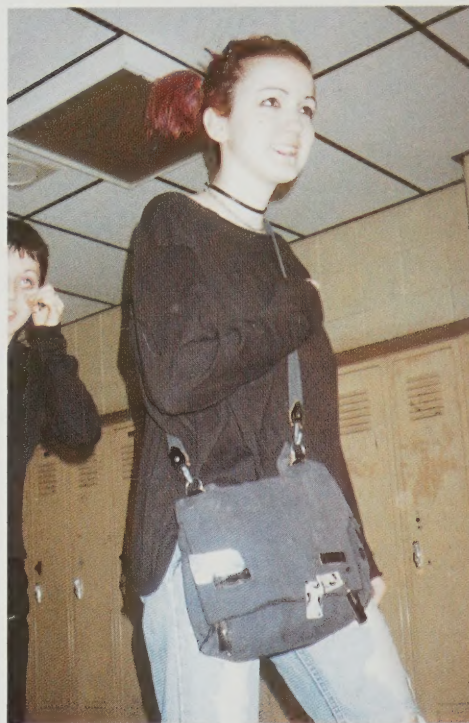
One garment that will never go out of style at LHS is the tie. Ties as subdued as plaid or checked, or as flashy as Disney characters were seen upon athletes and members of other organizations regularly. The long skirt and satin shirt combination was another popular dress-up look for many students.

Body glitter and glitter

eyeshadows were also a trend seen around school. Glitter in a variety of colors was popular among the most fashionable girls. Different nail polishes varying from pastels to blacks and dark purples were popular among both male and female students.

Hair styles varied from person to person. Many were seen wearing pony tails during difficult tests. Headbands were also worn frequently. Ski caps and baseball caps were some of the students' favorite articles of clothing.

▼ In 1997, ripped jeans were a staple item. Senior Nicole Fiorentino gave hers bleach spots!



▲ Senior Jen Salvador is sporting a knit cap. During the winter months, hats like these were found on most of LHS's trendiest students. Some were in the shape of stockings; others had small balls hanging from the ends. Lime and grey were the hottest colors.

▼ Sophomore Mike Ostrowski always wore his fishing cap—even to his banquet!



▼ Seniors Tim Priest and Rob Kopec are wearing the latest styles in neckwear. For the senior banquet, they chose ties with a metallic shine.



“

I like my blue champion shirt because it's really easy to take off.

Leigh Paz '97

Blue jeans and boots. Nothing is more comfortable.

Popo Vieira '97

”



▲ The only department store in Ludlow is Santos' on East Street; therefore, most “window shopping” is done at Springfield malls.



▲ Senior Dave Ferrier is wearing the classic polyester outfit. The '70's made a comeback in 1997, right Dave?

Washing Windows

After school jobs vary among LHS students, but the students' reasons for holding the job are quite similar. They spend their money on different things, but for most seniors a big chunk of the earnings goes towards maintaining a vehicle. The students like being paid, but they do have a lot of complaints about working. Working and going to school is hard to do; one of the two might suffer for some people. It takes a responsible and hard working person to juggle them and not let one or the other drop.

The minimum wage rose slightly to just over five dollars in the summer of '96. Perhaps this attracted new job holders. One thing is for certain: jobs are a big part of students' lives. Some of them

found work in the first place because they wanted to avoid asking their parents for money. Most people like working because it makes them feel independent. Massachusetts car owners have to pay the highest insurance in the nation, and the seniors have to make rather large payments. Most seniors' paychecks go towards gasoline and frequent repairs, too. Parents urged seniors to pay for these costs by finding work.

Teenagers no longer have to go through their parents to buy clothes if they have a job. A lot of the workers buy clothes with their money. The cautious students put it towards college by saving it in the bank. Other important spending areas are compact discs, make-up, software, and magazines.



▲ On Halloween, Chmura's Bakery employees are asked to wear a costume. Senior Paula Regades decided to be a witch.



▲ At Friendly's Restaurant, senior Angie Labonte greets customers at the window while junior Nicole Kozial gets ready to leave.

“

Once at work, this really hot guy came in, and I messed up his order. I was really embarrassed.

Kristie Teixeira '97

”



◀ At CVS Pharmacy in Ludlow, senior Nancy Fernandes can be seen through the window while she works behind the counter.

▼ Senior George "Norm" Martins' job at Chuck E. Cheese Restaurant involves washing lots of windows, wearing a striped outfit, and entertaining small children.



▲ Senior Heather Burtch, junior Amanda Miller, and a co-worker have to be ready for customers at all times. Friendly's Restaurant at the Eastfield Mall is known for its lunch specials and "friendly" service.

▲ Junior Eric Silva takes a break from bagging at Big Y. After a day of dealing with customers, he relaxes near aisle 12.

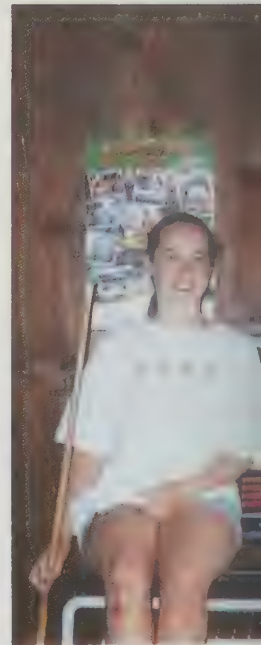
▲ At Ace Hardware, senior Evan Dufresne often has to give customers directions around the large store.

Seniors Jen Cyranowski and Gorete Goncalves like to eat out at McDonalds like so many other LHS students. Hangouts in Ludlow are limited, and the restaurant is popular for its playhouse.

Senior Christine Santos does the hustle at LHS's most popular night out--homecoming.



After the senior show, senior Scott Pelletier threw a bash in his basement exclusively for seniors who participated in the show. Mike Coddington is exhausted from dancing all night. Sitting on the floor beside him is Lisa Keyes, but she is still full of energy and ready for some more action! Pelletier's party was talked about for weeks.



Juniors Melissa Roy and Lisa Rogowski enjoy playing pool.



“
Once I
was at
a
concert,
and I
had to
bend
down. I
felt my
shirt
burning.
Someone
had
dropped
a
cigarette
butt on
me.

Tracy Casimiro '98

”

Out the Window

Parties are a memorable part of high school, and so are sneaky things teenagers do to get to them. Breaking curfew is another part of a teenager's rebellious behavior. The creative students are known for their ability to make up false alibis at a moment's notice. The party-goers enjoy a variety of activities with their classmates, and each clique has its own unique way of celebrating.

Getting parental permission to attend some of these bashes can be rather difficult, so the youths simply avoid asking. What do they tell their parents when they arrive home, and the infamous question, "Where were you?" is asked?

They get around lying by simply being vague. One response may be, "Oh, I was out with the

gang." Elusive answers like, "Oh, we were just hanging out" and "We went over to Tommy's house" are often used.

Desperate students go for another strategy if asked where they were; they lie. They usually lie after breaking a curfew. Some of the top excuses, "I forgot my watch" and "I had car trouble."

What are some of the wild and crazy things people do at these parties? What keeps them there into all hours of the night? In the summertime, pool parties are abundant, and throwing dressed people into the water is a timeless tradition. Scary movies and seances make sleepovers interesting. Food fights and bonfires at birthday parties are memorable. Other, less wholesome activities, need not be mentioned...



▲ Seniors Rob Kopec, Steve Kulas, Kevin Fonseca, and Popo Vieira were inseparable. These boys were always at some party together and up to no good!

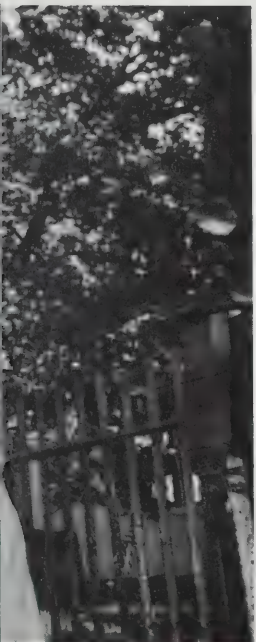
Senior Tanya Long likes to show off her flexibility. Many of the male onlookers cringed as Long did the splits at a party.

Sophomore Jolene Galvin impersonates Madonna by "striking a pose." Only highly skilled dancers can "vogue" with flair.



Junior Aaron Saunders has broken as many bones as Elizabeth Taylor has broken off relationships. Injuries have plagued Saunders every year at LHS, and *that takes talent*.

During a psychology trip to Boston, senior Linda O'Malley convinced a bum to dance with her. Not everyone would have the guts to frolic with a homeless person in downtown Boston.



“

*I can fly,
but I
don't like
to show
anyone.*

Chris Martell '98

*I can do
a really
good
Elvis
imper-
sonation.*

Susie Barroso '98

*I can
talk
really
fast.*

Leigh Boland '97

”

Hidden Talents

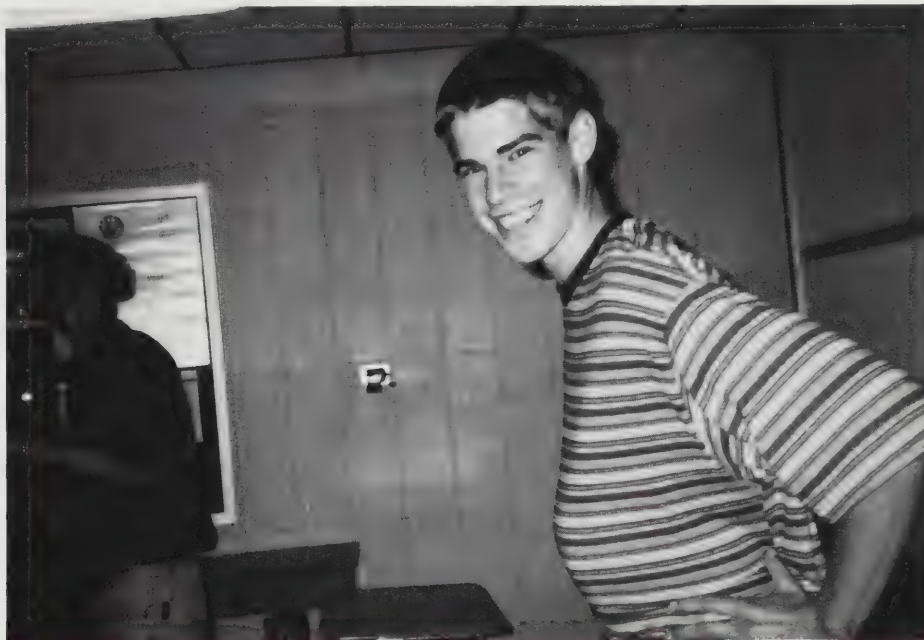
There are those among us who make us laugh, leave us in awe, or capture our imagination. Students at Ludlow High School possess a variety of different talents. The class clown for example, with a knack for voices or impressions, may be quite the crowd pleaser. The class musician may be able to “rock the house” with his or her music. The artists around school often leave people envious of their gifts. The varying traits may include people skills that can be considered talents. Everybody, even the shyest person in the whole school, may be able to do something no one else can.

Ludlow High School has its

share of talented athletes. With extraordinary physical capabilities these athletes win the hearts of sports fans all over Ludlow. Even in phys. ed., these students amaze their peers with their speed, coordination, and endurance.

The kids who can make crazy faces and do nutty contortions have always heard the phrase: “If you keep making that face, it will stay that way forever!” If this statement was accurate, Ludlow High would be crowded with odd-looking kids.

Talents come in many shapes and forms, and one thing is for sure--Ludlow High School wouldn't be as interesting without them. Some can wiggle their ears or roll their tongues. Others can bend themselves into the shape of the pretzel. What can you do?



In the background, junior Kevin Psoter tries to guess whether junior Nate Dolley's baby will be a boy or a girl. Dolley is famous for his ability to make his stomach muscles expand in a gruesome manner.

Senior Rob Gomes takes some advice from Coach Vilaca.

Senior Jessica Batalha is a veteran cheerleader.



At the pep rally, junior Patty Galarneau and her friends scream loudly. Many people around them blocked their ears with their hands.

“
Our
debate
team
had a
little,
“sam-
urai”
dog that
made
karate
chop
noises
when we
squeezed
it. It
brought
us good
luck.

Chris Wells '98

”



Coach Timothy Brillo always takes time off the court to give his athletes pointers. As a track, basketball, and football coach, Brillo takes deep pride in LHS.

School Spirit

Spirit: strong loyalty or dedication. At Ludlow High School, that loyalty and dedication can be seen from early morning to well into the evening, from athletics to academics to the arts.

On any given day, a walk down the halls of Ludlow High School reveals athletes in football jerseys, shirts and ties, or skirts which show that they will be competing in a game later that day. Hours of practice and participation come beforehand. It is all because of the pride they have in the team and the school.

Other Ludlow High students dedicate their time and talent to artistic activities such as music, art, and shows. From practice to actual performance, they work together during school, after school, and on weekends. Still

more students show their school spirit by representing their school in more academic pursuits. They can be found after school practicing for competitions with the math team, debate team, and mock trial, among others. Other students choose to take up a leadership role where they help to decide issues such as trips, banquets, and fund-raisers; they make school more enjoyable.

This year school spirit was celebrated in a new and old way--homecoming.

From the athletes, artists, and scholars to the excited, supportive fans, Ludlow High is more than just a collection of students and classrooms. It is a place of loyalty and dedication in every area--the true definition of school spirit.



These junior girls go wild at the pep rally! One of the highlights of the rally was junior Ray Moorhouse's cartwheel across the gym floor when the football team was called down.



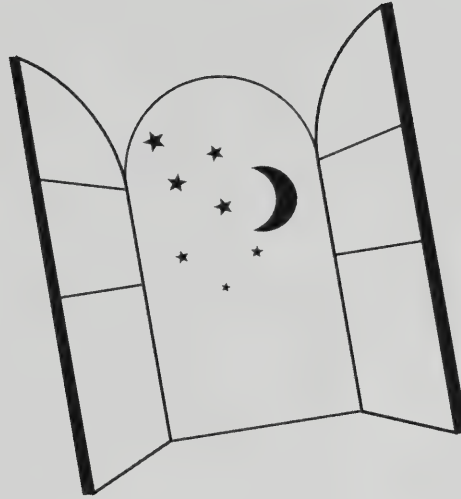
Spirit explodes from junior Jon Haluch as he scores a goal. Many talented athletes spend hours training every day at their sports.



▲ Rob Kopec enjoys himself at the senior banquet.

► Matt Goncalves and Dan Dias have some fun as the senior show comes to an end.





This year was a time of fun and making memories for the members of the senior class. Although the year started off slowly, it took almost no time for the Final Winterfest to come and go. After that, no one could believe that the seniors were already preparing to put on the 1997 senior show, Senior Street Live. All of the seniors who participated enjoyed the experience. This was also a time for the class of '97 to finally come together as a class; old friendships were rekindled as new ones began. The years spent together are finally at a close, but the windows to the rest of life are just opening.

Portraits



Tara Almeida



Jason Alves



Linda Alves



Suzana Alves



Jennifer Ambroziak



Marjorie Armitage



Michael Assaf



Justin Bailey



Fatima Barroso



Carrie Barrus



Jessica Batalha



Joseph Batista



Angela Belleville



Shelly Boduch



Leigh Boland



Sharon Brodeur



David Buckley



David Buntin



Heather Burtch



Erin Campana



Michael Carvalho



Otilia Castro



Nancy Chelo



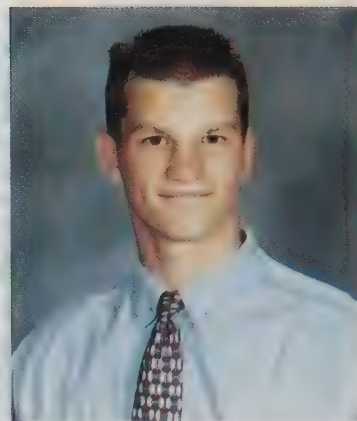
Angela Cieplik



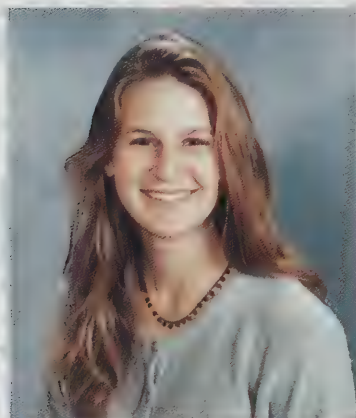
April Cioch



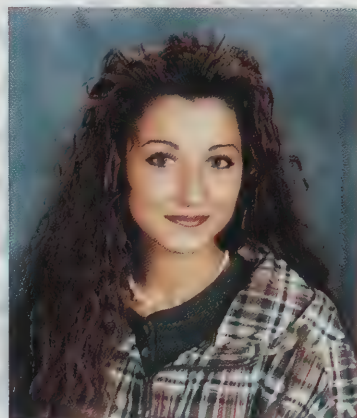
Melissa Cislak



Michael Coddling



Jennifer Cyranowski



Anna Czupryna



Anne DaCosta



Amy Desautels



Christina Dias



Cristina Dias



Daniel Dias



Jennifer Dinelle



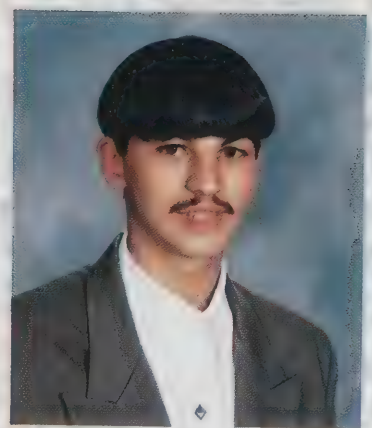
Adam Dorval



Evan Dufresne



Michael Dymon



Danny Elias



Nancy Fernandes



Maggie Ferrabelo



Michael Ferrabelo



Celia Ferreira



David Ferrier



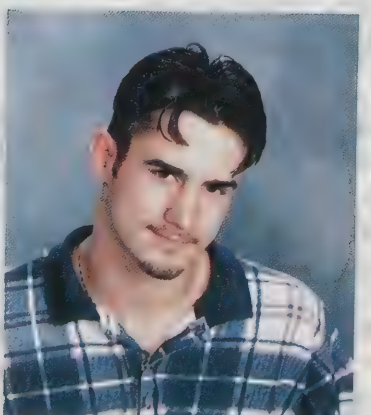
Dennis Fialho



Paulo Fialho



Nicole Fiorentino



Eric Flebotte



Adela Flores



Kevin Fonseca



Michael Forcum



Mindy Franck



Traci Garrity



Alan Gates



Roger Gendreau



Adriano Genovevo



Adam Giverson



Robert Gomes



Gorete Goncalves



Jorge Goncalves



Matthew Goncalves



Brian Gosciminski



Michael Gove



Dawn Grimshaw



Laura Gruszka



Tracy Haluch



Kenneth Haney



Carlos Hickey



Jennifer Hill



Jeffrey Hiorns



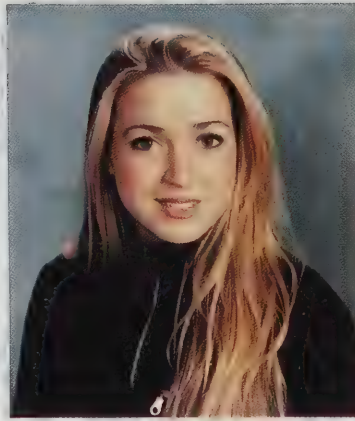
Lindsay Ho



Robert Hogan



Amy Hudon



Kimberly Jorge



Jamie Kendall



Andrew Kessler



Meghan Ketchum



Lisa Marie Keyes



Robert Kopec



Stephen Koziol



Stephen Kulas



Donald Labaj



Jennifer LaBombard



Angie Labonte



Sarah Ladue



Nicole Lane



Tanya Laramie



Kristle Lariviere



Scott Lauzon



David Lawrence



Ryan Lemek



Tonya Leroux



Irene Lesniak



Danielle Lessard



Nicholas Line



Tanya Long



Melina Louvitakis



Maureen Lynch



Robert Maio



Gennelle Mariani



Heather Mariani



Erica Martins



Nicholas Matthes



Maria Medina



Jason Minich



Bridget Moore



Eric Nelson-Miller



Karen Nogueira



Sharon Nogueira



Shawn O'Connor



Linda O'Malley



Brian Page



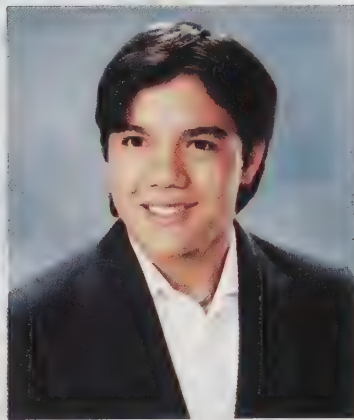
Leigh Paz



Heather Peabody



Scott Pelletier



Valentim Porfirio



Timothy Priest



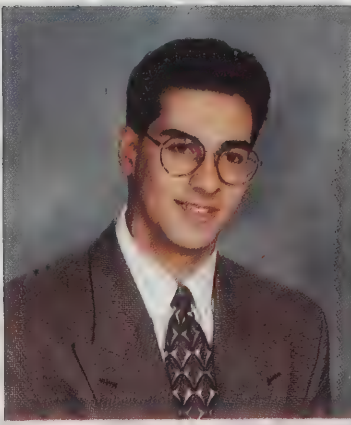
Melissa Provost



Karla Psoter



Melanie Pszeniczny



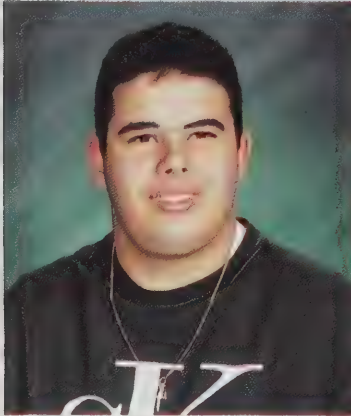
Mark Quiterio



Paula Regadas



Megan Reilly



Fernando Ribeiro



Jamie Rich



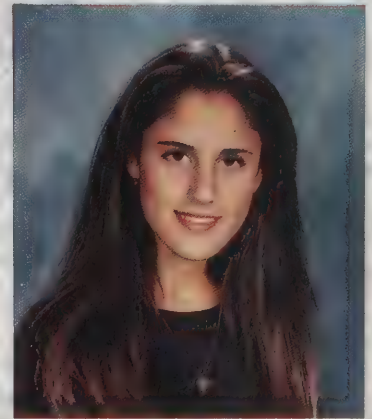
Joseph Riopel



Diane Rodrigues



Jeremy Rodrigues



Kristy Rodrigues



Nickolas Rooney



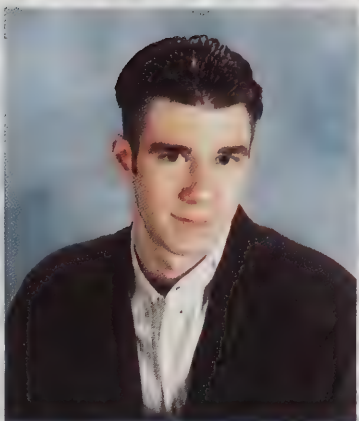
Gary Rosa



Nilton Rosa



Albertina Rua



Gustavo Rubbo



Christopher Salvador



Jennifer Salvador



Stephanie Salvador



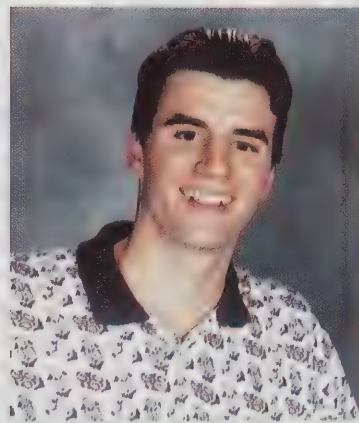
Antonio Sanches



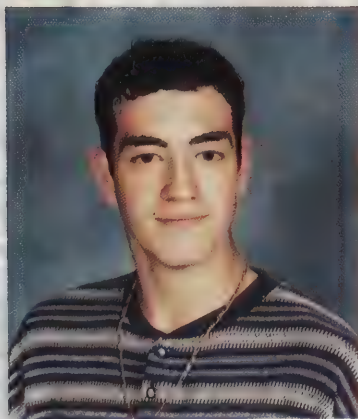
Christine Santos



Michelle Santos



Paul Santos



Daniel Serrazina



Tina Serrazina



Joseph Silva



Lisete Silva



Rebecca Siok



Shauna Smolinski



Jeremy Soja



Charles Stagnaro



Derek Swistak



Kristie Teixeira



Rebecca Thomas



Sean Thompson



Chrystal Vieira



Joao Paulo Vieira



Jorge Vieira



Karen Vigliano



Felicia Vital



Mark Vital



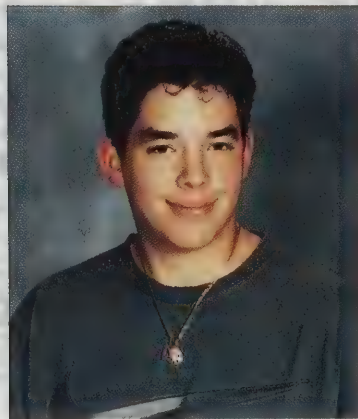
Rebecca Wright



Gregory Wurszt



Jeffrey Zajac



Nick Zaldivar



Nancy Zina

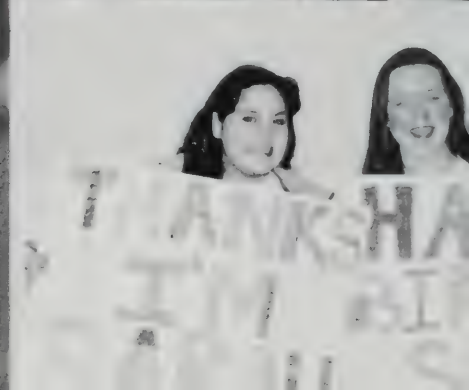
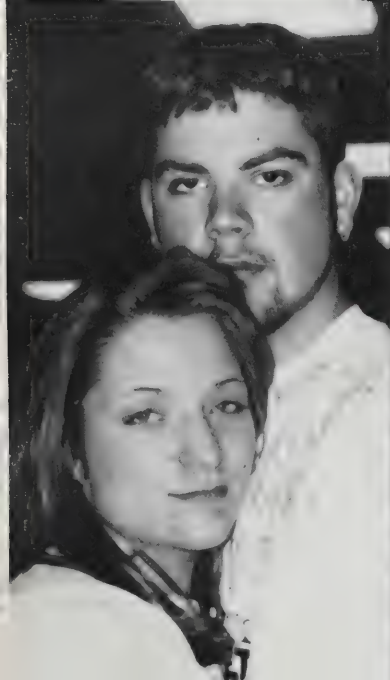
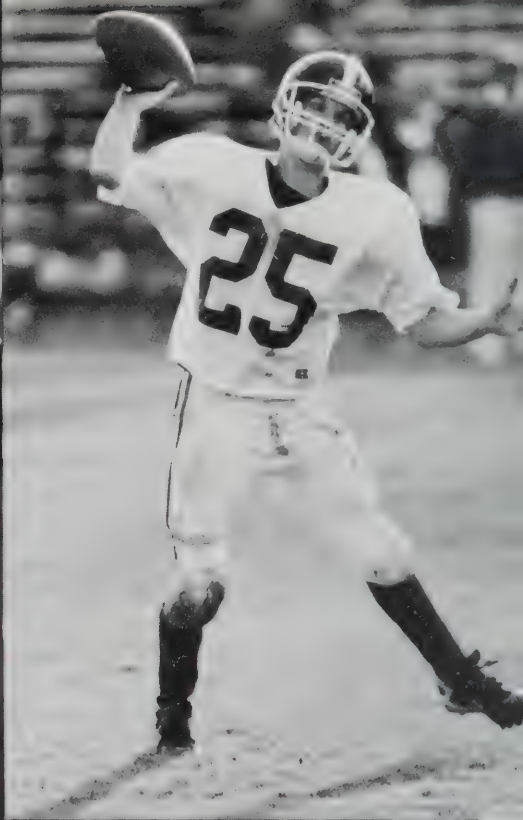
Camera Shy:

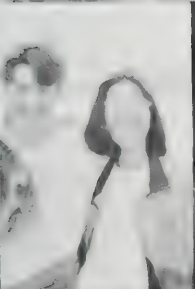
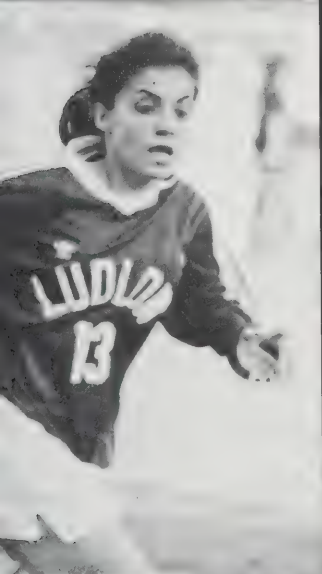
Roxanne Benjamin
Simone Carvalho
Antonio Castro
Chris Champagne
Justin Dobson
William Escribano
Alice Fernandes

Aderico Florindo
Americo Freitas
Sandy Gomes
Susana Goncalves
James Gregory
Heather Griffith
Todd Gurka

Andrea Kerr
Jorge Martins
Michael Mateus
Cristina Mendes
Joao Paulo Oliveira
Hye-Jung Park
Joseph Rodrigues

Shannon Self
Diane Simoes
Matthew Tarsa
Crestina Torrao
Danielle Wales
Edward Zapala



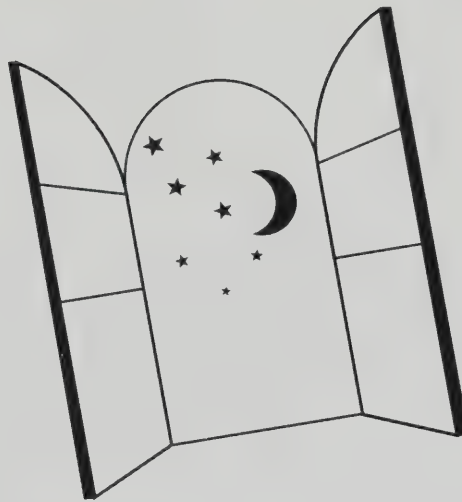




▲Smiling faces, such as Marcy Bousquet's, are just one aspect of the semiformal season.

►Bobbi-Lynn Gregory shines in her silver satin semiformal dress, surrounded by a tight group of her friends.





Semiformals, a tradition at Ludlow High School, are one of the highlights of the students' winter. Each class has its own time to get dressed up in gowns and suits and look special for a night. Before the semiformal, the halls are filled with questions like "Did he ask you yet?" and "What's your dress look like?" Almost everyone who has ever gone to Ludlow High has, at some time, heard those questions at least once.

Most freshmen in the past have had their banquet at either the Elks Club or the Ludlow Country Club; however, the freshmen had theirs at the Oak Tree Inn this year. This year's sophomores had fun planning their second ever banquet, while the juniors spent a small fortune on their tickets. The seniors attended the last of the Winterfests this year and made the most out of their night.

The start of a tradition that is very old but new to our school was added this year: Homecoming. Homecoming brought much excitement to both the students and the gymnasium. Classes of the future will hopefully enjoy the same traditions that this year's classes have. We have made many lasting memories that will remain with us forever; for all of us, there are many more to come.

Semi-formals

▼ While Angela Goncalves is the main attraction, Lynsey Calheno and Laura Momnie want in on the attention.



▼ This group of freshmen show off their new dresses while sharing the latest gossip.



Freshmen open the window to a Winter Fantasy

The freshmen had their first banquet, entitled Winter Fantasy, on December 21, 1996. It was at the Oak Tree Inn in Ludlow from 6:30 p.m. to 11:00 p.m. About 95 people paid 20 dollars to attend this elegant event.

The Class of 2000 was not able to bring guests but still had a ton of fun. "It was good. It was a lot of fun," said Jennifer Goncalves. Class president Cristina Saraiva stated "I think it came out a lot better than most people thought it would." Audrey Vilaca also thought it went well.

The decorations were provided by the Oak Tree Inn and consisted of little lights and Christmas trees.

The freshman class danced to music like "The Macarena," "Saturday Night" and "YMCA" that was provided by The Party Doctors.

The semi-formal dance of the night consisted of long dresses for girls and suits for boys.

Overall, the banquet was a time to remember for all freshmen.



▲ Lauren Hansen and Jenn Matthes turn their backs on their dates to check out the action behind them.

▼ Liz Sousa and Jen Goncalves look at the festive decorations before stepping onto the dance floor.



▼ Adam Kulas, John Reilly, Derek Venne, and Stephen Karalekas show their slick moves on the dance floor.



▲ "I think it went well. I was excited to be there with all of my friends," exclaimed Audrey Vilaca.

▲ Lisa Torres, Jenn Matthes, Cristina Saraiva, Lauren Auffrey, and Melissa Melcher take a breather from the crowded dance floor to get a soda.

▶ These sophomores girls have legs and they know how to use them.

▼ Julianne Placezek liked dancing with her friends and listening to the great music of the sophomore banquet.



▲ Good friends, Angela Tiago and Jennifer Prior show off two of the popular hair styles at the banquet.



▲ Freshman Cassie Orszulak blushes with excitement after Dave Quiterio asks her to dance.

Relationships are a big part of high school though sometimes they don't last forever. Justin Joyal, Jenn Swist, Jonathan Witowski, Lindsay Gauthier, Rob Mathias, Danielle Maruca, Chris Courchesne, and Elaine Chrzan remain good friends.



Ryan Gardner peeks at the camera man through the heads of couple Melinda Alves and junior Michael Bergeron.

Sophomores peek through the window at Winter Wishes II

Sophomore Winter Wishes II semi-formal banquet took place at the Gremio-Lusitano Club in Ludlow from 6:30 to 11:30 p.m. on December 14 for the cost of twenty dollars per ticket. All sophomores were invited to bring a guest, so the attendance totaled 190 sophomores and their dates.

The night was filled with food, desserts, and entertainment by our very own Nelson Camacho and Dave Costa as DJs. Touchette Catering of Agawam provided the meal and freshly made desserts.

Various songs from

"Summer Days" from the soundtrack *Grease* to the "Macarena/Christmas Carols Remix" were played. "Love Shack" was one of the biggest hits. Also, sophomore Patricia Maggard did karaoke for "Don't Speak."

Christmas lights around the hall to gift boxes as centerpieces were just some of the many beautiful decorations.

Pictures were taken just about everywhere, but in particular near the sophomores' arch created by Mr. Prior, sophomore Jenn's dad.



Bobby Shanley and Melissa Costa had fun showing off their singing skills at the sophomore banquet with their own rendition of "Love Shack."

▼ Karla Carvalho flirts with the cameraman while surrounded by her dancing friends.



▼ Jon Haluch busts a move to DJ Roco Productions, which provided a variety of music for the night.



Gazing through the window, juniors have Winter Dreams

On January 11, 1997, at 7:00 p.m. the junior class assembled at the Marriott Hotel for their "Winter Dreams."

The night started off with a cheese montage and then progressed to a dinner consisting of a choice of chicken cordon bleu, swordfish, or fillet of beef and ended of with a delicious triple chocolate layer cake.

The Marriott Hotel in Springfield was decorated in blue and white. The Marriott Hotel provided the music to which the class of 1998 danced. The numbers were popular music including "The

Macarena," "Saturday Night," "The Greased Lightning Re-mix," and songs by Eric Clapton.

The guys dressed in suits and ties. Some boys wore vests as well. The girls adorned themselves in long dresses and jewelry. Some girls wore short dinner gowns and heels.

"The banquet was really fun. It gave me a lot of memories that I'll remember forever," stated Lisa Rogowski.

At \$56 per couple, it was the most expensive ticket out of the four Ludlow High banquets.



▲ Tiffany Evans gets caught sneaking back to her seat for a piece of "triple" chocolate layer cake.

▼ Good friends Mark Leandro and Linda Dias show their love for each other with an affectionate hug.



▼ Kelly Bobowiec dances after her waitress who took away her chicken cordon bleu too soon.



▲ Eric Danner exclaims that he had fun with all of his friends and being around all of the beautiful girls. He also loved dancing wildly and breaking loose.

◀ This group of juniors show off their dresses and newly styled hair during the social hour.

“The Final Winterfest” closes seniors’ last window

On January 10, 1997, the Class of '97 gathered for its last semi-formal of Ludlow High School. By 6:00p.m. about 110 seniors and their guests united at the Carriage House in West Springfield to eat and dance the night away with friends and fellow classmates. The tickets cost \$22.00 dollars, but the memories that were made will last a lifetime.

The seniors danced to music like “The Train,” “The Macarena” and “The YMCA.”

Other music that was played was popular songs like “Greased Lightning Re-mix,” and requested music from the 1970’s like “Respect” by Aretha Franklin.

The decorations were provided by the Carriage House and consisted of flowers and little lights.

Overall, the senior banquet, “The Final Winterfest,” was both a great success and provided a lot of fun and memories for the Class of 1997.

▼ The class of 1997 breaks the traditional “YMCA” habit and tries out the latest craze: the “Macarena.”



▲ Seniors Michelle Santos, Linda O’Malley, and Jen Salvador show off their wild side through their clothing.



▲ Kim Jorge and LHS graduate Jimmy Ziemba happily share the first dance of the evening.



◀ Tim Priest and Rob Kopec gladly carry Rob Maio after an exhausting dance.

▼ Steve Kulas decided that it was a great time dancing with all his freinds and partying all night long, but it was also sad because it was the last banquet.



▲ Mike Coddington and Alan Gates take a rest before the festivities of the evening begin to enjoy the rest of their desserts.



▲ Former LHS student Miguel Gomes feeds his senior girlfriend, April Cioch, some delicious chocolate cake.

Homecoming,

a window to the past.

November 22, 1996, wasn't just another ordinary night. The homecoming tradition was revived by *The Cub* staff. Fellow classmates worked together to transform the gymnasium into a dream world of twinkling lights and glimmering stars.

"Since this is my first homecoming dance I really had a lot of fun with my friends. When I stepped into the gym I couldn't even tell that it was our gymnasium. The decorations looked really nice. I'm glad we still have one more dance to go," exclaimed senior Roger Gendreau.

The choosing of the homecoming nominees was quite unique because they were not chosen for beauty and popularity, but for having most school spirit. The nominees for the senior class were Jessica Batalha who is cheerleading captain and Matthew Gonçalves who plays varsity soccer. The junior class had Melissa Leal who is a varsity girls' soccer manager and David Kwajewski who plays varsity

baseball. The sophomore nominees were Nancy Almeida who is manager for the varsity football team and David Quiterio who is on the JV soccer team. The freshman nominees were Lynsey Calheno who participates in track and Dan Santos who participates in soccer. The voting process was simple; one had to buy a ticket to the dance to vote for one's favorite candidates. And the winners were ... junior Melissa Leal and sophomore Dave Quiterio.

Former L.H.S. student Mark Pedro exclaimed, "It was so cool because even though the class of 1996 was gone, by being invited back it felt like I was still a part of the school. We could have just one more memory."

"It was a lot of fun because we haven't had one in so long," stated senior Linda Alves.

According to *Cub* staff member Megan Braska, "It was a lot of hard work to put together, but the efforts really paid off. All the students really had a great time, so that made it all worth it."



"I felt happy, surprised, proud, and thankful all at the same time. To me this was something to be proud of; kind of like I was being crowned Ludlow High School's greatest fan," exclaimed junior Homecoming Queen Melissa Leal.

In Melissa's high school career so far she has participated in school government, student council, executive board, band, band council (co-vice president), and varsity girls' soccer manager.



L.H.S. students and their dates dance the night away at the first homecoming dance in over 30 years.

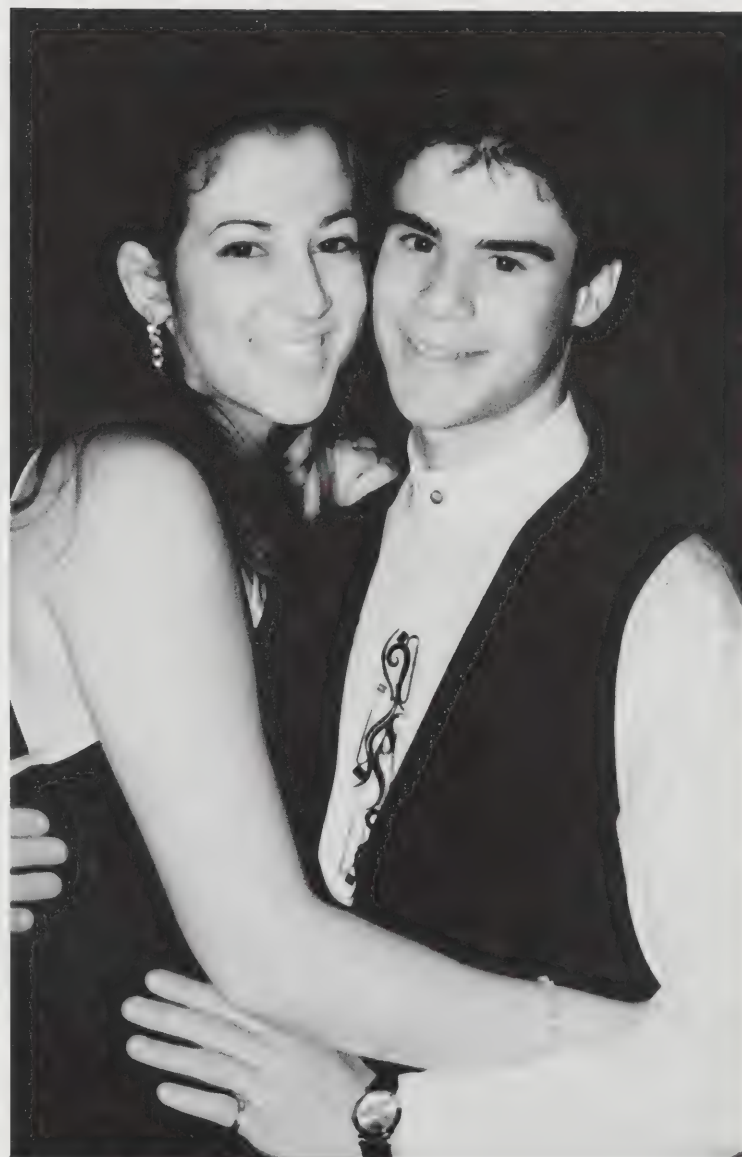


Sophomore Dave Quiterio says that he was so excited because he had never had something so cool happen to him before. "It was so great I felt like I was the center of attention and I liked it."

Dave has participated in soccer and track since freshman year.



▼ Senior Linda Avles and L.H.S. graduate Mark Pedro share a precious moment at their first and last homecoming dance.



◀ “I was surprised and excited that I was nominated for homecoming court. I had a great time with all of my friends. I was excited and proud to represent the class of 1997 with the most spirit in our class,” exclaimed senior Jessica Batalha.

Over the years Jessica has participated in yearbook, Portuguese club, S.A.D.D., band, color guard, and the Local Government Partnership Program.

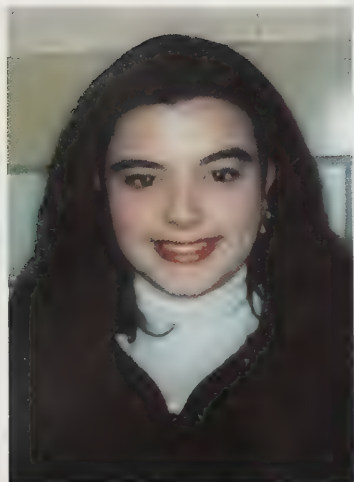


◀ Senior Matt Goncalves was so excited when he won. “I couldn’t believe it, I thought it was an honor.”

Matt is very active in the school. He participates in student government and he plays varsity sports such as wrestling and soccer.



▲ Good friends, junior Ben Lemek and senior Heather Burtch, take time out of the first dance to smile for the camera.



◀ “I didn’t think I would be nominated, I was so honored,” exclaimed sophomore Nancy Almeida on being nominated for homecoming queen.

Nancy is an active part of student council, a cheerleader, and co-manager of the J.V. and the varsity football team.

“The dance was fun and I really had a great time.”

▼ Juniors Donna Chrzan, Linda Dias, and Kristen Fioravanti enjoy themselves at their first homecoming dance.

▼ A group of classmates pose for a picture and show off their beautiful attire.



◀ “I was surprised,” answered junior nominee David Kwajewski when asked how he felt when he was nominated for homecoming king by his class.

Dave is a member of many varsity school teams including basketball, baseball, and cross country. He is also involved in the junior executive board and model congress.



▼ Brent Bonzek and Sharon Brodeur relax for a few minutes before heading back to the dance floor.



▲ Good friends take a break from the dance floor and enjoy the delicious refreshments.

▲ Ludlow High School students and their guests join together to do the traditional YMCA dance.



◀ “Me? Why me? I have no school spirit?!? But of all the people against whom I was running that had all of that school spirit, I was surprised I was nominated,” stated sophomore Lynsey Calheno. In Lynsey’s short career at Ludlow High School she participated in soccer, basketball, track, and the health fair committee.



◀ When freshman Dan Santos was asked about how he felt when he was nominated for homecoming king he stated that it was good, “I was really excited.”

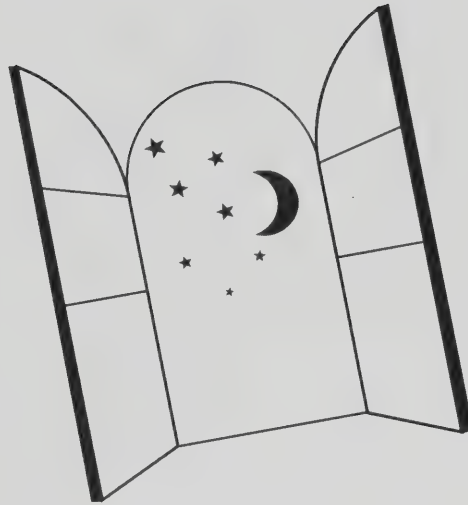
Dan plays soccer and says, “Hey I’m happy all of the time.”



▲ Ray Moorhouse is a junior with a unique sense of style. Here he models his Don Johnson look.

► A mixed group of underclassmen lets everyone see their Portuguese pride at the Boston International Festival.





With the end of summer, a new freshman class entered L.H.S. Young and nervous, they roamed the building, slowly figuring out that there is no pool and no fourth floor. The sophomore class was welcomed back with the thought there was another class younger than they were. At last, the sophomores were not the newest kids in the school. The junior class spent the year looking forward to its turn sitting in the sacred senior lounge and parking in the front of the school without fear of getting caught. As they wait, the juniors have their hands full with thinking about future plans for college and planning the junior/senior prom.

Underclassmen

Juniors

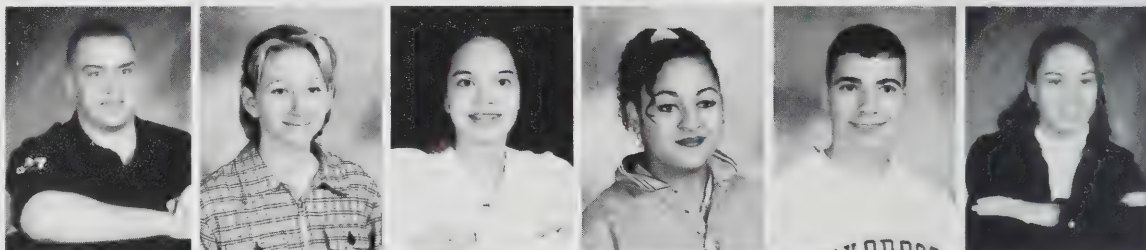
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Susana Afonso
Denielle Albertowicz



Connie Alexander
Joseph Alexander
Carla Alves
Jennifer Alves
Anthony Angelo
Joseph Aniolowski



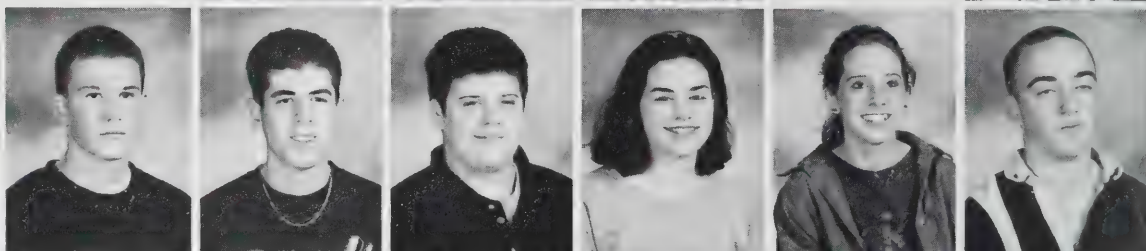
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Stephanie Avalos
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Anabela Baltazar



Michele Barbeau
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Paulo Barroso
Susie Barroso
Michael Belben
Michael Bergeron



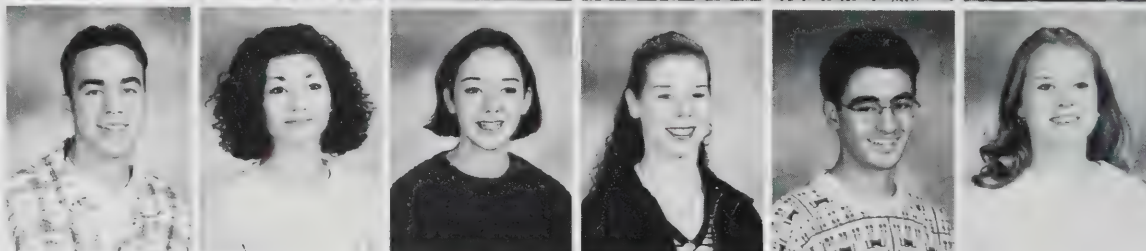
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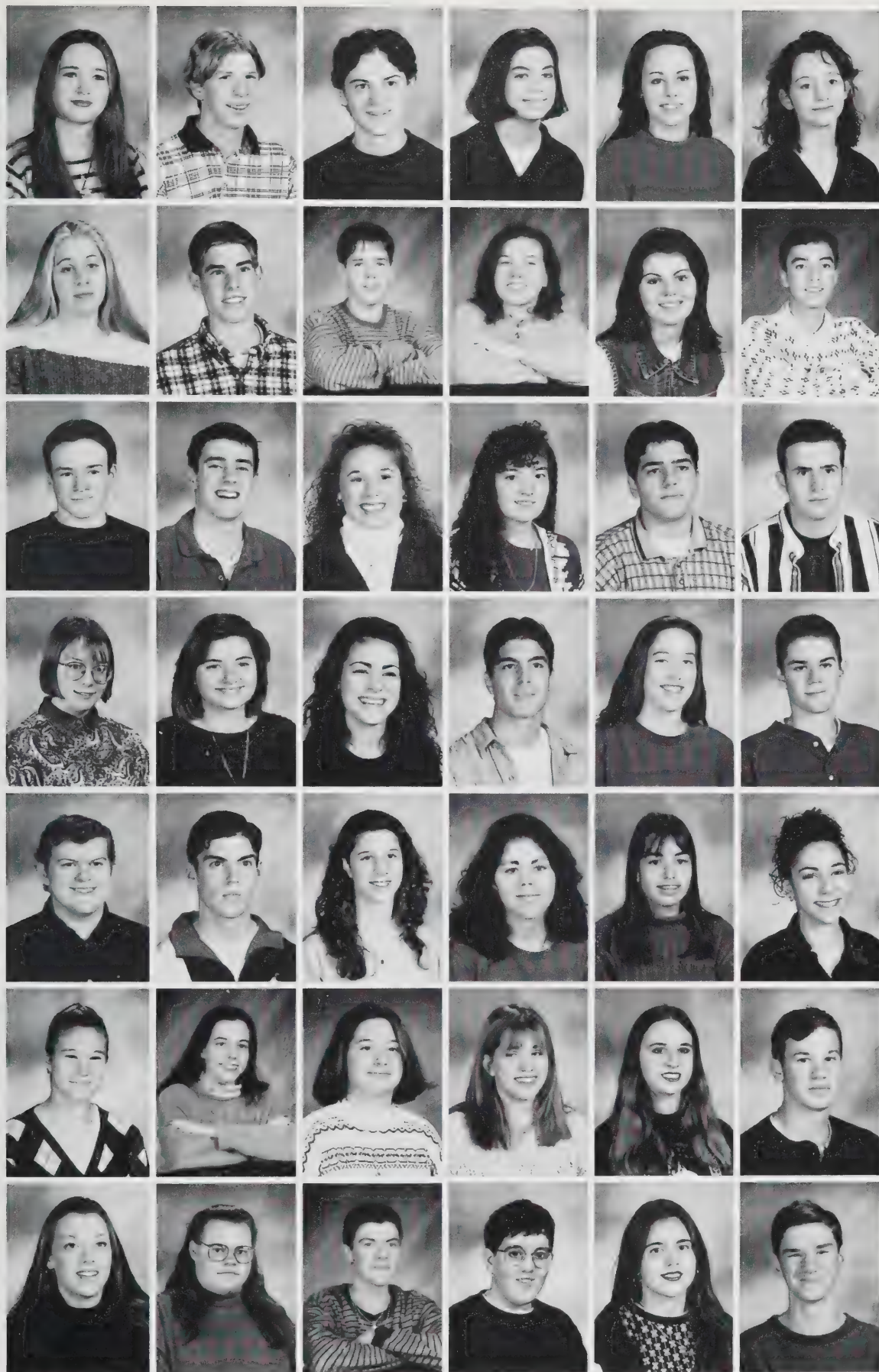
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Joanna Bruneau
Justin Calheno
Nelson Camacho
Brandon Campbell



Alexandre Carvalho
Karla Carvalho
Tracy Casimiro
Lynn Champagne
Ryan Chaves
Donna Chrzan



Juniors



Angela Costa
 Eric Danner
 Jason Deraeau
 Lisa Desousa
 Anabela Dias
 Linda Dias

Jennifer Dion
 Nathan Dolley
 Michael Dorval
 Stacey Downing
 Tiffany Evans
 Nelson Felix

Daniel Ferreira
 Derek Filipe
 Kristen Fioravanti
 Lili Fonseca
 Michael Fraga
 Paulo Fragoso

Patricia Galarneau
 Lisa Gama
 Tina Ganhao
 David Garcia
 Lauren Gauthier
 Stephen Gawronski

Brian Geer
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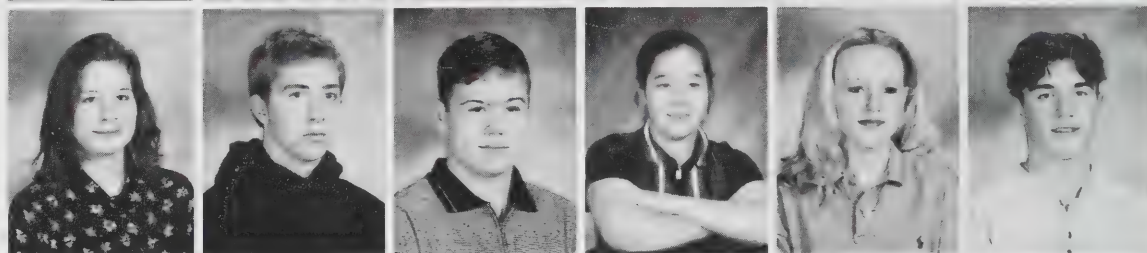
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Juniors

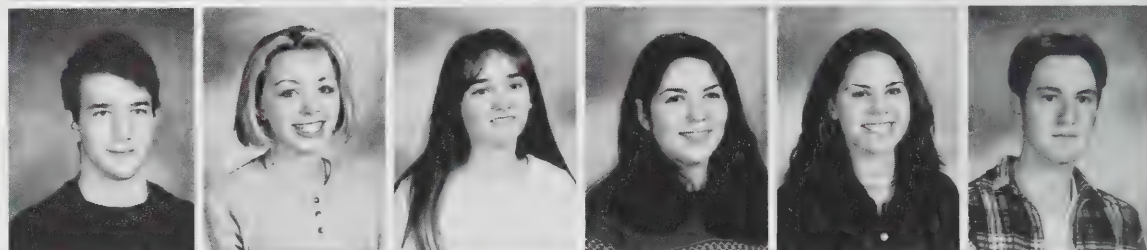
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Carlos Juliano
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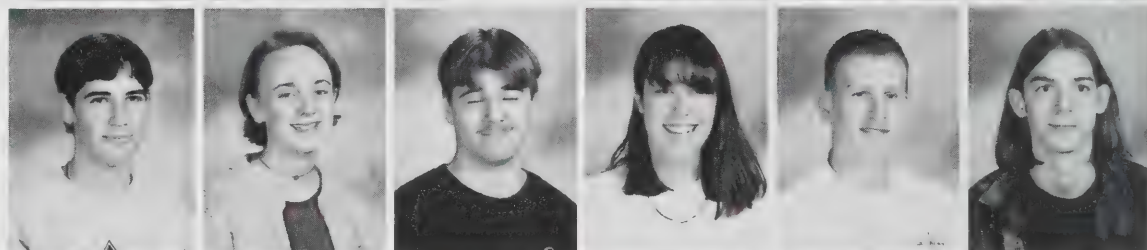
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Bryan Lamont
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Jennifer Leandro
Mark Leandro



Benjamin Lemek
Sarah Lewison
Nickolas Linna
Kristen Longo
Scott Manchester
Christopher Martell



Michael Martin
Michael Maynard
Silvia Mendes
Amanda Miller
Melissa Minie
Danielle Montagna



Raymond Moorhouse
Danielle Morcavage
Erin Moriarty
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Anna Pinczer



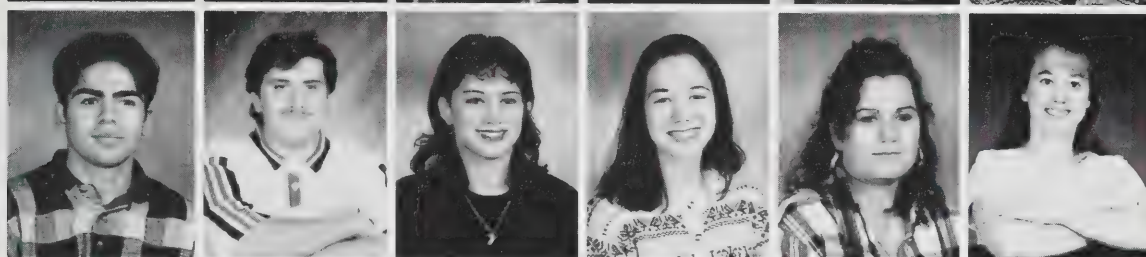
Juniors



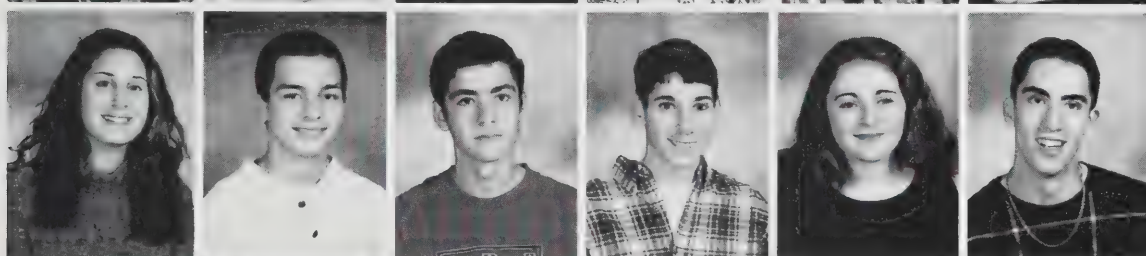
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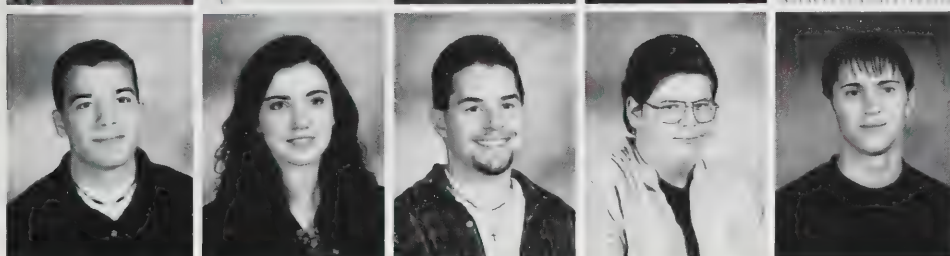
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 Sheri Santos
 Thomas Santos



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 Kelly Silva
 Joaquim Simao



Allison Skura
 Keith Smolinski
 Krystal Soja
 Evan Spooner
 Nelson Tereso
 Michael Theberge



Matthew Thouin
 Diolinda Vaz
 Christopher Wells
 Robert Wine
 Christopher Wojtowicz

Sophomores

Sumaiya Abdullah
Cindy Afonso
Christina Albano
Nancy Almeida
John Alves
Melinda Alves



Lenna Andre
Michael Angelo
Denise Anghilante
Maria Arzola
Amena Assaf
Jennifer Bailey



Bethann Barron
Ryan Bartolucci
Katie Bassette
Elizabeth Batista
Louis Bielecki
Carl Binette



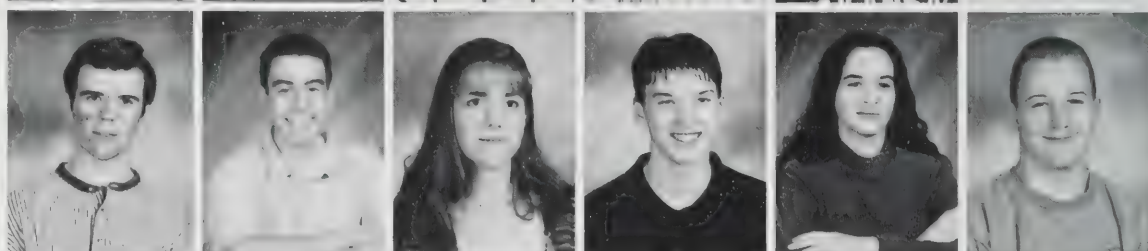
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Michelle Carvalho



Peter Charpentier
Carlos Chaves
Elaine Chrzan
Patrick Chrzanowski
Jacqueline Coelho
Richard Corbeille



Margarida Cordeiro
Melissa Costa
Christopher Courchesne
Melissa Crowther
April Cyranowski
Matthew DaCruz



Sophomores



Lisa DeSousa
Daniel Dias
Paulo Dias
Nathan Dickinson
Sara Donohue
Alycia Drobot

Sonia Duarte
Andrew Emond
Sylvia Esteves
Cidalia Faria
Gabriel Faria
Andrew Fernandes

Martha Ferrabelo
David Ferraro
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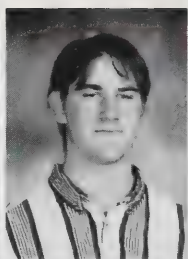
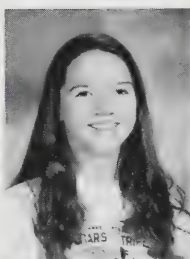
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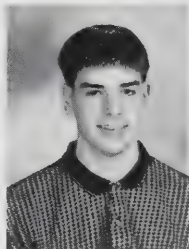
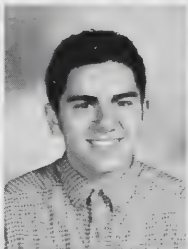
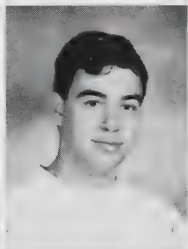
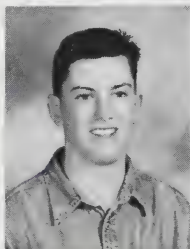
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Sophomores

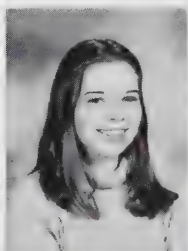
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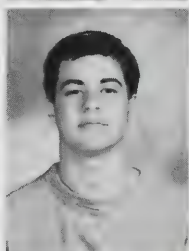
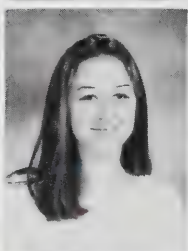
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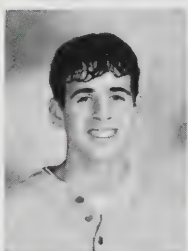
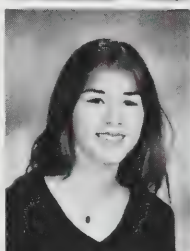
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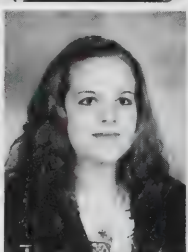
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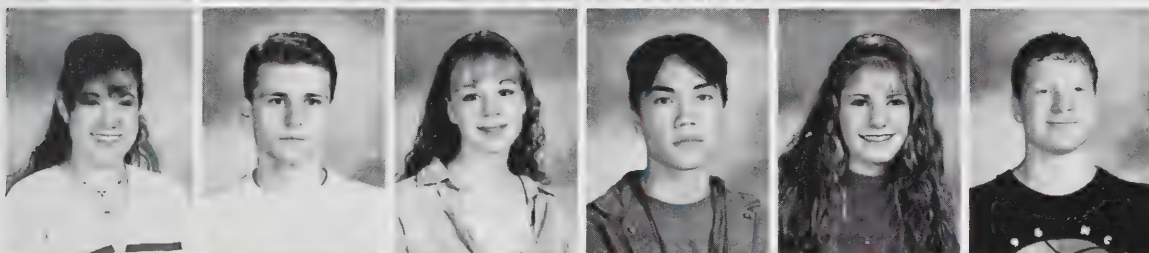
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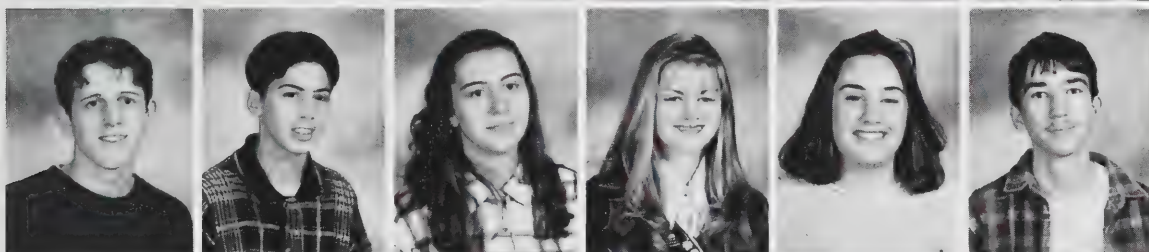
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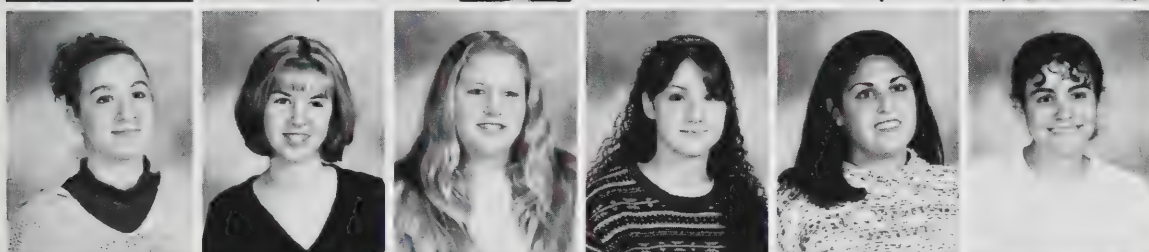
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Edward Privedenyuk
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Nicole Rand
Victoria Ribeiro
Christopher Riopel



Sean Riopel
Crystal Riopelle
Hilary Roberts
Justin Rodrigo
Nicole Rodrigues
Tracy Rodrigues



Melissa Rubbo
Rebecca Rustic
Christina Rys
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Christina Sanches



Brian Santaniello
Nicole Santos
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Marco Saraiva

Sophomores

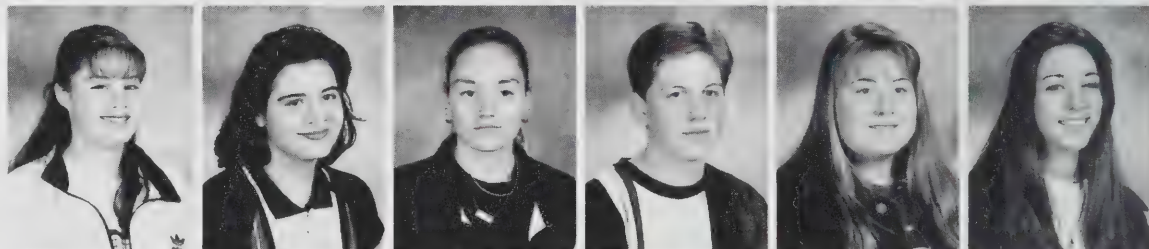
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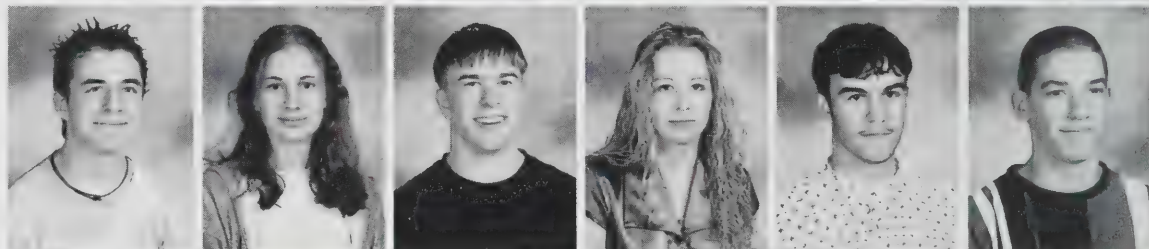
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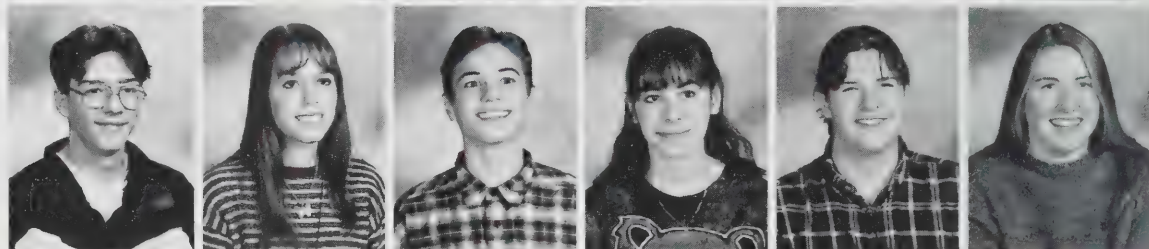
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Nuno Valdegas
Robert Vice



David Vigliano
Dessire Vitorino
Philip Vitorino
Vanessa Wajdula
Lisa Wetherell
Teresa Widor



Jason Willis
Jennifer Wright
Andrew Wrona
Christopher Wrona
Christopher Zalucki



Freshmen



Cole Afonso
Christopher Almeida
Jennifer Almeida
Sabrina Almodovar
Carla Alves
Leana Alves
Lora Alves

Ronald Antaya
Ricardo Antunes
Anne Marie Archanbo
Kim Askew
Lauren Auffrey
Christina Barbeau
Nicholas Barron

Scott Barrus
Elizabeth Barry
George Bastos
Nichole Batchelor
Suzette Batista
Carlee Belliveau
Mark Bento

Wesley Benware
Tim Beyer
Amanda Bilodeau
Tamara Bilodeau
Jessica Binette
Kori Binette
Tamara Blake

Matthew Boisvert
Joseph Boulanger
Marcy Bousquet
Richard Bradway
Jeffrey Braz
Alycia Broulliard
Ashley Bruneau

Justin Bruneau
Mia Cabana
Tara Calento
Lynsey Calheno
Dario Camacho
Diane Castro
Rebecca Chapin

Jessica Charbonneau
Jason Clark
Jason Coddling
Katherine Coelho
Matthew Condon
Jeremy Costa
Kevin Crespo

Freshmen

Jason Dacruz
Jesse Danek
Justin Dansereau
David DaSilva
Jeremy Daviau
Alissa Decaro
James Deslaurier, Jr.

Christopher Dias
David Dias
Jonathan Dias
April Doel
Melissa Dominique
Jeffrey Donikowski
Andrew Doucet

Nathan Dubosh
Nathan Duquet
Derek Edgar
Nicholas Fales
Paulo Faria
Iris Feliciano
Brian Ferreira

Alicia Fidalgo
Maliza Figueiredo
Derek Finnerty
David Fonseca
Jeremy Forcier
Michelle Ford
Diane Fraga

Edward Fuller
David Ganhao
Danielle Garbarino
Camilo Gaviria
Jennifer Genovevo
Jennifer Germain
Justin Giroux

Isabel Gomes
Marc Gomes
Angela Goncalves
David Goncalves
Jennifer Goncalves
Jessica Goncalves
Manuel Goncalves, Jr.

Steven Goncalves
Karen Gosciminski
Eric Gove
Dustin Gray
Nathan Gray
Kristen Greene
Bobbi Lynn Gregory



Freshmen



Ronald Grimshaw
David Gwozdz
Lauren Hansen
Kara Hayes
Matthew Helin
Alison Herchel
Sean Houlihan

Jeremy James
Sue Jessmer
Gabriel Joao
Stephen Karalekas
Tomasz Karas
Michelle Kirnicki
Katie Knowles

Katarzyna Kopacz
Adam Kulas
Shruti Kulkarni
Brian Lancto
Kelli Lariviere
Jason Lavoie
Lauren Lavoie

Brandi Lawrence
Matthew Leal
Andrew Leonczyk
Heather Leroux
Andrew Levesque
James Lincoln
Katrina Liszka

John Luszc
Susan Machado
Alyson Maello
Jocelyn Maksymi
Alise Marques
Christine Marques
Susana Marques

Scott Martell
Lisa Martin
Matthew Martin
Rebecca Martinez
Cliff Mateus
Melissa Mateus
Jennifer Matthes

Jennifer Matthes
Ryan McCarthy
Melissa Melcher
Abimael Mestre
Samantha Michalczyk
Michael Miller
Laura Momnie

Freshmen

Jillian Moriarty
Leonard Mosca
Jerid Nelson
Timothy O'Hara
Kari O'Shaughnessy
Haley Ogden
Tara Ong

Matthew Oppel
Cassandra Orszulak
Kerri Padgett
Tanya Panek
Timothy Pazos
Leanne Peacey
Jason Pease

Sonia Pereira
David Perham
Sherry Petherick
Jessica Piesz
Dmitry Privedenyuk
Sandra Quiterio
Lori Randall

Kristin Ratkiewicz
John Reilly III
Isabel Ribeiro
Jessica Ribeiro
Stephen Ricardi
Michael Robar
Mark Robleto

Julie Rodriguez
Kimberly Sagan
Michelle Sagan
Leah Saloio
Ryan Salvador
Sandra Salvador
Daniel Santos

Daniel Santos
Helder Santos
Melissa Santos
Cristina Saraiva
Daniel Saunders
Carlos Serrazina
Justin Silva

Silvia Silva
Karen Silveira
Emmanuel Simons
Brett Smith
Derek Smolinski
Lisa Sorenson
Elizabeth Sousa



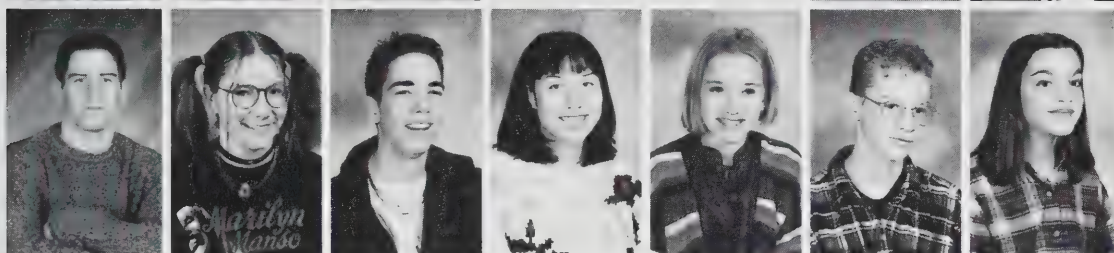
Freshmen



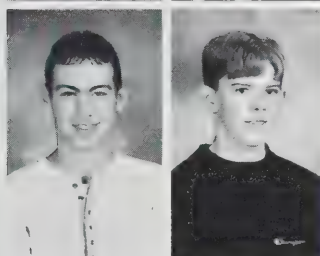
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Mark Tiago
Lisa Torres



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Sarah Vitorino
David Vooris
Evan Whiting



Jonathan Witowski
Melissa Wood
Ryan Yarrows
Jessica Yu
Anna Zapala
Serge Zhilyaev
Michelle Zina



Richard Zina
Brandon Zoladz

Camera Shy

Juniors

Joseph Alvaro Jr.
Dinis Andre
Tracy Belanger
April Buoniconti
Rebecca Carrington
Jonas Carvalho
Shaun Cash
Nuno Costa
Lyubov Dmitriev
Sandra Fernandes
Lisa Gama
Christine Halama
Timothy Hnatow
Stephanie Klase
Richard Kowalski
Justin Laramie
Amanda LaRiviere
Crystal LeClair
Joshua MacDonald
Paulo Marques
Roland Martin
Heather Mascaro
Benjamin Michalski
Shawna Nally

Shelley Ogden
Slavic Privedenyuk
Nicole Provost
Melissa Quigley
Jeremy Root
David Rosa
Jessica Roy
Aaron Saunders
Chad Sullivan
Isabel Teixeira
Krissy Williams
Jennifer Wruck
Matthew Yarrows

Sophomores

Eliseu Bernardes
Christie Bianchi
Joseph Blanchard
Brent Bonzek
Megan Braska
Melitza Cotto
Laura Croteau
Leah Dyjak
James Elias
Angelina Evans

Christina Gaudreault
Kenneth Gauthier
John Gray
Katelyn Hill
Christine Keough
William Lengeieza
Michelle Mateus
Michelle Melikian
Amy Ollari
Michael Ostrowski
Maria Pereira
David Provost
Daniel Quiterio
Jessica Salema
Jose Sanches
Marc Soares
Lynda Sweeney
Shannon Thomson
Paul Williams
Belinda Zina

Freshmen

Michael Almeida
Ashley Bilodeau
Nicole Brunton

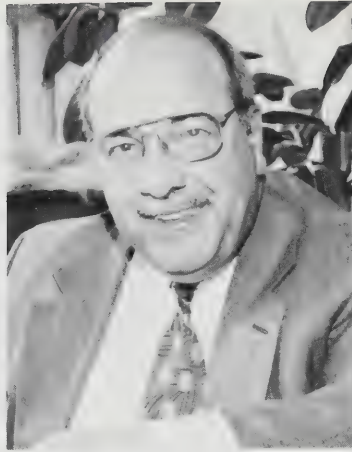
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Krystal Correia
Jennifer Crespo
Dunielle DeMarco
Shawn Farnsworth
Martha Goncalves
Frank Hillman
Eric Hnatow
Glynda Jenks
Christopher Labaj
Jeremy MacDonald
Jennifer A. Matthes
Melissa Methot
Nichole Methot
David Nocrasz
Derek Provost
Jason Remington
Nichole Robitaille
Kelly Rosa
Amber Soffen
Melissa Sousa
Michael Theriaque
Andrew Topham
Derek Venne
Kasey Wilson

Opening the Window to Our Minds

James D. Cavallo
Principal

Toni-Marie Mancuso
Assistant Principal

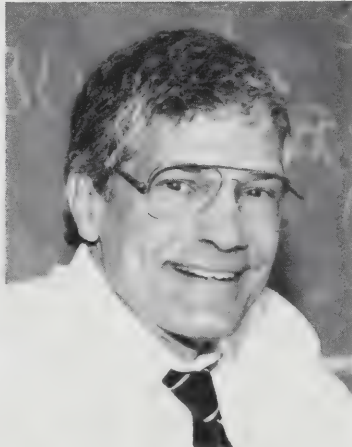
James Richards
Director of Guidance



Alexander Bal
Instructional Support
Services

Carol Bardon
Family and Consumer
Science

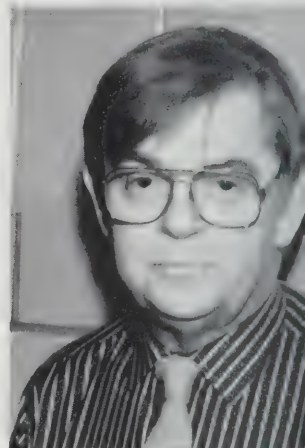
Paula Bennett
World Languages



Emilo Bollea
Business

Timothy Brillo
Physical Education

Bernard Burns
Art

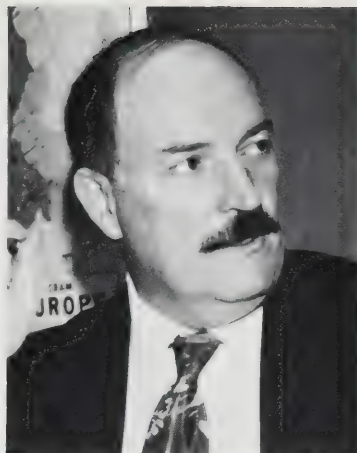


Brian Bylicki
Social Studies

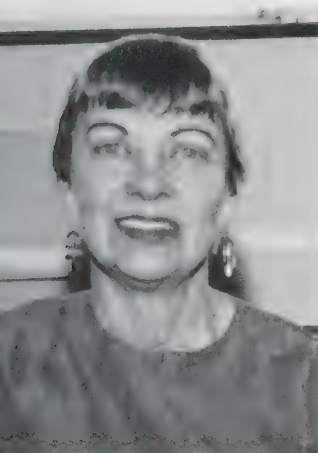
John Carlin
Mathematics

Joan Cavallo
Science

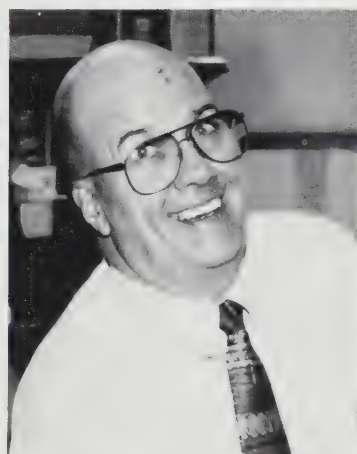




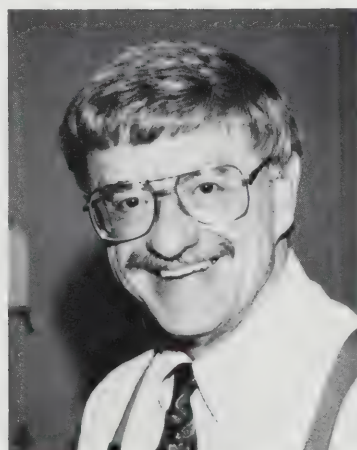
Beth Cebula
Instructional Support
Services
Leonard Charest
Social Studies
Department Chairman
Harold Clancy
Mathematics



Miriam Clement
Family and Consumer
Science
Faye Clymer
Physical Education
Health
Maureen Cotti
Art
Art Coordinator



Richard Cotti
English
Philip Dalessio
Science
Sheila Dias
English

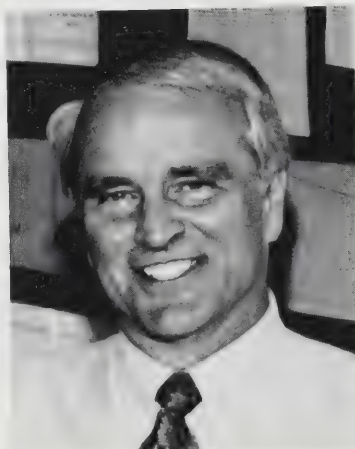


Susan Dibble
English
Francis Duclos
Science
Department Chairman
Gordon Eaton
Science

Mable Ellison
Instructional Support
Services Aide
Maria Fagundes
World Languages
Martin Fanning
Social Studies



John Godek
Guidance
Antonio Goncalves
World Languages/ESL
Cindy Goodreau
Library/Copy Aide



Nancy Guinipero
Office Secretary
Lawrence Holdsworth
Social Studies
Nancy Kavka
Science

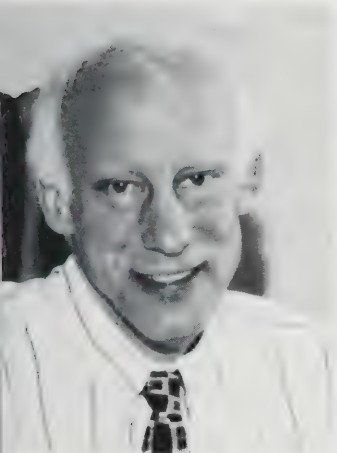


Cynthia Koch
Instrumental Music
Richard Kolodziey
Science
William Kolodziey
Science

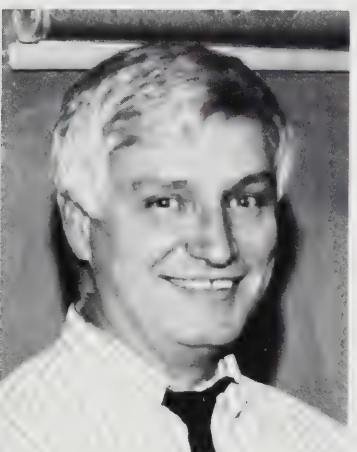




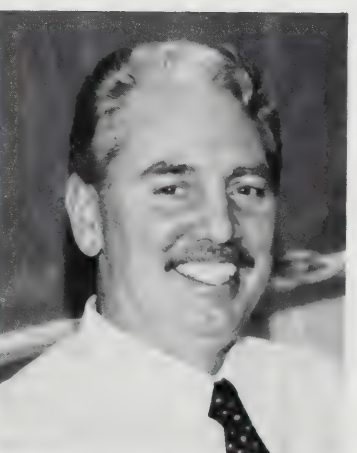
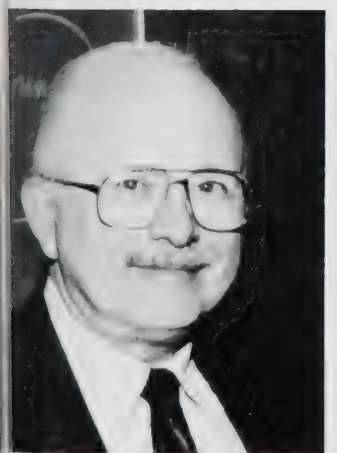
Suzanne Kelley
English
Journalism
William Koscher
Social Studies
AP Coordinator
Nancy Kurty
Physical Education
Health Coordinator



David Larrivee
Social Studies
Zora Lee LeClerc
Library Aide
Frances Libiszewski
Social Studies
English



Jerome Linehan
Guidance
James Lonczak
Mathematics
Daniel Lynes
Mathematics
Department Chairman



Richard Malek
English
Department Chairman
James Marceau
World Languages
Stephen Marino
English

Susanne Markus

World Languages

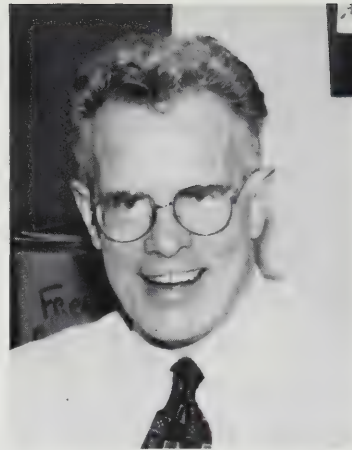
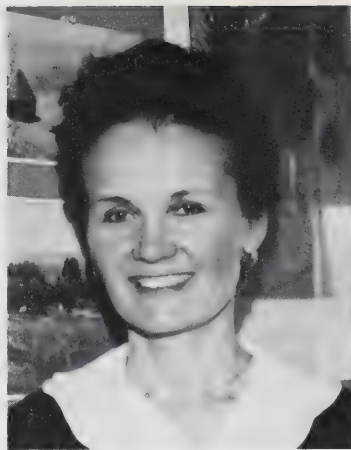
James Martin

World Languages

Department Chairman

Diane Mazzocco

English



Regina Momnie

Instructional Support

Services

Mary Moriarty

Guidance

Arthur Moses

Industrial Arts

Technology



Beverly Newell

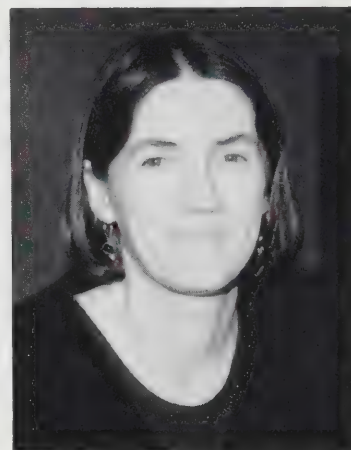
Science

John O'Connor

Social Studies

Jeffrey Peterson

Physical Education



Leonard Phelon

Mathematics

Katherine Reilly

English

Michael Rheault

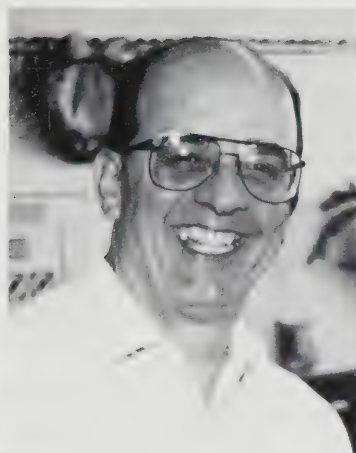
Choral Music

Mathematics





Marie Sbriscia
Guidance Secretary
Arthur Serra
Physical Education
Department Chairman
Director of Athletics
Rae Stack
English



Susan Stachelek
Mathematics
Gayle Thomas
Office Secretary
Richard Thomas
Business

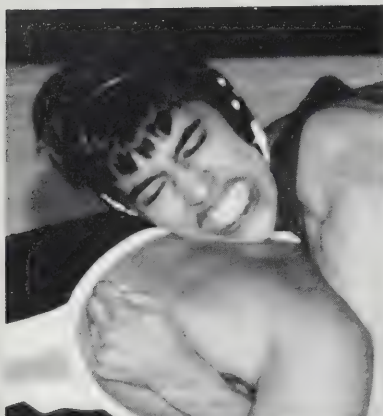


Jane Thompson
Librarian
Phyllis Vanasse
Business
Carole Wojnarowski
Reading



Raymond Yando
Mathematics
Paulo Zina
World Languages
Mary Jane Zwyiak
Social Studies





▲ Paulo Barroso puts his opponent in a head chancery during a match at Central High School.

▶ Melina Louvitakis reaches out to try for her best score at a Southwick meet.

As the days of summer end, and the leaves begin to fall, there's one question that puzzles Ludlow- "Where have all the kids gone?" They are no longer found at McDonald's, Friendly's, or Dunkin Donuts. What happened? The sports season has begun and it's that time of the year when students go out and support our high school teams. So, when the kids are disappearing, don't worry; it's just a sign of school spirit.



Varsity Front: Robert Shanley, Jeremy Soja, Alan Gates, Michael Coddling. Middle: David Kwajewski, Robert Hogan, Michael Martin, Mark Quiterio, Aaron Saunders. Back: Trainer John La Falce, Kenneth Haney, Michael Gove, David Buckley, Edward Urban, Karla Psoter, Mr. Brian Bylicki.



Junior Varsity Front: Tony Santucci, Michael Almeida, Jason Coddling. Middle: Christopher Kendall, Jonathan Witowski, Joshua Maynard, Christopher Lavoie. Back: Sarah Lewison, Nicholas Saloio, Richard Askew, Derek Filipe, Ryan Salvador, Nicholas Gates, Mr. Martin Fanning.



Freshman Front: Brandon Zoladz, Cliff Mateus, Daniel Saunders, Emmanuel Simons. Middle: Helder Santos, Wesley Benware, Jeremy James, Stephen Ricardi, Derek Smolinski. Back: Jeffrey Urban, Matthew Martin, David Gwozdz, Joseph Boulanger, Mr. Jonathan Cavallo.

Broken But Not Smashed

Despite a slow season, the baseball team had a lot of fun, and made a lot of memories with the help of Coach Brian Bylicki and the leadership of seniors Alan Gates and Kenneth Haney.

The most memorable game was at Whitney Park on May 7, 1997, when South Hadley and Ludlow battled through sixteen innings in bitter cold weather before the game was called a tie 3-3 and suspended the game due to the darkness. They then continued the game the second time they were up against South Hadley. Giving 100% throughout the two innings that it took to finish the game, the Lions fought hard, but fell short 3-4.

us	opponent	them
7	palmer	0
3	agawam	9
4	palmer	8
0	cathedral	7
2	westfield	12
2	west springfield	0
3	central	1
2	holyoake	3
1	minnechaug	3
3	chicopee comp	8
0	longmeadow	3
6	amherst	15
3	south hadley	4
8	chicopee	5
2	northampton	10
6	east longmeadow	10
5	south hadley	6
8	chicopee	14
5	northampton	18
5	east longmeadow	3

Jonathan Witowski, catcher for the JV team, focuses as he carefully signals to the pitcher.



The varsity team comes together with Coach Bylicki for a team cheer before a game. Team cheers are a must for many teams, helping the players to gear up for intense play.

Repairing the Lions' Windows

With the loss of some key seniors, it was a rebuilding year for the Lions. Despite many close games, the team ended the year with a record of 2-18. There was some great play by this year's seniors, Ken Haney, Dan Serrazina, and Mike Carvalho. Haney was named as the team's most valuable player. With a strong sense of teamwork, the junior varsity squad ended the season with a record of 5-15. The freshman team ended the season with a record of 4-13, with the Most Valuable Player award given to Jason DaCruz.

Reaching in, Dave Kwajewski makes sure that it will not be easy for that Minnechaug player to get the ball past him.

Leading the team with the most assists, captain Michael Carvalho attempts to pass the ball at one of the team's many home games.



us	opponent	them
59	amherst	76
48	agawam	56
72	putnam	76
70	pathfinder	53
46	chicopee	76
36	cathedral	72
75	pathfinder	61
67	northampton	93
33	central	77
56	frontier	70
47	minnechaug	73
60	greenfield	73
60	westfield	66
57	chicopee comp.	76
51	west springfield	66
56	minnechaug	70
49	greenfield	69
49	westfield	65
60	chicopee comp.	77
54	west springfield	77



Receiving a sharp pass from one of his teammates, Derek Filipe prepares to make a basket.



Varsity Front: Michael Dymon, Kenneth Haney, Michael Carvalho, Daniel Serrazina. **Middle:** Matthew Thouin, Nathan Dolley, David Kwajewski, Scott Manchester, Jason Willis. **Back:** Mr. William Kolodziej, Mr. Kenneth Gagne, Jennifer Asta-Ferrero, Cassie St. Aubin, Thomas Santos, Todd Rodrigo, Lenna Andre, Tiffany Santos, Lori Babian, Mr. Timothy Brillo.



Junior Varsity Front: Carlos Serrazina, Robert Shanley, Matthew Gardner. **Middle:** Blake Gelonese, Justin Moynihan, David Gwozdz, Kenneth Topham. **Back:** Derek Filipe, Mr. Fred Glanville, Benjamin Lemek.



Freshman Front: Jonathan Dias, Nathan Duquet, Wesley Benware, Justin Bruneau, James Lincoln. **Middle:** Mark Bento, Brandon Zoladz, Richard Zina, David Vooris, Joseph Boulanger. **Back:** Mr. Timothy Brillo, Jettre Donikowski, Ryan Salvador, Tomasz Karas, Jason DaCruz, Shannon Thomson, Belinda Zina.



Varsity Front: Karla Psoter, Melissa Provost, Tracy Haluch. Back: Mr. Leonard Phelon, Christine Halama, Erin Moriarty, Lindsay Gauthier, Lauren Gauthier, Michelle Mateus, Angela Goncalves.



Junior Varsity Front: Tiffany Kapinos, Allison Skura, Nadia Saleh. Middle: Jennifer Prior, Danielle Maruca, Heather Fonseca, Sarah Vitorino. Back: Mr. Bob Fucqua, Carlee Belliveau, Lisa Wetherell, Elaine Chrzan, Ms. Andrea Ruest, Donna Chrzan.



Freshman Front: Michelle Sagan, Michelle Zina, Kimberly Sagan, Katie Knowles. Middle: Laura Momnie, Jillian Moriarty, Susan Machado, Jennifer Goncalves, Mia Cabana. Back: Mr. Ed Stokowski, Kimberly Askew, Lynsey Calheno, Jessica Piesz, Shruti Kulkarni.

The Panes of Basketball

It was a difficult year for the girls' basketball teams. The varsity Lions ended their season with a record of 4-16. There was some great all-around play by seniors Melissa Provost, Karla Psoter, and Tracy Haluch.

The JV Lions ended their season with a record of 6-14, with the most valuable player award given to Allison Skura.

The freshman team had a very disappointing year, ending with a dismal record of 1-15. Laura Momnie received the Most Valuable Player award.

Laura Momnie shows just how low she can go during the game against Central.



Heather Fonseca, recipient of the most improved play award for the JV team, concentrates on accurately making a foul shot.



Most valuable player, captain Melissa Provost, easily maneuvers past her opponent to make a lay-up.

us	opponent	them
22	central	48
23	east longmeadow	88
24	south hadley	49
27	holyoke	49
26	southwick	40
34	gateway	52
40	belchertown	31
37	hampshire	35
35	palmer	48
18	monson	59
27	east longmeadow	65
22	south hadley	62
25	holyoke catholic	52
24	southwick	25
41	central	47
33	gateway	58
40	belchertown	33
38	hampshire	33
33	palmer	56
30	monson	53

Cheerleaders Reflect School Spirit

The varsity cheerleaders proved that they could do it by placing first in the Pioneer Valley championships at Holyoke Catholic.

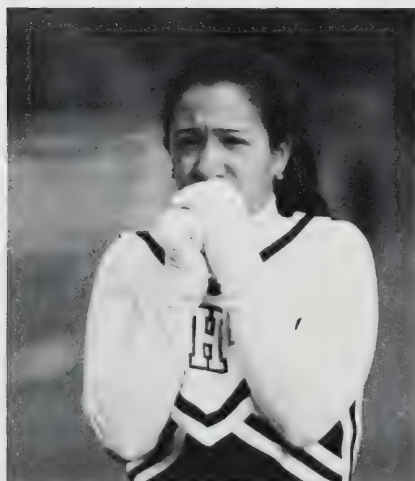
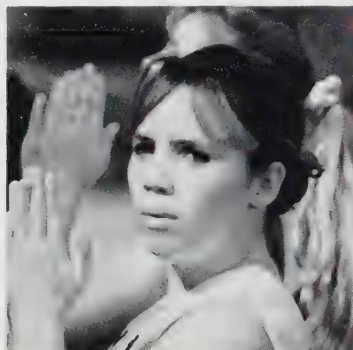
With some hard times trying to find the right coach, the team finally was guided by Coach Kathy Lawrence and Acting Assistant Coach Jessica Mercure.

This was the first year that the team went into competition, and it was an inexperienced team at that. Also, the cheerleaders competed at Chicopee High School where they performed a three minute routine with outstanding stunts which took them to a fourth place victory in a field of 15 teams.

▼ Sophomores Jolene Galvin and Sarah St. Pierre lost their focus on the cheer as they eyed a sexy guy fan.



▼ Jennifer Matthes shows her spirit while cheering for the mighty football team.



▲ Even with the cold weather, senior, captain, Jessica Batalha kept the team and the fans' spirits up.



▲ Julie Rodriguez roots, "L-U-D-L-O-W-L-I-O-N-S, oh yes...because we're the best!"



▲ **Varsity** Front: Jessica Batalha, Tonya Leroux, Jennifer LaBombard Middle: Renee Gagne, Audrey Vilaca, Jennifer A. Matthes, Jennifer Matthes. Back: Jolene Galvin, Sarah St. Pierre, Cristina Saraiva, Scott Pelletier, Brandi Lawrence, Jocelyn Maksymiwi, Julie Rodriguez.



▲ **Junior Varsity** Front: Melissa Melcher. Middle: Lauren Auffrey, Alison Herchel. Back: Lauren Hansen, Jessica Goncalves, Mia Cabana.



▲ Audrey Vilaca, Jennifer Matthes, Julie Rodriguez, and Renee Gagne star the "kick-line" to get the crowd rowdy.

Front: Jenifer Bailey, April Cyranowski, Jennifer Cyranowski, Melina Louvitakis, Melissa Cislak, Amena Assaf, Shruti Kulkarni, Kimberly Leits, Gina Evans. *Middle:* Ryan Chaves, Gregory Gaudreau, Philip Surprenant, Erich Fiedler, Justin Dolley Zachary Adams, Paulo Barroso, Nathan Dolley, Joseph Aniolowski, Katie Knowles, Jennifer Germain. *Back:* Mr. Joseph Szlosek, Roxanne Benjamin, Tim Pazos, David Kwajewski, Derek Filipe, Jeffrey Bernard, Scott Manchester, Todd Kiel, Robert Hogan, Nelson Felix, Christopher Priore, Mr. Philip Dalessio.



No Boundaries, Glass or Otherwise

With an outstanding season the girls' cross country team had its best overall record of 5-8 and took its first victory over Southwick.

The boys' cross country team had astonishing runners this season with a remarkable improvement by sophomore Todd Kiel removing over ten minutes from his previous time from last season. Junior Nathan Dolley had his best time at the PVIAC championships and made the all-league first team selection.



◀ April Cyranowski, Katie Knowles, and Jennifer Bailey "pack-run" to a team victory.

◀ Ryan Chaves and Nathan Dolley start the race with determination and focus.

him

<u>us</u>	<u>opponent</u>	<u>them</u>
46	belchertown	17
29	greenfield	28
42	southwick	17
31	holyoke catholic	26
49	mohawk	15
33	gateway	22
33	frontier	22
30	pioneer	25
15	granby	48
34	athol	22
28	hampshire	27
25	dean tech.	32
46	monson	17
47	palmer	18

her

<u>us</u>	<u>opponent</u>	<u>them</u>
30	belchertown	25
27	greenfield	28
27	southwick	32
30	holyoke catholic	27
50	mohawk	15
50	frontier	15
28	pioneer	27
33	athol	23
24	hampshire	33
42	monson	18
41	palmer	18
26	granby	32



▲ Jennifer Cyranowski runs a strong, steady race.



▲ Junior Nelson Felix finishes his race strong.

Magnifying the Tackle

It was a successful season for the varsity football team. Hard work and dedication paid off. The team could be seen practicing until dark in the field behind the school. The team was coached by Mr. Carl Ericksburg, Mr. Timothy Brillo, Mr. Jeffrey Peterson, and Mr. Bo Pszeniczny.

Captains Alan Gates, Shawn O'Connor, Sean Thompson, and Nicholas Matthess led the team on a run for the playoffs for the first time since 1989.

At the annual awards banquet, awards were given to the varsity and junior varsity teams. The varsity awards were given to the varsity and junior varsity teams. The varsity awards were given to Alan Gates, MVP; Jim Gregory, MVP for the Thanksgiving Day Game; and Nick Matthess, the "Mac Goncalves" Lineman Award. The junior varsity MVP was Derek Venne. Alan Gates was also chosen to the first All-Western Mass. team.

Nicholas Saloio and Shawn O'Connor destroy their opponents with a tackle while Derek Venne and Nicholas Matthess cover the back field.



Not giving up, Alan Gates drags his opponent to get a little more yardage.

Mr. Timothy Brillo gives a stern, but encouraging pep-talk while Mr. Jeffrey Peterson listens in.



Front: Michael Coddig, Mark Quiterio, James Gregory, Nicholas Matthess, Shawn O'Connor, Alan Gates, Sean Thompson, Michael Gove, Roger Gendreau, Joseph Rodrigues, Brian Page, Fred Ribeiro. *Second:* Slavic Privedenyuk, Richard Askew, Andrew Jarry, Nelson Tereso, Nicholas Saloio, Richard Korbell, Matthew Vignault, John Havens, Derek Venne, Richard Bradway, Stephen Bradley. *Third:* Robert Vice, Harley Langford, Jeremy Matthess, James Deslaurier, Gabe Faria, Nathan Duquet, Scott Barrus, Matthew Martin, Manny Goncalves, Eric Gove, Brandon Zoladz, Jason Clark. *Last:* Brian Salvador, Ray Moorhouse, Jeremy James, Derek Finnerty, Cliff Mateus, Aaron Saunders, Mark Bento, Dmitry Privedenyuk, Abimael Mestre, Jason Coddig, Mr. Bo Pszeniczny, Mr. Timothy Brillo, Mr. Jeffrey Peterson, Mr. Carl Ericksburg.

us	opponent	them
0	amherst	27
7	ware	0
40	pathfinder	0
16	mohawk	14
6	turners falls	38
28	mahar	49
7	frontier	28
34	westfield voc.	13
0	athol	18
35	franklin tech.	22
0	palmer	27

Front: John Luszcz, Brett Smith, Michael Robar, Michael Dorval. Back: Mr. Lawrence Holdsworth, Joseph Pereira, Nicholas Barron, David DaSilva, Derek Swistak, Benjamin Lemek, Andrew Fernandes, Steven Karalekas, Christopher Courchesne.

Swinging in the Breeze



The golf team this year made it to the Western Mass. finals with help from Coach Lawrence Holdsworth and captain senior, Derek Swistak.

The team won 8 out of 16 matches of the season at its home course, Westover Golf Course. The golf team won the needed four out of five matches to get to the Western Mass. tournament. While at Orchards Golf Club in South Hadley, the team played with effort but lost to Agawam and Longmeadow.

Senior Derek Swistak shot a 84; junior Michael Dorval shot 84; Benjamin Lemek shot a 97; and sophomore Andrew Fernandes shot a 92 at the Western Mass. finals.



Junior Benjamin Lemek watches his ball intently hoping to make par.



John Luszcz focuses his thoughts on making par.



Michael Robar smiles enthusiastically as his ball glides towards the hole.



Senior, Derek Swistak finishes his game with a perfect putt.



Michael Dorval looks onward as his ball soars towards the green.

us	opponent	them
8	chicopee	10
11.5	chicopee comp.	6.5
5	longmeadow	13
12.5	chicopee comp.	5.5
16.5	amherst	1.5
14.5	south hadley	3.5
7.5	east longmeadow	10.5
6	longmeadow	12
5.5	minnechaug	12.5
2	agawam	16
8.5	south hadley	9.5
14.5	minnechaug	3.5
12.5	amherst	5.5
7.5	agawam	11.5
9.5	east longmeadow	8.5
11.5	west springfield	7.5

Shine on the Ice

The varsity hockey team had a successful season making it to the Western Mass. tournament, but fell short in the quarter-finals with a tough break against Chicopee with a final 3-6 score.

The "Dynamic Duo" Adam Dorval and CJ Stagnaro were both selected for All-Western Mass. Division I hockey. Dorval, Ludlow's captain, ranked third in the state history with 291 points (153 goals and 138 assists). Stagnaro had 51 goals as a junior to tie the Western Mass. record previously set by Skip Demerski of West Springfield (1960-61). These two remarkable athletes as well as Matthew Tarsa, Jeremy Soja, Andrew Kessler, and Jeremy Rodrigues displayed unstoppable goal tending, incredible defense, and crackerjack offense.



Varsity Front: Leonard Mosca, Matthew Tarsa, Nathan Dubosh, Benjamin Michalski, Ryan Pease, Jeremy Soja, Andrew Kessler, Michael Almeida, Todd Kiel, Edward Urban, Christopher Courchesne. **Back:** Mr. Richard Malek, Mr. Bruce Hastings, Gina Evans, Kimberly Leits, Carlos Chaves, Jason Pease, Jonathan Witowski, Matthew Glista, Robert Mathias, CJ Stagnaro, Jeremy Rodrigues, Adam Dorval, Michael Kessler, Krystol Soja, Mr. Al Tomlinson, Mr. Tony Costa.

Skating through his opponents, CJ Stagnaro makes his way to the net to score a goal.



Junior Varsity Front: Todd Kiel, Brett Smith, Leonard Mosca, Matthew Condon, Nathan Gray, Nathan Dubosh. **Back:** Kimberly Leits, Gina Evans, Michael Kessler, Jason Pease, Cole Afonso, Jorge Fonseca, Dustin Gray, Krystle Soja, Mr. Tony Costa.

us	opponent	them
12	south hadley	0
11	st. joseph's, pittsfield	1
8	amherst	1
10	greenfield	5
10	taconic	1
6	longmeadow	1
1	cathedral	8
4	westfield	8
14	pittsfield	0
5	westfield	4
2	west springfield	4
8	holyoke	1
4	amherst	2
7	minnechaug	1
13	east longmeadow	5
6	west springfield	2
6	longmeadow	4
2	chicopee	2
7	agawam	2
8	minnechaug	2
3	chicopee	6



Eddie Urban fights his way towards the net in hopes of scoring a goal.



Junior Ryan Pease eyes the puck with determination as he faces off against an opponent.



Freshman left wing Michael Almeida furiously skates towards the puck.

Front: Justin Joyal, Zachary Adams, Jason Barroso, Justin Silva. Back: Mr. Douglas Harvey, Dessire Vitorino, Jessica Goncalves, Leah Dyjak, Evan Whiting.



Skiing on the Glass Slopes

What a tough season we had!" exclaimed Dessire Vitorino when asked about the ski team's troubles. The ski team had a rough start this year. In the beginning, the team had no coach, but with the help of Mr. Doug Harvey who started in late January, the team turned around for four of their seven matches at Berkshire East.

The team's greatest accomplishment was placing second on January 23, 1997. The ski team also skied well by placing fifth once and sixth twice.

"The bus rides to and from [the practices and meets were] really fun and everyone was really close. I was seriously disappointed when the season ended." stated sophomore Leah Dyjak.



Leah Dyjak raced the Giant Slalom with a time of 43.4 seconds.



Jason Barroso takes a practice run before competing.



Zachary Adams was one of the most promising athletes of the team.

date	placement
jan. 7	no coach--did not ski
jan. 9	no coach--did not ski
jan. 16	no coach--did not ski
jan. 23	2nd
jan. 30	5th
feb. 4	6th
feb. 6	6th



Justin Joyal enjoys skiing because it brings him "closer to the outdoors and it's something [he] enjoys doing."

Shattering the

Having a rebuilding year, the boys' varsity soccer team went a long way. The town of Ludlow was inducted into the National Soccer Hall of Fame where both the varsity boys' and girls' soccer teams opened the season with a trip to Oneonta, New York, for the Spalding Cup to visit the Ludlow display in the Hall of Fame. The Lions had the opportunity to go up against some of the most highly skilled soccer teams in the country at the tournament. The players finished the season in the Western Mass. quarter-finals against the Longmeadow Lancers. At the annual soccer banquet, varsity awards were given to Jason Willis, Most Improved; Joao "Popo" Vieira, Best Sportsmanship; Jason Alves, the Most Valuable Offensive Player; and David Garcia, the Most Valuable Defensive Player Award. Most talented went to mid-fielder Robert Gomes, and the MVP Award, voted by the team, went to Matthew Goncalves. Gomes, Alves, and Goncalves made the first team All-Western Mass. with Goncalves also making All-State. All three boys also competed in the senior all-star game.



Varsity Front: Mark Leandro, Jason Willis, Anthony Quiterio, Daniel Dias, Michael Dorval. **Second:** Justin Laramie, Joao Vieira, Robert Gomes, Adriano Genovevo, Alex Carvalho, Justin Calheno. **Third:** Kevin Fonseca, Jonathan Haluch, Todd Rodrigo, Jason Alves, Michael Mateus, Eric Danner, David Garcia. **Back:** Mr. Antonio Goncalves, Mr. Jonathan Cavallo, Benjamin Lemek, Matthew Goncalves, Adam Giverson, Mr. Greg Kolodziey, Mr. Jack Vilaca.



Junior Varsity Front: Jason Martins, Robert Shanley, Jason Rodrigo, Filipe Mendes, Kevin Psoter, David Quiterio, Brian Pereira, Joseph Goncalves, Michael Santos. **Back:** Mr. Greg Kolodziey, Rui Serrazina, James Elias, Carlos Chaves, Marco Saraiva, Jorge Fonseca, Aaron Babinski, Antonio Juliano, Joseph Lalli, Carlos Sanches.



Freshman Front: John Reilly, David Fonseca, Jason Chelo, Jonathan Witowski, Paul Faria, James Lincoln, David Goncalves. **Middle:** Adam Kulas, Kevin Crespo, Ronald Grimshaw, Daniel Santos, James DaCruz, Nicholas Barron, John Dias, Justin Bruneau. **Back:** David Gwozdz, Justin Silva, Michael Robar, Richard Zina, Stephen Karalekas, Marco Tavares, David DaSilva, Daniel Santos, Brian Ferreira, Mr. Jonathan Cavallo.

Captain Jason Alves saves the ball from going out of bounds.



Michael Mateus lines up for a powerful kick.



Captain Adriano Genovevo challenges a Cathedral player for the ball.

us	opponent	them
0	strathhaven, pa	3
0	wilson, pa	1
5	minnechaug	2
5	holyoke	0
2	chicopee	1
2	chicopee comp.	1
4	amherst	1
2	agawam	2
4	westfield	1
4	central	0
2	longmeadow	0
1	west springfield	4
1	cathedral	2
1	longmeadow	0
2	west springfield	1
1	central	0
0	cathedral	3
2	wahconah	1
2	longmeadow	3

Competition

The varsity Lady Lions started their season with a rough start trying to rebuild the team. By the end of the season, The Lady Lions fell short of the Western Mass. tournament, but had some great playing experience in the Spalding Cup tournament. The annual awards banquet was held on December 6th at the Gremio Lusitano Club in Ludlow. The varsity awards were given to Sharon Nogueira, the Most Valuable Offensive Player; Bella Soares, the Most Valuable Defensive Player; Leigh Boland, the Most Consistent Player; Shelly Boduch, the Coaches Award; Becky Siok, the Most Valuable Player; and Tracy Haluch, the Sportsmanship Award.

The JV awards were given to Jennifer Leandro, Most Valuable Player; Melissa Goncalves, Most Consistent Player; and Nadia Saleh, the Coaches Award.

The freshman awards were given to Leana Alves, Most Valuable Player; Jennifer Genovevo, Most Consistent; and Sandra Salvador, the Coaches Award.



Varsity Front: Michelle Mateus, Tracy Haluch. Middle: Nancy Chelo, Isabel Soares, Sharon Nogueira, Fatima Barroso, Sara Donohue, Julie Rickson, Nancy Zina, Angela Goncalves, Rebecca Siok. Back: Mr. James Calheno, Shannon Robar, Leigh Boland, Tracy Rodrigues, Marcy Bousquet, Kimberly Jorge, Carlee Belliveau, Melissa Dominique, Melanie Pszeniczny, Shelly Boduch, Melissa Leal, Mrs. Nancy Kurty.

Melissa Goncalves makes a powerful goal kick.

Sharon Nogueira is closely followed as she heads for the goal line.



Junior Varsity Front: Tracy Casimiro, Launa Saleh, Tiffany Santos, Jennifer Leandro, Belinda Zina, Nicole Rodrigues, Christina Goncalves. Back: Mr. Nuno Pereira, Tiffany Kapinos, Christine Keough, Lenna Andre, Elaine Chrzan, Amy Lamas, Nadia Saleh, Heather Fonseca, Angela Tiago, Jennifer Prior, Melissa Costa, Melissa Goncalves, Lindsay Calkins.

us	opponent	them
2	bishop o'connell, va	4
0	good counsel, md	1
4	central	2
1	agawam	2
1	chicopee comp.	1
1	holyoke	1
0	cathedral	0
0	longmeadow	2
1	minnechaug	1
0	westfield	0
6	chicopee	1
1	east longmeadow	0
0	west springfield	2
2	longmeadow	0
0	cathedral	4
1	west springfield	4



Nancy Chelo heads the ball in an intense moment of the game against Cathedral.



Freshman Front: Michelle Sagan, Alicia Fidalgo, Kori Binette, Katrina Liszka, Laura Momnie, Christina Barbeau, Angela Goncalves, Jennifer Genovevo. Back: Mr. Saul Chelo, Michelle Zina, Melissa Santos, Sue Ann Jessmer, Tanya Panek, Carlee Belliveau, Sandra Salvador, Jennifer Crespo, Cassie Orszulak, Kimberly Sagan, Lynsey Calheno, Leana Alves.

Breaking Records With a Bat

Girls' softball skills took off this season in all three teams. The freshman and JV teams were led by two new coaches. Mrs. Stachelek returned to coach the varsity team. The varsity team broke school records and made it to the Western Mass. tournament with leadership from seniors Tracy Haluch, Melissa Provost, and Melissa Cislak. The JV team had the best record in the school's history with a record of 13-6-1. The freshmen also did really well and had a winning season.

▼ Senior Melissa Provost tensely awaits the actions of the next batter.



▼ Tracy Haluch managed to steal second despite the efforts of the opposing team.



us	opponent	them
5	palmer	9
6	palmer	9
1	minnechaug	16
2	longmeadow	15
11	east longmeadow	19
1	amherst	21
0	westfield	8
8	west springfield	15
3	northampton	4
2	agawam	13
22	south hadley	21
12	cathedral	20
21	chicopee	4
10	central	13
1	chicopee comp.	16
22	chicopee	7
9	holyoke	2
7	chicopee comp.	6
3	holyoke	10
5	central	2



▲ Anne Forcum heads for the field, bringing along the rest of her gear.



▲ **Varsity** Front: Melissa Cislak, Melissa Provost, Tracy Haluch. Middle: Tiffany Evans, Stephanie Avalos, Amy Labier, Carol Graveline, Jennifer Jolivet. Back: Mrs. Susan Stachelek, Krystal Soja, Donna Chrzan, Lauren Gauthier, Lisa Wetherell, Nicole Provost, Lindsay Gauthier, Trainer John LaFalce.



▲ **Junior Varsity** Front: Alycia Drobot, Jennifer Asta-Ferrero, Elaine Chrzan, Anne Forcum. Middle: Brittany Boduch, Christina Rys, Ann Kowalski, Shelly Ogden. Back: Shannon Robar, Danielle Maruca, Jennifer Swist, Jessica LaFleur, Angela Goncalves, Mr. John Barlow.



▲ **Freshman** Front: Deborah Tarsa, Amanda Bilodeau, Karen Gosciminski, Danielle Garbarino. Middle: Leanne Peacey, Jessica Piesz, Tamar Bilodeau, Jennifer Almeida. Back: Jessica Yu, Kimberly Askew, Jennifer Matthes, Mr. Derek Long.

Smashing through



Boys' Tennis *Front:* Justin Rodrigo, Adam Kulas, David Fonseca, Ricardo Santos. *Back:* Mark Oliveira, Jose Countinho, Jorge Fonseca, Jose Goncalves, Mr. Miles Tipton.

The boys' tennis team had a tough season, but two players achieved their high goals. Jose Goncalves, who plays second singles, had a record of 11-3 and was given the Most Valuable Player Award. Jose Countinho, an exchange student from Brazil, brought his expertise to the Ludlow team and played first singles in competition.

The girls' tennis team was a very young team this year. With eight freshmen, five sophomores, two juniors, and only one senior, it was a rough season. Singles player Devyn Blais won the Most Valuable Player Award.



Girls' Tennis *Front:* Michelle Zina, Danielle Niesner, Diane Fraga, Kori Binette. *Middle:* Lindsay Calkins, Diane Castro, Kelly Rosa, Alicia Fidalgo, Jennifer Genovevo. *Back:* Nicole Santos, Melissa Costa, Aldina Torrao, Sarah Greentree, Devyn Blais, Mr. John Carlin.



Jennifer Genovevo and Alicia Fidalgo survey the courts and the other matches.



Jose Goncalves follows through with a backhand.



Justin Rodrigo attempts to hit the ball.

	him	
us	opponent	them
4	westfield	1
3	chicopee	2
1	chicopee comp.	4
2	agawam	3
1	central	4
1	northampton	4
2	west springfield	3
1	amherst	4
1	longmeadow	4
2	minnechaug	3
2	holyoke	3
1	south hadley	4
4	cathedral	1
1	east longmeadow	4

	her	
us	opponent	them
2	westfield	3
1	chicopee	4
2	chicopee comp.	3
2	agawam	3
5	palmer	0
2	central	3
3	northampton	2
1	west springfield	4
0	longmeadow	5
0	amherst	4
1	minnechaug	4
0	holyoke	5
0	south hadley	4
1	cathedral	4
0	east longmeadow	5

Framing the Track (and Field)

Having an outstanding rebuilding year, the boys' track and field team went a long way. Senior Nicholas Matthes was the hope of the team with his ability to make the shot-put fly. He could be counted on for five points at every meet. He went on to compete in the Western Mass. championship.

The underclassmen were the hopefuls of the girls' track and field team. Two outstanding freshmen, Carlee Belliveau and Marcy Bousquet, competed in the state championship held at Shrewsbury High School. With a 5'2" jump during the regular season, Bousquet broke the high school high jump record of 4'8" set in 1996 by Katie Marino. In the discus, Belliveau broke the high school record of 95'6" set in 1996 by Yvonne Santos with a 103.8" throw in the state championships.

Senior Nicholas Matthes shows his aggression as he throws the shot put.



Boys' Track and Field *Front:* Abimael Mestre, Dario Camacho, Jason Minich, David Buntin, Sean Thompson, Nicholas Matthes, Shawn O'Connor, Robert Wine, Joseph Aniolowski. *Middle:* Jonathan Dias, Scott Manchester, Nelson Felix, Stephen Bradley, Matthew Helin, Richard Bradway, Christopher Priore, Eric Gove, Ronald Antaya, Patrick Chrzanowski. *Back:* Mr. Timothy Brillo, Steven Petig, Robert Vice, Jonathan Haluch, Justin Calheno, Edward Privedenyuk, Mark Bento, Ryan Chaves, Derek Venne, Todd Kiel, Timothy Pazos, Mr. Carl Ericksberg, Nicole Phaneuf.



Girls' Track and Field *Front:* Linda Dias, Jennifer Leandro, Melis Kulas, Tina Ganhao, Cristina Pires, Jennifer Cyranowski, Heather Burto Melina Louvitakis, Angie Labonte, Christina Goncalves, Melissa Goncalves, Julie Rickson, Nadia Saleh. *Middle:* Kimberly Sagan, Alise Marques, Ap Cyranowski, Jennifer Bailey, Marie Teixeira, Martha Ferrabelo, Melis Rubbo, Lisa DeSousa, Melanie Hastings, Carlee Belliveau, Marcy Bousquet, Launa Saleh, Teresa Widor, Marie Nevue, Renee Gagne. *Back:* Mr. Jose Szlosek, Mr. Philip Dalessio, Susan Machado, Michelle Sagan, Lynds Calheno, Laura Momnie, Cidalia Faria, Julie Rodriguez, Nicole Rodriguez, Shruti Kulkarni, Tracy Rodrigues, Heather Fonseca, Amena Assaf, Tri Maggard, Sandra Salvador, Brandi Lawrence, Jennifer Germain, Tiffa Kapinos, Angela Goncalves, Katie Knowles, Silvia Mendes, Roxan Benjamin.

him

us	opponent	them
19	southwick	126
58.5	south hadley	83.5
17	amherst	120
33	palmer	103
13	chicopee	132
15	northampton	130
36	monson	100
64	holyoke catholic	72
39	east longmeadow	97

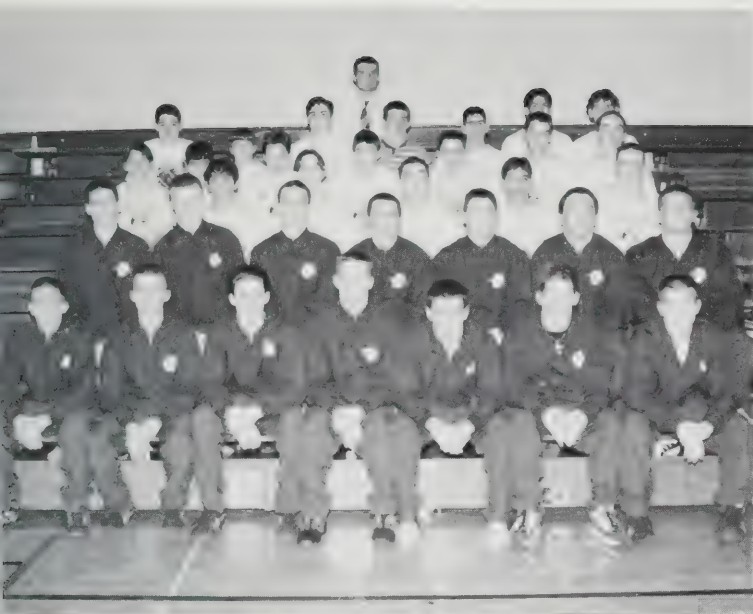
her

us	opponent	them
60	southwick	76
75	south hadley	61
31	palmer	105
48	chicopee	88
73	holyoke	63
68	monson	68
75	holyoke catholic	59
59	east longmeadow	77



Teresa Widor stretches on the hurdle while focusing for the 300M hurdles.

Steven Petig lunges his body as he gets over the bar in the high jump.



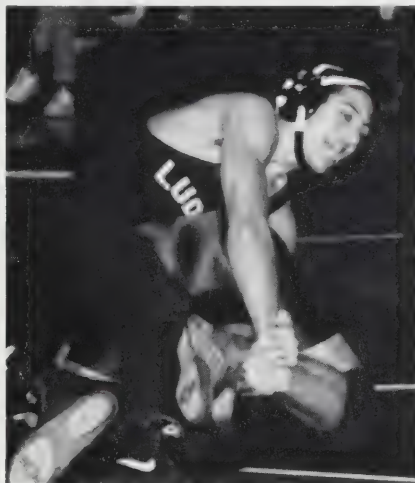
Front: Jason Coddington, Abimael Mestre, Joseph Aniolowski, Michael Coddington, Alan Gates, Anthony Angelo, Nicholas Saloio. Second: Matthew Goncalves, Stephen Bradley, Jeffrey Bernard, Derek Swistak, Derek Venne, James Gregory, Michael Forcum. Third: Emmanuel Simons, Jeremy James, Andrew Jarry, Paulo Barroso, Roger Gendreau. Fourth: Paulo Faria, David Fonseca, Daniel Saunders, David Perham, Stephen Karalekas, Scott Barrus, Robert Vice, Derek Booth. Back: Cliff Mateus, Ronald Antaya, Mr. Jeffrey Peterson, Richard Bradway, Jason Martins, Steven Petig, Kevin Psoter.

Conquering the Winning Streak

First year Western Mass. Dual Meet champions, the Lions have amazingly accomplished the impossible. Going to a tournament in Pennsylvania, Ludlow gained valuable experience that will keep it competing against some of the greatest wrestlers in the East.

Ludlow conquered the Agawam Brownies who had been champions since 1986. There was no stopping the roaring Lions in the unforgettable match of 40-33. In over 12 years, no team had scored that many points against the Brownies.

The team will be reminded of its achievements by the banner hung in the gymnasium. Senior All-Western Mass. player, Michael Forcum received this year's Most Valuable Player Award, and Michael Coddington and James Gregory were honored with the Coach's Award. Matthew Goncalves was also selected for the All-Western Mass. team. At the annual wrestling banquet, each wrestler received a personalized towel in addition to the jackets which they had already received.



Michael Forcum battled it out with his Amherst opponent as the referee carefully observed.

Matthew Goncalves gleefully and easily pins his opponent.

Jeffrey Bernard skillfully flips his competitor in an unusual way.

us	opponent	them
46	west springfield	31
60	minnechaug	16
51	@ westfield	25
58	amherst	16
15	palisades, nj	62
54	westfield	27
40	agawam	33
68	cathedral	9
72	putnam	2
18	@ quabbin	58
33	monument mt.	42
30	carver	40
54	central	16
31	n. attleboro	35
30	@ framingham	35

longmeadow tourn. 1st place
bethlehem,pa xmas tourn. 22nd of 29

division A champs



Prior to each match, the team comes together in a huddle on the mat to focus on its strategies and encourage team spirit.

▼ **Front:** Christopher Champagne, Richard Kowalski, Mark Vital, Adriano Genovevo, Michael Santos, Carlos Juliano. **Back:** Lora Alves, Nelson Camacho, Joao Vieira, Jeffrey Rodrigues, Vincent Porfirio, Kevin Fonseca, Mr. Fred Glanville, Stacey Downing, Bobbi-Lynn Gregory.

Spiking Over



The boys' volleyball players held their heads up high having made the Western Mass. quarter-finals in their first year competing. They finished seeded fifth going into the tournament when they finished the season at Ware High School with the losses of 10-15, 16-14, 14-16, 13-15. The team was led by the "senior power-house" Kevin Fonseca (captain), Adriano "Age" Genovevo, Mark Vital (captain), and Joao "Popo" Vieira.

Fonseca and Vital were both selected by all the high school volleyball coaches throughout Western Mass. to play in the senior all-star game at the end of the season.

▼ Before the game, Coach Fred Glanville gives his brief, inspiring speech as the team roots in their opening cheer.



◀ "Brazilian Bomber" Popo Vieira brings a new volleyball skill from Brazil to the varsity team.

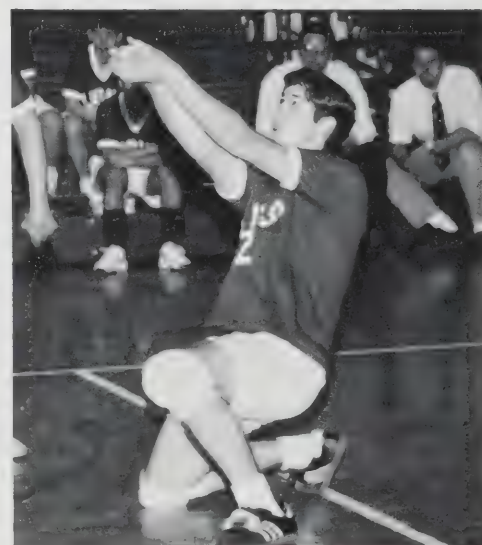
◀ ◀ ◀ Sophomore Vincent "Super-soph" Porfirio shows an intimidated reaction after his kill.

◀ All-star participant Kevin Fonseca shows the easy, proper technique to bump the ball.



▲ Senior Mark Vital performs a kill.

<u>us</u>	<u>opponent</u>	<u>them</u>
0-2	central	2-0
2-0	putnam	0-2
2-0	commerce	0-2
2-0	westfield	0-2
0-2	west springfield	2-0
1-2	dean tech.	2-1
0-2	east longmeadow	2-0
2-1	minnechaug	1-2
2-1	central	1-2
2-0	putnam	0-2
2-0	commerce	0-2
2-0	westfield	0-2
2-0	west springfield	0-2
2-1	dean tech.	1-2
1-2	east longmeadow	2-1
2-1	minnechaug	1-2
1-3	ware	3-1

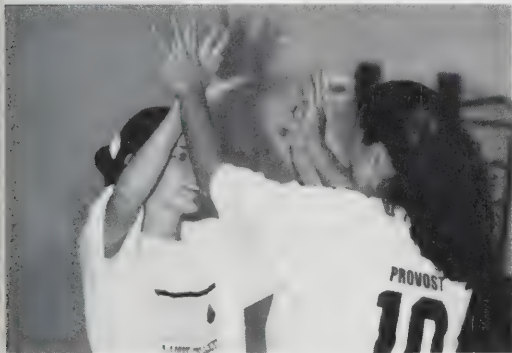


the Open Net

The Lady Lions' volleyball team had its ups and downs during the season just like any other team, but the good times will never be forgotten. One such time was the day they conquered Minnechaug with a soaring 2-0 victory. The Central Eagles had a record of 13-0 until the mighty Lady Lions showed them that they could play with the best. Ludlow took the victory in two straight games.

The Lady Lions accomplished their two team goals by the triumph over the Central Eagles and qualifying for the Western Mass. tournament.

Teammates Karla Psoter and Melissa Provost share an exciting moment with a high-five.



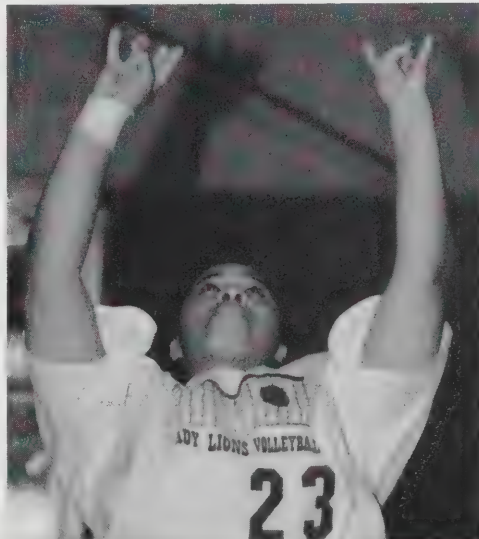
Best defensive player, sophomore Marie Teixeira skillfully bumps the ball.



Melissa Provost and Stacey Downing wait intensely for the serve.



Good Sportsmanship Award player, Sumaiya Abdullah, demonstrates her setting skills.



The Lady Lions gather to get "pumped" before they take home the victory.

Front: Bobbi-Lynn Gregory, Sarah Lewison, Marie Teixeira, Jameelia Abdullah, Tiffany Evans. Middle: Lora Alves, Allison Skura, Lisa Wetherell, Melissa Provost, Sumaiya Abdullah. Back: Mr. Miles Tipton, Stacey Downing, Alycia Brouillard, Karla Psoter, Krystal Soja, Kimberly Askew, Mr. Fred Glanville.



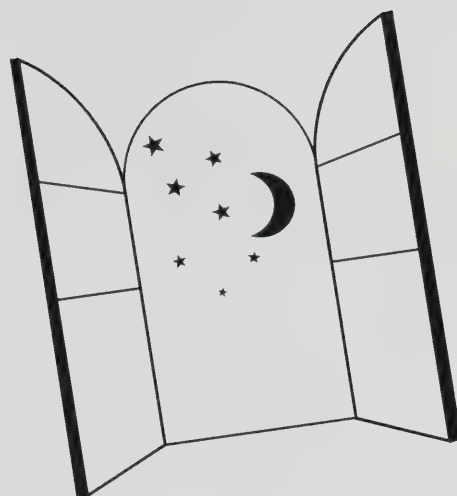
us	opponent	them
2-0	west springfield	0-2
1-2	holyoke	2-1
3-0	east longmeadow	0-3
2-0	commerce	0-2
0-2	minnechaug	2-0
1-2	central	2-1
2-1	putnam	1-2
2-1	dean tech.	2-1
2-0	westfield	0-2
2-0	west springfield	0-2
2-1	holyoke	1-2
2-0	east longmeadow	0-2
0-2	commerce	2-0
2-0	minnechaug	0-2
2-0	central	0-2
2-0	putnam	0-2
0-2	dean tech.	2-0
1-2	westfield	2-1
0-3	central	3-0



▲ Getting together one last time, Gorete Goncalves, Christine Santos, David Ferrier, and Daniel Dias show their enthusiasm while dancing to the macarena at the Senior Picnic.

► Jorge Martins and Leigh Paz show just how fierce the volleyball games were played throughout most of the Senior Olympics.





The Senior Class of 1997 has been through many memorable times together as a group. We have accomplished many goals and will remember them for years. The experiences we've gone through cause us to be the people we are today and the people we will be for the rest of our lives; and they are the memories of our happy times. The activities we did as a group include trips to Hampton Beach, Senior Assembly, Class Day, the banquets, the prom, and of course our final day in front of our family, friends, and class on May 30, 1997: graduation.

There are also the things we did with our friends like stress over finals, wonder about the mystery trip, fight over junior parking, and cry on each other's shoulders. There was the team work we did such as the boys' soccer winning the state championship junior year and mock trial making it to the states this year.

Many members of the Class of 1997 took part in these activities and played important roles in each.

Seniors

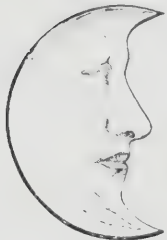


Polished for the Promenade

May 9th, 1997 was a rainy Friday. Disappointed prom-goers hopped into limos as grey clouds covered the sky. The class of 1998 presented "We've Got Tonight," at Chez Josef with black and white table linens and a staircase decorated in gold. When the prom-goers arrived, they stood in a long line to get their photographs taken by The Greniers. In addition to the main course was a gourmet ice cream treat. One of the promenade's comical moments was the absence of the theme song. Prom committee chairperson Kristen Fioravanti had to run into the neighboring prom; luckily, *their* DJ had "We've Got Tonight" in *his* music collection!



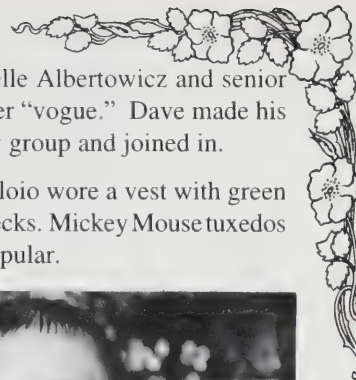
Over 300 people attended the prom, and Chez Josef was crowded! Junior Christine Goncalves and Brazilian exchange student Jose Countinho managed to find their table.



Senior Angie Labonte and her date sophomore Joe Stefano cuddle at their table. Joe wore a white boutonniere like many other guys that night.

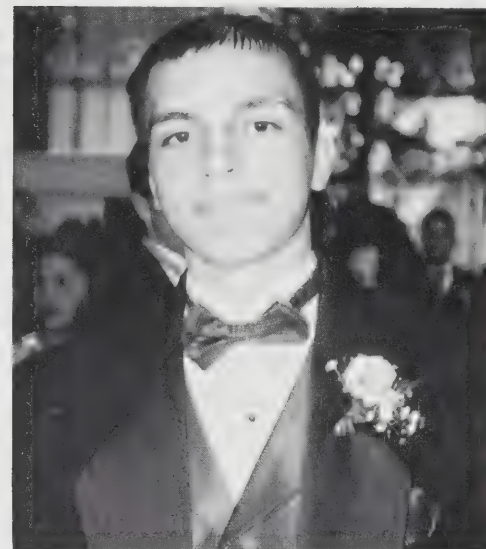
Prom Queen and King: Rebecca Siok and Daniel Dias.

Queen's Court *Front:* Melanie Pszeniczny, Queen Rebecca Siok, Nancy Chelo *Back:* Danielle Lessard, April Cioch, Andrea Kerr.



◀ Junior Denielle Albertowicz and senior David Ferrier "vogue." Dave made his way to every group and joined in.

▼ Nicholas Saloio wore a vest with green and white checks. Mickey Mouse tuxedos were also popular.



▲ The Greniers took photographs of groups after the dinner. *Front:* Rebecca Carrington, Ryan Chaves *Back:* Brian Provost, Stacey Downing, Ray Moorhouse, Sheri Santos.

▲ **Prom Princess and Prince:** Melissa Kulas and Steve Gawronski.

▲ **Princess's Court** *Front:* Julie Rickson, Princess Melissa Kulas, Julie Pszeniczny *Back:* Devyn Blais, Denielle Albertowicz, Karla Carvalho.

► Good friends Cindy Lantaigne and Derek Swistak stop and jump into a picture while on the way to visit their friends at another table.



▼ Michelle DaSilva, Tony Sanches, Adriano Genovevo, Gorete Goncalves, Mark Vital, Maggie Ferrabelo, Tony Fonseca, Paulo Fialho, and Suzana Alves found time to visit while waiting to dine on their choice of chicken marseilles, stuffed



▲ Jamie Kendall and Tonya Leroux stop from their greetings to make a lasting memory.

► Jennifer Salvador enjoys one of the varieties of frozen drinks offered that night.



▲ Brothers and sisters: Kevin & Karla Psoter, Justin & Jenn Bailey, Ryan & Ben Lemek, Krystal & Jeremy Soja, Melanie & Julie Pszeniczny, and Melissa & Steve Kulas.

Having a graduating brother or sister in the school is not an unusual thing. This group of brothers and sisters more than happily posed to make a memory that will last forever.

shrimp, or filet mignon. Also on the menu was vegetarian quiche.

▼ Ben Michalski joined the junior boys on the dance floor prior to the naming of the prom prince.



▲ An emotional, newly-crowned prom princess, Melissa Kulas, waits to hear her prom prince named.



▲▲ As Donna Chrzan turns to take a picture of Lillianna Pereira and Christopher Martell, the whole scene is caught on camera.

▲ Senior Nancy Chelo dances the night away while fellow senior, Andrea Kerr, sneaks in a smile for the camera.

► Friends
Irene

Lesniak and Anna Czupryna danced up a storm and thoroughly enjoyed spending some time together.



The senior class enjoyed dancing both as a single group and as couples throughout the night. Everyone felt that a banquet for only seniors was a good idea for the end of their time together.



► Mat-
thew

Goncalves really knows how to have a dancin' good time. He and many other seniors danced until it was time to head home.



Melina Louvitakis and Sharon Brodeur get into the "swim" of things as they groove to the medley from "Grease." The night's DJ, Dave Costa, had a great assortment of music, with something for everyone.

▼ Shauna Smolinski, Lindsay Ho, and Kristie Teixeira used the banquet as a time to immortalize their memories on film.



Etching New Memories

On the eve before graduation, the senior class came together to party. It was the night of the senior class banquet. Everyone assembled at the Polish-American Club on East St. prepared to eat and make lasting memories with the people they've known for so long. The windows of good fortune were open as old friends became closer and new friendships were started. After the night of laughing and dancing, the seniors felt ready for graduation.



Ryan Lemek, Steve Kulas, and Jorge Martins gave a free mini-concert for their classmates. The three sang "You Shook Me All Night Long" by ACDC.

And Now It's Curtains for the Senior Class

The senior show, entitled "Senior Street Live" took place on February 7th and 8th. The class worked hard to decorate the auditorium with fitting characters from "Sesame Street" such as Cookie Monster, Elmo, and the Count.

The show seemed to sneak up on the seniors. They rushed to pull it together at the last minute, but with a great payoff. With minor setbacks, the show went off almost without a hitch.

Many skits that were performed will be talked about for years. We will always remember "Abib," and "Mary Catharine Gallagher."

As a whole the class came together with the help of this event. The class of 1997 was extremely proud of the chance to shine in the spotlight, and did a good job at it.



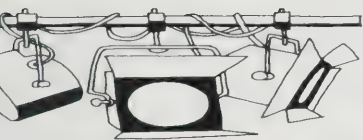
Heather Mariani and Traci Garrity put on their stage faces before performing skits.



Jorge Martins otherwise known as "Mrs. Jenkins" takes a break from "class" to enjoy refreshments provided by the seniors.



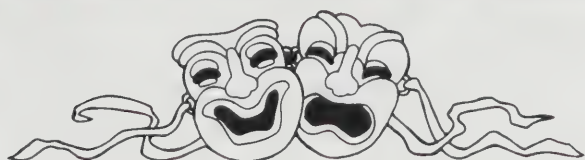
Jessica Batalha and April Cioch rummage through the mess clothes in the senior lounge/girls' changing room trying to get ready for their next skits.



▼ Joao Vieira and Kevin Fonseca wait for the next lucky person to sign their Senior Street Live t-shirts.



▲ Sharon Nogueira takes Tonya Leroux, Erin Campana, Heather Mariani, and Daniel Dias for a drive to Brookhaven.



A Day Glazed With Honors & Awards

On May 28th, the Class of 1997 was honored on Class Day. Speakers included Amy Hudon Mr. Cavallo, Dr. Compton, and Mrs. Ryan.

The seniors recalled embarrassing moments when members of the Class of 1997 read the class history: 9th - Heather Burtch & Erica Martins; 10th - Michael Coddington & Matthew Goncalves; 11th - Steve Kulas & Jorge Martins; 12th - Margie Armitage & Erin Campana. Karen Vigliano & Gorete Goncalves predicted the future. Then Melissa Cislak, Lisa Keyes, Nancy Chelo, and Rebecca Siok read the class ballot.

After the salutatorian address, Mr. Cavallo presented awards and scholarships. Mrs. Mazzocco and Ms. Stachelek announced the Top Ten seniors scholastically. Lastly, David Ferrier read the class poem which he wrote.

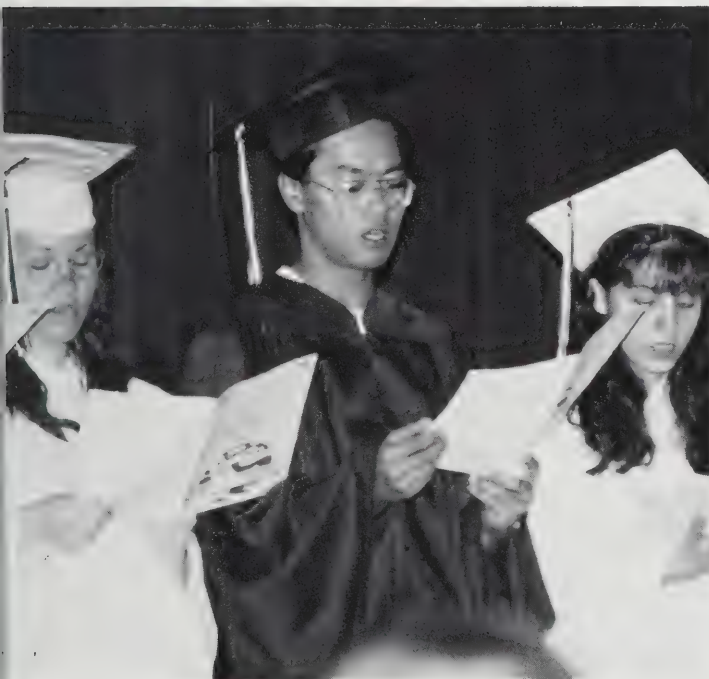
Altogether Class Day was a day to remember.

▼ Albertina Rua shared the story of her ascent from ESL to AP classes in her salutatorian address. She inspired underclassmen to strive for what may sometimes seems impossible.



▲ "I din' go." This was the comment made by Norm as he and Moe related memories of the 1996 prom. With their witty comments, Jorge "Norm" Martins and Steve "Moe" Kulas were the most hilarious part of the Class Day assembly.

Rising at the close of Class Day, the seniors listen for their cues to begin the recessional march.



Members of the concert choir's madrigals ensemble, including seniors Margie Armitage, David Buntin, and Sharon Nogueira, entertained their fellow schoolmates with "The Rainbow Connection," a song most famous for its association with Jim Henson's *The Muppets*.



◀ Nick Matthes is certainly someone to look up to. Nick received the Sportsmanship award given in memory of Kerry Alves, David Hennessy, and Chester Halgas, all of whom died in 1974.

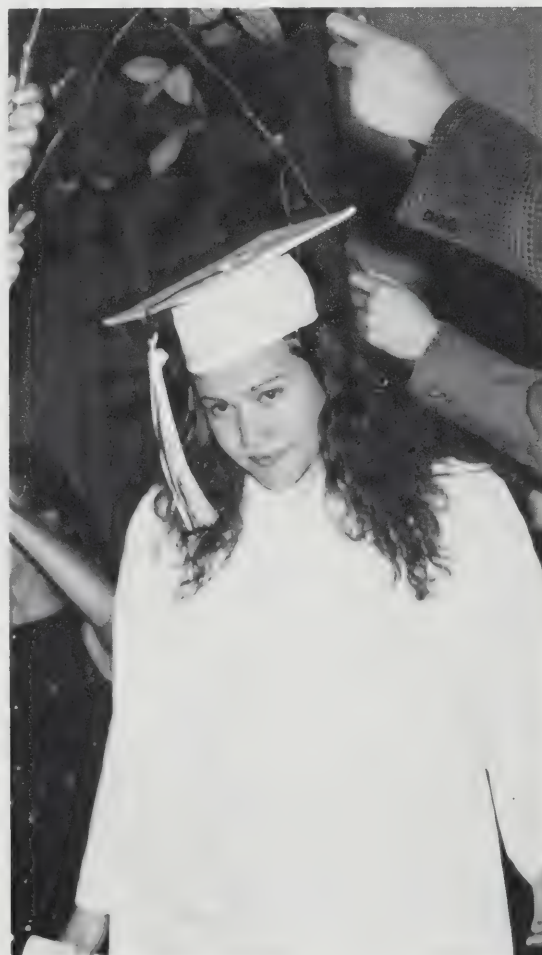


◀ Heather Mariani received the John Philip Sousa Award for excellence in band. This award, which included a paperweight, was difficult for the audience to see; to solve the problem, Mr. Cavallo reached into the holder to wave the paperweight in the air for all to see.

► Amy Hudon, president of the class of 1997, explained the significance of the peace pipe. Each class adds its own banner to the pipe, then passes it down to the next class as a symbol of friendship. As she passed it on to Nadia Saleh, president of the class of 1998, the two realized its true significance and bid goodbye with an emotional embrace.



► Tina Serrazina ducks a bit as she passes through the rose archway. The roses of the archway, held lovingly by members of the junior class, are symbolic of the blossoming of the graduating seniors into adulthood.



▼ The finale of Senior Assembly is the candlelight ceremony. The juniors, in formal attire, surround the seated senior class. The ceremony begins with the first notes of a song at the far sides of the ellipse encircling the seniors with a few juniors lighting the



▲ Jeremy Soja, Jamie Kendall, and Karla Psoter share a group hug as they prepare to go their separate ways. They and other groups exchanged tearful hugs as they vowed to remain friends after high school.

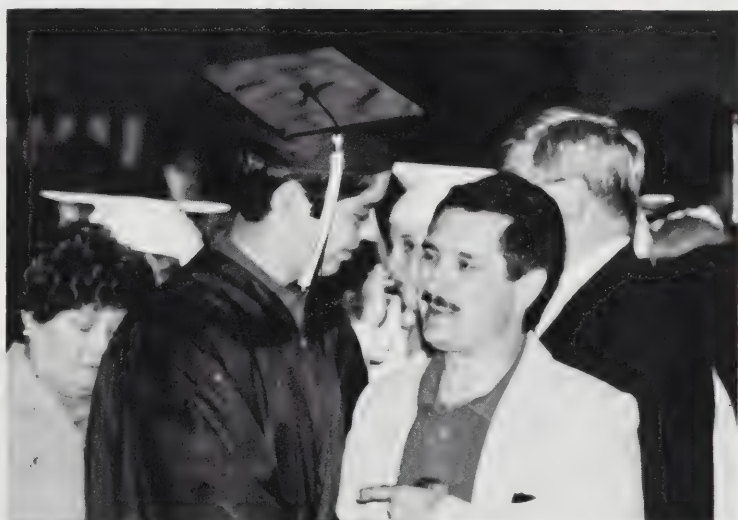
candles. After lighting their own candle, juniors turn and light the candle of the person standing next to them. At the last note of the song being played, the juniors blow out the candles in unison. The song selected by the juniors this year was "Winds of Change" by The Scorpions.



The juniors put on a riotously funny interpretation of the senior show. Here, Rui Serrazina, Missy Kulas, and Julie Pszeniczny watch Justin Calheno chase Jennifer Leandro as she slides across the stage.

Melanie Pszeniczny sobs and holds her mother and her sister Julie while her friend Missy Kulas looks on.

Kevin Fonseca and his uncle share a proud moment as Mr. Jorge sees his nephew in the attire of an LHS grad.



Glimpses of the Past

The "Winds of Change" blew through the auditorium of Ludlow High School on May 29. The misty-eyed seniors entered for the last time, clad in graduation garb, to the sounds of "Scarborough Fair."

The juniors put on a skit, "LHS News," in which DiDi Vaz, Cristina Pires, and Derek Filipe notified the audience of cults led by seniors Michael Coddington and Sharon Brodeur, as well as a "lost balls" warning for athletes. The second skit poked fun at a variety of the senior show skits including "The Price Is Right," "New Kids On The Block," and "Don't Hurt Me."

The skits gave way to the slide show, and eventually to the letters. The tradition is for all of the seniors to write a letter to their parents thanking them.

The day concluded with laughter and tears as the seniors made their way out of the school, escorted by the junior class.

► Hye-Jung

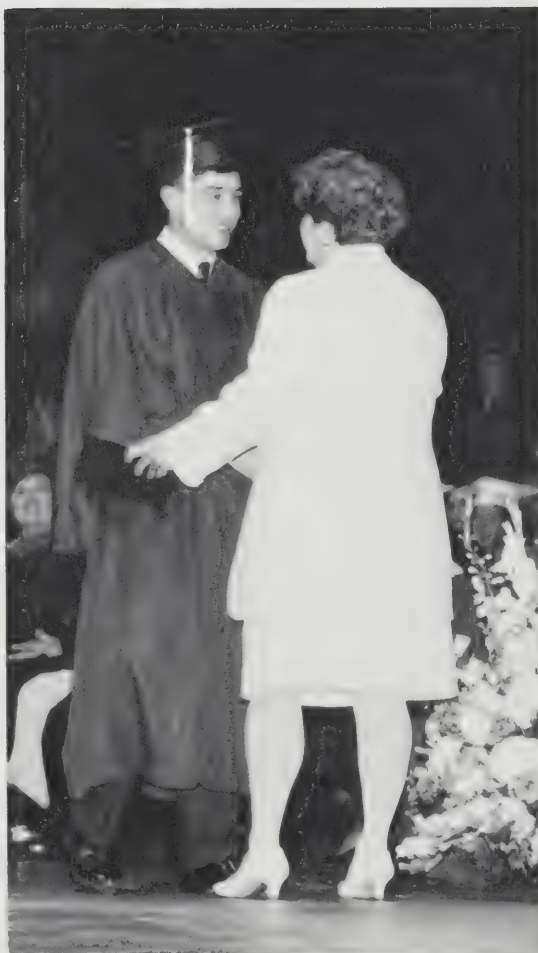
Park received the Peter Boita Award for excellence in the study of mathematics. Heidi, originally from Korea, was one of many seniors to receive academic and athletic recognition.



Directly following the processional, the graduates eagerly stand at attention as Mr. James Cavallo approaches the podium to begin the ceremony.



► With an ovation from his fellow classmates, Sean Thompson was one of two graduates who received his diploma from a parent. Mrs. Kathryn Thompson is a science teacher at Baird Middle School. Matthew Gonçalves was presented his diploma by Mr. Antonio Gonçalves, a language teacher at LHS, and Mrs. Darlene Gonçalves, a teacher at East St. Elementary School.



Christine Santos, the class valedictorian, sent a message to future graduates never to give up on their dreams. In her speech she shared her story of following her dream of studying dance at UMASS despite many obstacles.

Gazing into the Future



Graduation was held at the UMASS Mullins Center. As seniors got ready, putting on their caps and gowns, junior arch-bearers and sophomore honor guards also prepared for the ceremony. The arch-bearers--Tiffany Evans, Michael Dorval, Tina Ganhao, Jonathan Haluch, Julie Pszeniczny, Justin Laramie, Nadia Saleh, Justin Calheno, Diolinda Vaz, Derek Filipe, Krystal Soja, Benjamin Lemek--were voted for by members of the senior class.

The concert choir and the band added much to the overall feeling of the evening with their music.

The audience became a bit rowdy when someone brought out an air horn. Mr. Cavallo made attempts to quiet the crowd, and eventually the noise became more tolerable.

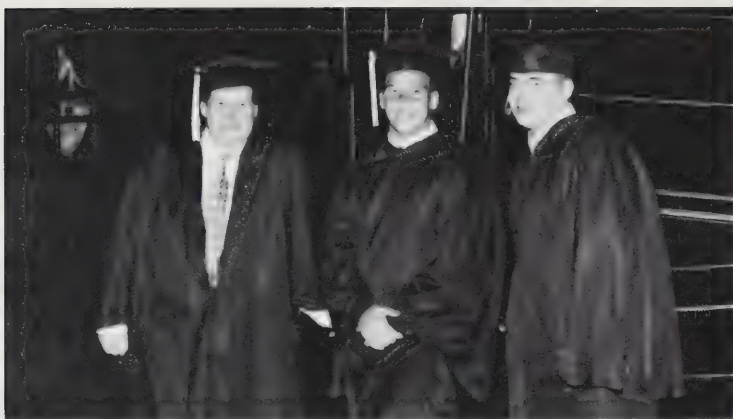
▼ For the last time as class president, Amy Hudon addressed the audience and wished her fellow graduates luck in their future endeavors.



▲ Mr. Francis Duclos received an honorary plaque in recognition of his years of teaching at LHS. Also retiring and receiving plaques were Mr. Arthur Serra, Mr. Emilio Bollea, and Mrs. Rae Stack.



Jeffrey Hiorns, Shawn O'Connor, and Jason Minich visited together while waiting to line-up.



The graduates joined in as the choir led everyone in the school's Alma Mater, "The Praises of Ludlow High" by Jacqueline Chenier. The choir also sang "Anthem of Peace."



Celia Ferreira, Susana Goncalves, and Mindy Franck excitedly await the start of the graduation exercises.

The graduation featured many honored guests, each decked out in academic regalia. Such guests included Dr. Mary Ferron, Mr. Bernard Regnier, Mr. William Rooney, Mrs. C. Kim Bruschi, Mr. James Richards, and Mrs. Toni Mancuso.





Heather Peabody, like many of the graduates, scanned the milling crowd in search of family and friends at the close of the ceremony.

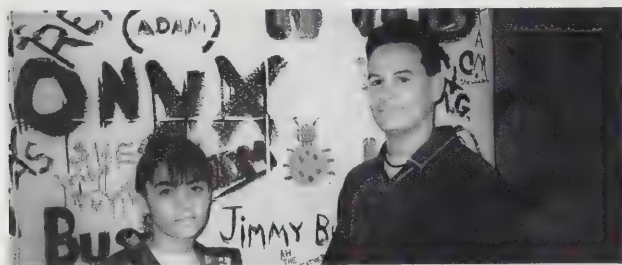


Mark Vital, Tim Priest, Robert Maio, James Gregory, Robert Kopec, and Michael Carvalho are ready for the moment that they will finally receive their diplomas.



Michael Gove, a senior member of the band, introduced the selection "With Quiet Courage." The band also played "Pomp and Circumstance," "The Star Spangled Banner," and "Music for a Ceremony."

Class Ballot



▲ **Clowns** Sharon Nogueira & Daniel Dias.



▲ **Class Dramatist** Tara Almeida.



▲ **Chatterbox** Susana Goncalves.



▲ **Most Handsome** Michael Carvalho.
▲ **Most Beautiful** Michelle Santos (pg. 29).



▲ **Most Changed** Todd Gurka & Felicia Vital.



▲ **Individuals** Angela Belleville & Edward Zapala.



▲ **Most Likely To Succeed/Most Involved**
Christine Santos & Sean Thompson.



▲ **Athletes** Mike Coddling & Tracy Haluch.



▲ **Inseparables** Margie Armitage & Erin Campana.



▲ **Best Tattoo**
Tanya Laramie.



▲ **Best Dressed** Rebecca Siok & CJ Stagnaro.



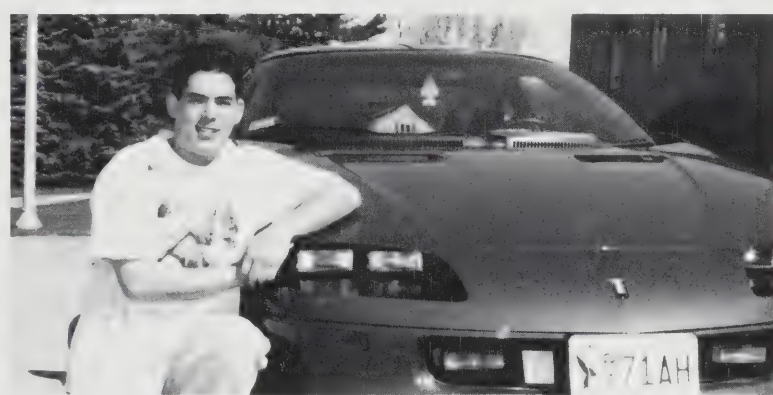
▲ **Class Vocalists and Musician** Nicholas Line, Karen Nogueira, & David Buntin.



▲ **Favorite Teachers** Mrs. Sheila Dias and Mr. Philip Dalessio.
Teachers Pets Mike Coddling, Jennifer Dinelle, and James Gregory.



Optimists Mike Coddling, Christine Santos & April Cioch.
Pessimists Ryan Lemek & Roxanne Benjamin.



▲ **Best Car** Nikki Zaldivar's 1997 Camaro.



Artists Maria Medina & Eric Flebotte.



▲ **Nicest Eyes** David Ferrier & Kimberly Jorge.



▲ **Friendliest** Tanya Long & Nicholas Matthess.



▲ **School Spirited** Mike Coddling & Jessica Batalha.



▲ **Couple** Joao Oliveira & Christine Santos.



▲ Grace Sa was one of the journalism students from Massachusetts selected to take part in a mock newscast at Holyoke Community College.

► Students in the American studies class took a trip to the Norman Rockwell Museum in Stockbridge. They also went to Salem and Newport.





Our school has a history of traditions that are cheerfully followed by the members of each class. These traditions draw the students closer to the school and its ways. These traditions have a lasting effect on students; the memories of these traditions are carried on throughout life. For example, years after graduation, former students of Dr. Koscher's remember which part of the cathedral they were during freshman year.

Traditions and class trips are important to life at Ludlow High School. They make each class come together to enjoy the time they have to spend with one another before the end of high school. Trips are wonderful opportunities to make memories that will last forever.

Trips & Traditions



▲ Ryan Pease, Crystal Lariviere, and Tracy Casimiro sample the cream caramel made by Tracy in Mr. Martin's French III class.

▶ Ben Lemek, Celina Bouchard, and Lynn Champagne sample the buffet at the "fiesta" in Mrs. Bennett's class.

▶▶ Jeffrey Braz, Helder Santos, Marco Tavares, Kevin Crespo, Richard Zina, Jason DaCruz, Cliff Mateus, and Mark Bentos enjoy their meal at a Portuguese restaurant in Newport.



WORLD LANGUAGE WEEK VISITS LHS

During the week of April 7-11, students at Ludlow High School were treated to activities of World Language Week. Throughout the week people were able to dance to folk tunes, sample food, and listen to music from different cultures.

The three languages here at Ludlow High -- Spanish, Portuguese, and French -- were highlighted throughout the week. Many of the language classes took trips, to places such as Newport and Boston, and all of the language students were able to attend the Boston International Festival in November.

In addition to these many activities, several speakers came to talk to the language classes. Mr. Hewitt came to the Portuguese class to discuss a book he wrote entitled *A Cottage in Portugal*. A woman came to the school to teach Spanish dances to the students.

Senior Melina Louvitakis stated, "World Language Week is the only time the whole school gets together and participates in activities. It brings us all together, even if it's only for a week."



▲ Laura Momnie and Michelle Sagan dine on Spanish cuisine at Chi-Chi's restaurant in West Springfield.

▲ Jillian Moriarty, Joanna Bruno, Erin Moriarty, and Lauren Gauthier enjoy a traditional French dinner at a Boston restaurant during the French trip.

STUDENT TRIPS

Class trips are good opportunities to spend time with friends and make some new memories. This year, many wonderful memories were made by all, memories that will last forever. Language students went to the Boston International Festival on October 22. There they enjoyed multicultural music, food, and dance. Psychology students went to Boston to the JFK library and museum, Harvard Square, and Quincy Market.

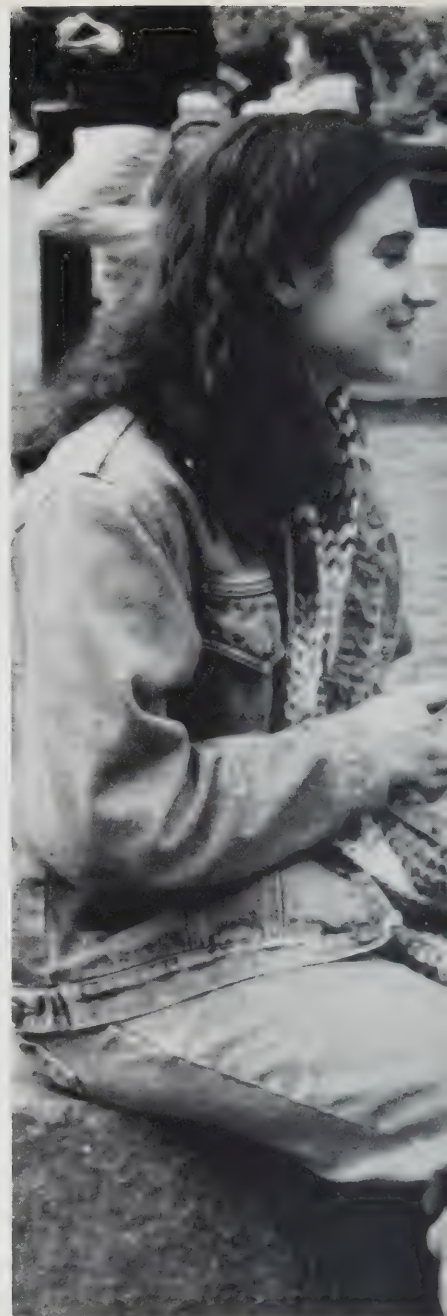
The junior class took a trip to New York City to the Radio City Music Hall. The sophomores went on a class trip to Salem and the freshmen went to New York. The senior class went to New York to see *Stomp* and to shop.

Some trips did not involve the whole class, but students taking specific courses. Mrs. Kelley took her A.P. English class to many plays, a lecture by Toni Morrison, and a poetry reading. Mr. Charest took his government classes on a tour of the Springfield courts. A few students went to Paris and the French Riviera. Mr. Malek and Dr. Koscher's American studies class had adventures to Salem, Stockbridge, and Newport.

▶ Tracy Casmiro and Mr. Cotti pose with the Eskimos during the psychology field trip.



Over April vacation, students travelled to Paris and the French Riviera with Mrs. Libiszewski and Mr. Martin. LHS students lined a stairway in a "totem pole" inspired pose.





◀ Diolinda Vaz and Tracy Belanger take a break from the excitement in Boston's Quincy Market.

▼ Melanie Pszeniczny and Nancy Zina enjoy themselves on the bus during the soccer trip.



Senior Mystery Trip

On Tuesday, May 27, members of the senior class piled into two huge buses, bringing their gear with them in bags ranging from backpack-size to sports bag size. The difference between this and any other trip was that the students had no idea where the buses would take them: this was the annual mystery trip! Planned and kept secret by class advisors Mr. Marceau, Mrs. Kavka, and Mr. Goncalves, the trip's only promise was that it was not to High Meadows.

As the buses sped down the turnpike, taking students farther from Ludlow, Mr. Marceau finally brought to an end the suspense enveloping the trip's destination. He announced to the expectant seniors that they were on the way to Hampton Beach, New Hampshire. This sent conversation fluttering to reminiscing about the class's previous trips.

Once at the beach, seniors enjoyed walking on the boardwalk, playing in the arcades, and, of course, enjoying the warm sunshine on the beach itself.

Stated Carrie Barrus, "I'm so glad our class finally got to go on a trip together without arguing. I think this was one of our best class trips we've had."



◀ Karla Psoter shows off the poetry book autographed by Aga Shahid Ali, at an Amherst College poetry reading that her A.P. English class attended. Also featured were poets James Tate and April Bernard. As a favor to the school's library, students brought the school's newest poetry books to be autographed.

▶ Melina Louvitakis, Jason Minich, Adela Flores, Anne DaCosta, Sarah Ladue, Sharon Brodeur, Suzana Alves, and Karen Vigliano have fun on the senior class trip to see *Stomp* in New York.

▼ Lisa Desousa, Kelly Bobowiec, Silvia Mendes, Donna Chrzan, Melissa Leal, Cristina Pires, Melissa Kulas, and Linda Dias get ready for an old-time photo at Hampton Beach.

▼▼ Carlos Chaves, Jill Nascimento, and Christopher Kendall have fun at Hampton Beach despite the overcast skies.



▶ Nancy Teixeira, Megan Braska, Nicole Rand, Linda Dias, and Julie Rickson celebrate *The Cub's* winning of the Best Headline, Best Student Ads, and Best Sports News awards over lunch at the Holyoke Community College journalism conference on December 6.





▲ Karen Silveira, Jonathan Dias, Kori Binette, Matthew Leal, Shruti Kulkarni, and Mia Cabana enjoy the class trip to Great Escape in New York.



◀ Fatima Barroso, Kristy Rodrigues, Alex Carvalho, Albertina Rua, David Garcia, and Carlos Juliano are just a few of the Portuguese students who went to UMASS to learn about the college's bilingual programs.



Glancing From Past to Present

Traditions make up a large part of high school times to remember. They can include trips, speakers, and fun activities or accomplishments.

The world language classes did many activities in 1996-1997. The teachers and students put on a Portuguese dinner dance in the high school's cafeteria. The students went to the International Festival in Boston and to see *Les Miserables* on Broadway. The world language department also put on a week of fun learning entitled "World Language Week."

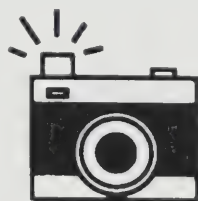
The music department put on two Top 40 Revues and many other concerts.

The family and consumer science department also

had many activities to make up traditions. Nutrition classes had a guest day before Christmas where students got to invite a guest to visit. Administrators were also invited. The clothing classes made quilts and toys as community service projects.

Traditions also included odd memories that groups and teams do to get ready for a match or a meet. For example the mathematics team enjoyed eating donuts in the school van on the way to meets.

The journalism and yearbook students also continued weird traditions like staying at school until 10:00 pm to get work done and ordering take out dinner delivered to Mrs. Kelly's room.



▲ The early childhood development class conducted a preschool class to practice their skills. *Front:* Jamie Rich, Kristen Longo, Laura Gruszka, Carla Alves, Krissy Williams. *Back:* Andrew Jarry, Christina Dias, Jennifer Le Claire, Amanda Riviere, Sarah Ladue.



▲ Katelyn Hill works carefully on her art project.

▼ In the month of their 16th birthday, the Parents Advisory Council presents a birthday card to L.H.S. students. *Front:* Sherry Petherick, Denise Anghilante, Susan Goncalves, Jennifer Jolivet, Micheal Tatro. *Middle:* Mr. Daniel Downing, Lisa J. Goncalves, Martha Ferrabelo, Anna Silvestri, Peter Charpentier. *Back:* Angela Tiago, Jill Nascimento, Sarah St. Pierre, Mary Butler, and John Havens.



▲ Rebecca Siok, Andrea Kerr, Tracy Haluch, Kim Jorge, and Nancy Chelo enjoy their lunch in the senior lounge.

▲ Leigh Paz and Matthew Martin sneek a peek at the girls' bathroom.

▼ Lisa Gama, Lili Fonseca, Zelia Flores, Mr. Paulo Zina, Mrs. Maria Fagundes, Suzana M. Alves, Heather Fonseca, Leana Alves, and Suzana Alves made up the Portuguese dinner dance committee.

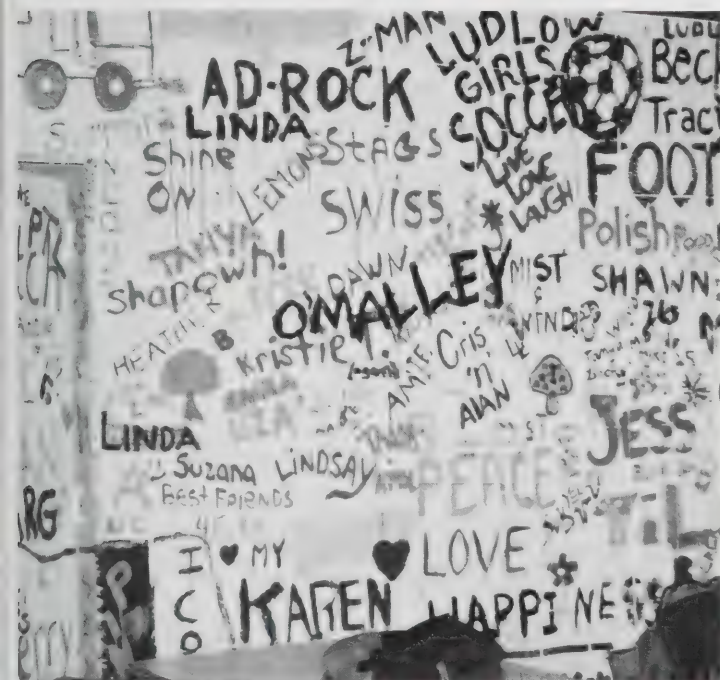
▼ Michael Carvalho takes advantage of the empty couch in the senior lounge.



▲ Cindy Lantaigne and Jennifer Leandro share a hug on the last day of school.

▲ Spanish students made pinatas to hang from the ceiling of Mr. Paulo Zina's classroom. A new teacher here, Zina brings with him some new traditions.

▼ Juniors show their school spirit as they cheer on fall athletes during the pep rally.



▲ Every summer, the incoming seniors paint the walls of the senior lounge.



▲ David Garcia and his "little sister" Alyson Maello talk on Big Brother/Big Sister day. The day is put on for the freshmen by the junior class to welcome them into high school.

▼ Ryan Lemek sings “Cracker Man” at the annual Top 40.



▼ Sharon Brodeur, Suzana Alves, and Albertina Rua attended poetry reading at Amherst College with the AP English class.



▲ For Lisa DeSousa and Silvia Mendes, it is a tradition to have lunch at Friendly’s on the last day of school.



▲ Mrs. Dorothy Chrzan became a part-time counselor in the guidance department so that Mr. Godek could head up the new Career Center.

▼ Dr. William Compton, President of UMass William Bulger, Christine Santos, Brian Gosciminski, and Mr. James Cavallo met together after Mr. William Bulger gave a speech in the library of Ludlow High School.



▲ Life-size models are made by Mr. Dalessio's anatomy classes every year during third term.



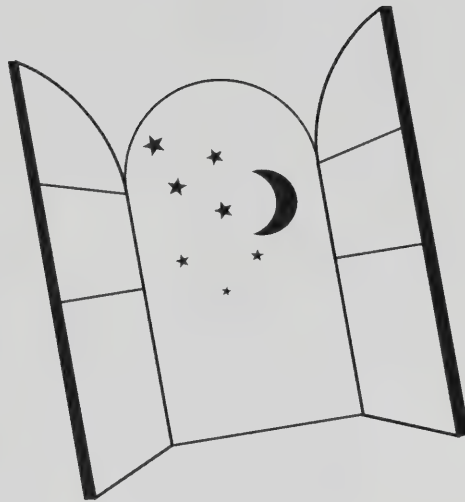
▲ David Kwajewski and Melissa Kulas eagerly await the dismissal bell on the last day of school.



▲ Junior Ryan Chaves was chairperson of the Student Advisory Council and the student member of the school committee. Other SAC members included juniors Nadia Saleh and DiDi Vaz, and sophomore Jen Bailey.

► Senior Sharon Nogueira sang in the "Top 40 Revue." Nogueira's twin sister, Karen, also sang in the concert. The sisters were known for their talent and participated in concert choir all through high school.





C lubs and organizations at Ludlow High School have provided students with a variety of experiences that have broadened their interests. Birds flying by the windows after school would see different groups of people discussing things from class functions to murals. The birds would hear the students laughing, singing, or even yelling. In one room, some of the students would be playing an instrument. Another window would display a SADD meeting. The math team and debate team would be holding practices. On any given day, the sporadic sounds of lockers slamming would echo through the halls. The sounds of doors closing would scare the birds away and leave the windows empty.

Activities

Thinking Musically

► **Concert Choir** *Front:* Christina Gaudreault, Carrie Flebotte, Renee Gagne, Karen Nogueira, Margie Armitage, Anne-Marie Archambo, Jennifer Dion, Jennifer LaBombard, Jameelia Abdullah, Sharon Nogueira, Tanya Leroux. *Middle:* Nicole Phaneuf, Michelle Goodrow, Danielle Montagna, Kristen Fioravanti, Donna Chrzan, Amy Desautels, Jason Clark, Jorge Vieira, Shawna Nally, Nancy Almeida, Mr. Michael Rheault. *Back:* Cristina Saraiva, Erin Campana, Trish Maggard, Nick Line, David Bunten, David Ferrier, Lisa Wetherell, Crystal LeClair, Amanda Miller, Tara Nelson.



Top 40 Revue was a popular concert, and the auditorium was filled to capacity during both the fall and spring shows. Talented singers and musicians were able to show off their skills and entertain the crowd. Most of the participants were part of the music program.

► Chris Martell, Ray Moorhouse, Ken Topham, Eric Hnatow, Aaron Saunders, Nick Line, Tim Hnatow, Steve Ricardi, and Mike Ostrowski kept the crowd cheering at the Top 40.



► Sophomore Trish Maggard performed in both Top 40 concerts. She sang songs by No Doubt and by The Cardigans. Maggard has become a veteran performer earning rave reviews.

►► Mr. Michael Rheault, the choir director, as well as the Top 40 producer, had a busy year. When the swamped director wasn't getting ready for assemblies or producing concerts, he was training his vocalists.





Band *Front:* David Vigliano, Stephen Ricardi, Zachary Adams, Christopher Martell, Daniel Saunders, Anthony Santucci, Margie Armitage, Derek Smolinski, Andrew Emond, Joseph Boulanger, Kenneth Topham. *Second:* Kim Leits, April Cyranowski, Heather Mariani, Melissa Roy, Karen Vigliano, Kristen Green, Leah Saloio, Samantha Michalczyk, David Hudyka, Mia Cabana, Patricia Galarneau, Robert Vice *Third:* Matthew DaCruz, David Lawrence, Stephanie Salvador, Sarah Jaciow, Carol Graveline, Lisa Keyes, John Dias, Amy Hudon, Traci Garrity, Jeffrey Tetrault, Matthew Krystofik, Shauna Smolinski, Eric Nelson-Miller, Michael Ostrowski, Michael Gove. *Back:* Adela Flores, Danielle Bowen, Manny Simons, Nick Saloio, Sarah Lewison, Tammy Bilodeau, Amanda Bilodeau, Paulo Faria, Katie Liska, Keith Smolinski, Nicholas Gates, Stephen Gawronski, Michael Coddling, Eric Gove.

Band Council *Front :* Carol Graveline, Manny Simons, Lisa Keyes, Sarah Lewison, Heather Mariani. *Middle:* Michael Coddling, Michael Gove, Shauna Smolinski, Melissa Roy. *Back:* Kim Leits, Keith Smolinski, Melissa Hatch.



Under Miss Cynthia Koch's direction, the band won the silver medal at the MICA festival..

Band members Heather Mariani, Renee Saloio, and Mia Cabana participated in the band's fundraiser, a car wash. Some of the participants ended up getting wetter than the cars they were washing.

Competing Academically

► **Math Team** *Front:* Daniel Honorio, Crestina Torrao, Brian Gosciminski, Hye-Jung Park, Sarah Lewison. *Back:* Mr. Daniel Lynes, David Buntin, Scott Pelletier, Nathan Dolley, Nelson Felix, Matthew Leal, Albertina Rua.



► **Chemistry Team** *Front:* Crestina Torrao, Scott Pelletier, Nelson Felix, Sarah Lewison, Heather Mariani. *Back:* Derek Filipe, Kevin Psoter, Nathan Dolley, David Kwajewski, Mrs. Joan Cavallo.



► **Debate Team** *Front:* Sharon Brodeur, Jennifer Jolivet, Sean Riopel, Scott Pelletier, Diolinda Vaz, Carlos Hickey. *Back:* Mr. John O'Connor, Sean Thompson, Brent Bonzek, Raymond Phoenix, Ryan Chaves, Christopher Wells.

The debate team debated with other schools over the thesis that the federal government should enact a program to substantially reduce juvenile crime. The debate team had a very successful season, taking home six of the eight awards given by the league. The White team finished second in the league while the Maroon team finished third. Michael Gove and Christopher Wells received the award for best affirmative team overall. Sean Thompson, Carlos Hickey, and Michael Gove received first-, second-, and third-place speaker awards.





◀ **Mock Trial Team** *Front:* Carlos Hickey, Christopher Wells, Kevin Psoter, Diolinda Vaz, Sharon Brodeur. *Back:* Mr. Leonard Charest, Sean Thompson, Brent Bonzek, Raymond Phoenix.

The mock trial team practiced hard this year to do its best. The team was undefeated in its league, earning the title of regional champions. Urged on by the support of Mr. Charest's promise that the team members were "world champions" to him, the team looked forward to competing in Boston for the state title. Unfortunately, the team lost the coin toss during the first round of the States, and, being assigned the weaker side of the case, lost by a very small point margin. The team was disappointed but eager for another try next season.



◀ **Model Congress** *Front:* Sharon Brodeur, Sean Thompson, Michael Gove, Carlos Hickey. *Back:* Sarah Lewison, David Kwajewski, Brent Bonzek, Kevin Psoter, Monica Ribeiro.

The four delegates to Model Congress, Sean Thompson, Michael Gove, Sharon Brodeur, and Carlos Hickey, succeeded in creating a bill regarding computer encryption. This took much effort on the parts of Thompson and Gove, the co-sponsors. Due to the hard work and dedication of the team members, the bill was passed with fifty votes in favor and one vote opposed.



◀ **National Honor Society** *Front:* Crestina Torrao, Lisa Keyes (president), Christine Santos (vice president), Linda Alves (secretary), Melissa Cislak (treasurer). *Middle:* Heather Mariani, Sarah Lewison, Amy LaBier, Christopher Wells, Carol Graveline, Brian Gosciminski, Mrs. Diane Mazzocco. *Back:* Stacey Downing, Ryan Chaves, Dave Kwajewski, Nathan Dolley, Donna Chrzan, Albertina Rua.

Pro Merito members and prospective members were involved in soliciting funds for the American Heart Association in the early spring. The organization was successful in its efforts, raising a good deal of money for the cause.

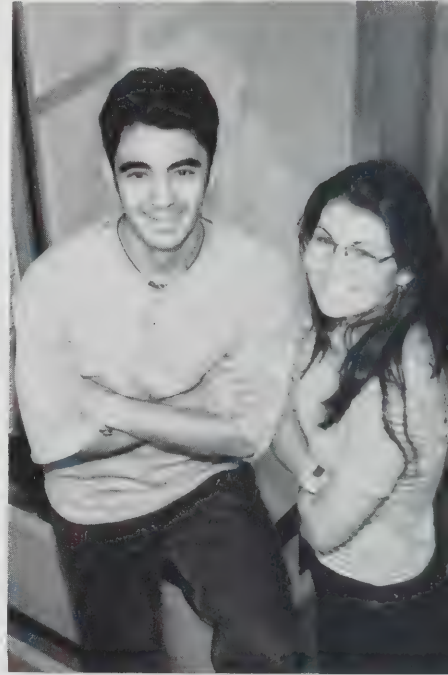
On April 28, 1997, Pro Merito held its annual induction ceremony. The organization nearly tripled its membership, jumping from six to seventeen members.

Speaking Politically

▼ **Student Council** *Front:* Tiffany Ann Evans, Lisa Keyes, Christine Santos (president), Amy Hudon (vice president), Diolinda Vaz (secretary), Ryan Chaves (treasurer), Tanya Long, Manny Simons, Heather Fonseca. *Middle:* Lindsay Calkins, Matthew Goncalves, Derek Filipe, Matthew Leal, Devyn Blais, Melissa Leal, Nadia Saleh, Jennifer Leandro, Karen Silveira, Melinda Alves, Mr. Brian Bylicki. *Back:* Cristina Pires, Jennifer Almeida, Shruti Kulkarni, Cristina Saraiva, Carlos Chaves, Jennifer Prior, Melina Louvitakis, Tracy Rodrigues, Nicole Phaneuf, Elizabeth Barry.



▼ **Technology Committee** Ryan Chaves, Tiffany Ann Evans.



▶ **Appeals Committee** *Front:* Mia Cabana, Jennifer Dinelle, Ryan Marion, Ryan Chaves, Karen Nogueira. *Back:* Mrs. Toni Mancuso, Mr. Martin Fanning, Mrs. Carole Wojnarowski, Mrs. Mary Jane Zywiak, Mrs. Joan Cavallo.

▼ **Local Government Partnership** *Front:* Jennifer LaBombard, Sharon Brodeur, Otilia Castro, Jessica Batalha, Sarah Ladue. *Back:* Jennifer Dinelle, Mark Vital, Meghan Ketchum, Sean Thompson, Matthew Goncalves.



▶ **Regional Student Advisory Council** Nadia Saleh, Amy Hudon.

Freshman Executive Board *Front:* Karen Silveira, Kristin Greene, Lisa Martin. *Middle:* Katie Knowles (VP), Cristina Saraiva (president), Shruti Kulkarni (treasurer), Jennifer Almeida (secretary). *Back:* Mia Cabana, Kimberly Askew, Andrew Doucet, Matthew Leal, Bobbi Lynn Gregory.



Sophomore Executive Board *Front:* Mrs. Mary Jane Zywiak, Tracy Rodrigues (treasurer), Nicole Phaneuf (president), Lindsay Calkins (secretary), Mrs. Beth Cebula. *Middle:* Heather Fonseca, Jason Juliano, Kimberly Mosio, Nancy Teixeira, Melinda Alves. *Back:* Lenna Andre, Jennifer Prior, Carlos Chaves, Nancy Almeida, Michelle Carvalho.



Junior Executive Board *Front:* Mrs. Toni Mancuso, Sarah Lewison, Sherri Santos, Julie Pszeniczny, Nadia Saleh, Tiffany Ann Evans, Cristina Pires, Devyn Blais, Melissa Kulas, Kelly Bobowiec, Lisa DeSousa, Mrs. Nancy Kurty. *Middle:* Silvia Mendes, Connie Alexander, Tracy Casimiro, Jennifer Leandro, Melissa Goncalves, Maria Serrenho, Sarah Greentree, Daniel Ferreira, Angela Goncalves, Stacey Downing, Lillianna Pereira, Danielle Montagna, Julie Rickson, Elizabeth Ingalls, Christina Goncalves, Mia Rodrigues. *Back:* Carol Graveline, Tina Ganhao, Kristen Fioravanti, Shannon Robar, Donna Chrzan, Ryan Chaves, Allison Skura, Kevin Psoter, Derek Filipe, David Kwajewski, Nathan Dolley, Justin Calheno, Jeffrey Rodrigues, Anabela Baltazar, Melissa Leal, Michael Dorval, Susana Afonso.



Senior Executive Board *Front:* Karen Nogueira, Sharon Brodeur, Amy Hudon, Matthew Goncalves, Lisa Keyes, Melina Louvitakis. *Back:* Jennifer LaBombard, Gorete Goncalves, Melissa Cislak, Erin Campana, David Ferrier, Scott Pelletier, Margie Armitage, Christine Santos.



Senior Class Officers Amy Hudon (president), Matthew Goncalves (vice president), Lisa Keyes (secretary), Melina Louvitakis (treasurer).

Working Creatively

▼ **The Cub** Front: Jennifer LaBombard (editor-in-chief), Nancy Teixeira, Julie Rickson, Megan Braska, Heather Fonseca. Back: Melissa Hammel, Melanie Hastings, Ray Moorhouse, Diolinda Vaz, Mrs. Suzanne Kelley.

The benefits from Homecoming helped *The Cub* to purchase new software and equipment. Using these tools, the staff was able to make the paper even more unique and well-designed. *The Cub* staff was saddened by the death of their longtime publisher Preston Brown. Staff members held many successful flower sales and were involved in a number of competitions. A few daring staff members, Amanda LaRiviere and DiDi Vaz, revived the school's literary magazine, *The Paw*, which had been created last year.



► **Highlights editors** Heather Fonseca, Megan Braska.

The co-editors of *Highlights* had numerous deadlines to work with this school year. *Highlights* has become part of life at LHS. The weekly magazine has gained a lot of recognition with both students and faculty alike. The magazine includes such features as sports schedules, word searches, horoscopes, Sports Spotlight, Teacher of the Week, Around School, and Dear Highlights.



► **Health Committee** Front: Erin Campana, Margie Armitage, Amy Hudon. Back: Stacey Downing, Tiffany Evans, Carol Graveline, Mrs. Nancy Kurty.

The health committee's main achievement of the year was putting together the school's annual health fair. The health fair tradition began last year under the guidance of Mrs. Nancy Kurty. Various health organizations, such as D.A.R.E. and the American Cancer Society, gathered in the main gymnasium and shared their information with the residents of Ludlow.





◀ **Mural Art and Photography Club** *Front:* Lillianna Pereira, Susie Barroso, David Guerra, April Cyranowski. *Back:* Mrs. Maureen Cotti, Diolinda Vaz, Heather Burtch, Sheri Santos, Stacey Downing, Christie Bianchi.

Over the course of the year, three murals were added to the walls of the social studies hallway. A chariot scene was completed; however, the Temple of Heaven and the American flag will not be fully completed until next school year. The club has done a number of other works around the school. The most popular piece of work is the health mural on the cafeteria wall, although the snake painting across the lower floor wall has also gained a bit of praise. The club hopes to continue brightening the school with its colorful work.



◀ **Students Against Destructive Decisions (S.A.D.D.)** *Front:* Amy Hudon, Diolinda Vaz (president), Margie Armitage (vice president), Sharon Brodeur (secretary), Lisa Keyes (treasurer). *Middle:* Melissa Cislak, Carol Graveline, Sarah Lewison, Christine Santos, Amy LaBier, Rebecca Carrington, April Cyranowski. *Back:* Melissa Hammel, Melina Louvitakis, Stacey Downing, Brent Bonzek, Meghan Ketchum, Erin Campana, Heather Burtch, Sarah Greentree, Sarah Ladue.

The members of S.A.D.D. were involved in a great number of activities during the year. S.A.D.D. began the year with a contest for middle school students requiring them to write about the harmful effects of drinking. In conjunction with the Ludlow Fire Department, S.A.D.D. members put on a car wreck assembly for the junior class. The display visibly affected the students. As in the past, S.A.D.D. contacted the area fifth graders to ask them to write notes to couples attending the prom warning about the dangers of drinking. S.A.D.D. finished off the year with White-out Day, during which members "died" to represent the number of alcohol-related deaths occurring per day.

Participating Happily

Library Aides *Front:* Jack Simao, Gorete Goncalves, Robert Wine, Carrie Flebotte, Sharon Brodeur. *Back:* Marie Nevue, Sean Riopel, Lori Randall, Heather Leroux, Jennifer Dion.



Accelerated Reader Monthly Winners *Front:* Michelle Melikian, April Cyranowski, Tara Nelson. *Back:* Nick Rooney, Eric Gove, Tim Rego.



Students of the Week *Front:* Brian Provost, Brian Ferreira, Erin Campana, Leora Martins, Meghan Ketchum. *Back:* Adam Dorval, Matt Goncalves, Dave Ferrier, Derek Filipe, Melina Louvitakis.

Students of the week are nominated by the members of the LHS faculty and staff in recognition of their achievements both inside and outside of the classroom. Students are awarded a certificate and a tee-shirt, as well as having their name announced over the intercom and displayed outside on the school's marquee.



Guidance Aides Brent Bonzek, Meghan Ketchum, Kari O' Shaughnessy, Jennifer Dion, Leora Martins, Michelle Sagan, Angela Tiago, Sharon Brodeur, Kristen Fioravanti.



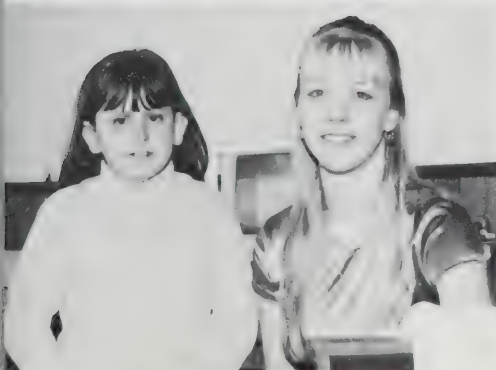


◀ **Hall Patrol** *Front:* Mike Dorval, Nancy Chelo, Karen Lariviere, Shannon Robar, Nadia Saleh, Tonya Leroux, Karen Nogueira, Cristina Mendes, Rebecca Thomas, Jennifer Ambroziak, Nicole Lane, Shauna Smolinski. *Middle:* Jack Simao, Andrea Kerr, Tracy Haluch, Jennifer Hill, Tanya Laramie, Jennifer Cyranowski, Amy Desautels, Amy Hudon, Megan Reilly, Jeremy Soja, Rui Serrazina. *Back:* Kevin Psoter, Erin Moriarty, Joe Aniolowski, CJ Stagnaro, Kevin Fonseca, Erin Campana, Paulo Fialho, Ryan Lemek, Gregory Wurszt, Michael Dymon, Shawn O'Connor, Jeffrey Rodrigues.



◀ **Senior Patrol** *Front:* Shelly Boduch, Evan Dufresne, Jessica Batalha, Tanya Long, Cristina Mendes, Karen Nogueira. *Second Row:* Jennifer Hill, Tanya Laramie, Rebecca Siok, Nancy Chelo, Tracy Haluch, Melissa Provost. *Third Row:* Erin Campana, Fatima Barroso, Jeremy Soja, Michael Codding, Derek Swistak, Maria Medina, Sarah Ladue. *Back:* Matthew Goncalves, Ryan Lemek, Daniel Dias, CJ Stagnaro, Amy Hudon, Linda Alves.

The Class of 1997's Senior Patrol was headed by Tanya Long, also known as "Captain Midnight." The large number of freshmen in the hallway blocked off traffic as well as the lingering couples. "Captain Midnight" for the Class of 1998 will be Tiffany Ann Evans.



◀ **Office Help** Jennifer Wright, Jennifer Dinelle.



Diolinda Vaz
junior editor, student life
Tracy Casimiro
business manager
Amanda LaRiviere
faculty, dividers



Heather Burtch
semi-formals, business
Linda Alves
trips and traditions
Heather Fonseca
sports
Julie Rickson
sports



Meghan Ketchum
senior portraits
Sarah Ladue
senior pictures
Suzana Alves
traditions



Melissa Hammel
miscellaneous
Donna Chrzan
miscellaneous
Melissa Roy
miscellaneous
Lisa Rogowski
miscellaneous



Building Windows

Finally, the yearbook is complete and none of us have lost our minds yet. DiDi and Tracy, I wish you the best of luck on next year's yearbook. From what I've seen from you this year, I'm sure that it will be wonderful. Amanda, a bit of advice: do not hang shoes from the ceiling. Heather F. and Julie, thank you for coping so well with the sports disaster. Heather B., don't forget that we're invited back next year for "still MORE white netting." Linda, thanks for hanging in there 'til the end. Mrs. Kelley, thanks for putting up with our "silliness" in the evenings. To this year's staff, thank you for all your hard work and effort. Without people like you guys, there would be no such thing as a yearbook.

Sharon Brodeur
editor-in-chief

Amanda LaRiviere and her (stuffed) duck Reznor model their (Pringles') duck bills.

Heather Burtch was viciously attacked by the new scanner. It grabbed her arm (unprovoked), stealing an image of her watch.

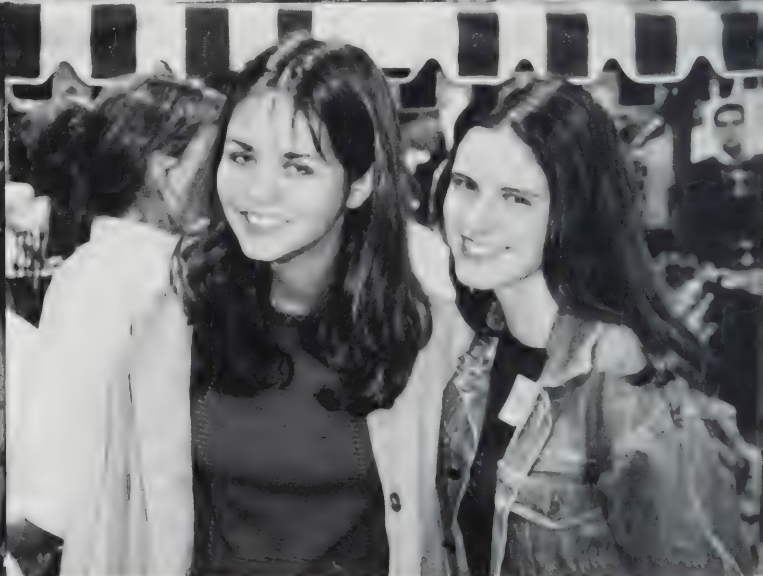
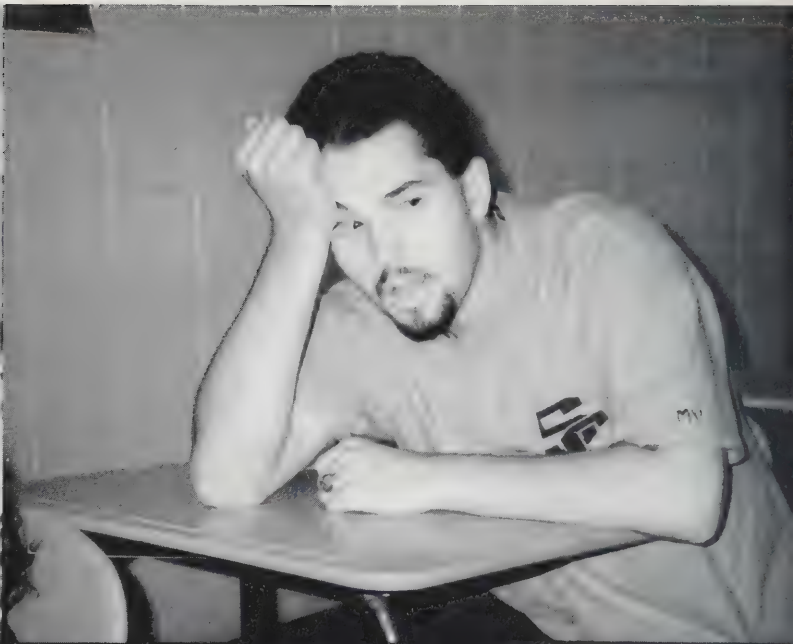
Top: Tracy's sandal.
Bottom: Sharon's sandal.



1997 Yearbook Staff

Front: Sarah Ladue, Cristina Pires, Anne DaCosta, Margie Armitage, Melissa Hammel, April Cioch, Otilia Castro, Suzana Alves, Jennifer LaBombard, Rebecca Rustic, Mrs. Suzanne Kelley. Middle: Erin Campana, Tina Ganhao, Meghan Ketchum, Melissa Gislak, Heather Fonseca, Donna Chrzan, Julie Rickson, Nadia Saleh. Back: Melissa Roy, Amy Hudson, Tracy Casimiro, Diolinda Vaz, Sharon Brodeur, Brent Bonzek, Linda Alves, Heather Burtch.







Senior Directory

Tara Almeida
208 cady street
18, 106.

Jason Alves
summer street
18, 80.

Linda Alves
17 birch street
18, 45, 127, 133, 134, 135.
"Don't worry about what others think of you;
do what makes you happy."

Suzana Alves
118 erin lane
18, 92, 118, 120, 134, 135, 137.

Jennifer Ambroziak
1379 center street
18, 133.

Marjorie Armitage
1385 center street
18, 98, 106, 124, 125, 129, 130, 131, 135.

Michael Assaf
119 blisswood drive
18.

Justin Bailey
168 waverly road
18, 92.

Fatima Barroso
47 grandview avenue
18, 32, 81, 133, 115.

Carrie Barrus
135 hubbard street
18.

Jessica Batalha
164 erin lane
14, 18, 33, 45, 74, 97, 107, 128, 133.

Joseph Batista
26 franklin street
18, 46.

Angela Belleville
58 heritage drive
19, 106.

Roxanne Benjamin
18 harris lane
5, 31, 107.

Shelley Boduch
93 mckinley avenue
19, 81, 133.

Leigh Boland
55 hillcrest lane
13, 19, 81.

Sharon Brodeur
25 chapin street
19, 47, 94, 101, 114, 120, 126, 127, 128, 129, 131,
132, 135, 136.
"A dream is a wish your heart makes."
—Cinderella

David Buckley
31 north arthur street
19, 71.

David Buntin
78 aldo drive
19, 84, 98, 107, 124, 126.
"If 'here' is where you are, and 'there' is where you
want to be, then how can you ever get 'there' when
'there' always becomes 'here'?"

Heather Burtch
59 napoleon avenue
9, 19, 33, 46, 84, 98, 131, 134, 135.
"Do whatever it takes to be happy, and don't let anyone
step on your dreams."

Erin Campana
146 church street
19, 88, 97, 98, 106, 124, 129, 130, 131, 132, 133,
135, 137.

Michael Carvalho
45 karen drive
19, 32, 105, 106.

Simone Carvalho
119 howard street
31.

Antonio Castro
27 hampshire street
31.

Otilia Castro
40 greenwich street
19, 128, 135.

Christopher Champagne
124 longview circle
31.

Nancy Chelo
73 salli circle
19, 81, 89, 90, 93, 98, 117, 133.

Angela Cieplik
350 ventura street
6, 19.

April Cioch
133 alfred street
20, 33, 43, 90, 97, 107, 135.

Melissa Cislak
174 fuller street
20, 75, 82, 98, 127, 129, 131, 135.

Michael Coddington
51 church street
4, 10, 20, 32, 43, 71, 76, 79, 85, 98, 101, 106,
107, 125, 133, 140.
"Your heart is free, have the courage to follow it."
—Braveheart

Jennifer Cyranowski
229 miller street
10, 20, 75, 78, 84, 133.

Anna Czupryna
68 nash hill road
20, 94.

Anne DaCosta
47 arnold street
20, 33, 114, 135.

Amy Desautels
524 alden street
20, 124, 133.

Christina Dias
97 birch street
20, 46, 116.

Cristina Dias
51 bristol street
20, 46, 137.

Daniel Dias
21 batista circle
16, 20, 33, 88, 90, 97, 106, 133.

Jennifer Dinelle
103 massachusetts avenue
20, 107, 128, 133.

Justin Dobson
58 mountainview street
31.

Adam Dorval
23 electric avenue
20, 78, 88, 132.

Evan Dufresne
167 elizabeth drive
9, 21, 133.

Michael Dymon

52 laroche street
21, 72, 133.

Danny Elias
174 kendall street
21, 42.

William Escribano
31.

Alice Fernandes
79 cedar street
31.

Nancy Fernandes
32 birch street
9, 21.

Maggie Ferrabelo
8 fern street
21, 92.

Michael Ferrabelo
110 pine street
21.

Celia Ferreira
94 mountainview street
21, 104.

David Ferrier
46 margaret lane
7, 21, 33, 88, 91, 107, 124, 129, 132, 137.
Dennis Fialho
21.

Paulo Fialho
50 salli circle
21, 33, 92, 133.

Nicole Fiorentino
793 moore street
6, 21.

Eric Flebotte
75 hill terrace
21, 107.

Adela Flores
22 parker lane
22, 114, 125.

Aderico Florindo
27 barna street
31.

Kevin Fonseca
169 americo street
11, 22, 80, 97, 101, 133.

Michael Forcum
55 dale street
22, 33, 85.

Mindy A. Franck
1 haviland street
22, 42, 104.

Americo Freitas
31.

Traci Garrity
110 swan avenue
22, 96, 125.

Alan Gates
832 chapin street
22, 33, 43, 71, 76, 85.

Roger Gendreau
89 church street
22, 76.

Adriano Genovevo
32 lakeview avenue
22, 33, 80, 92.

Adam Giverson
17 stanley street
22, 33, 80.

Robert Gomes
48 oakwood drive
14, 22, 80.

Sandy Gomes
51 florida street
31.

Gorete Goncalves
11 simonds street
10, 22, 88, 92, 98, 129, 132, 137.

Jorge Goncalves
44 north arthur street
22.

Matthew A. Goncalves
37 dale street
16, 23, 33, 45, 79, 80, 85, 94, 98, 102, 128, 129,
132, 133.

Susana Goncalves
10 walnut street
31, 104, 106.

Brian Gosciminski
119 posner circle
23, 121, 126, 127.

Michael Gove
83 gaudreau avenue
23, 71, 76, 105, 125, 127.

James Gregory
183 reynolds street
31, 76, 85, 105, 107.

Heather Griffith
179 winsor street
31.

Dawn Grimshaw
133 moody street
23, 104.

Laura Gruszka

295 fuller street
23, 116.

Todd Gurka
c/o stan allen co. p.o. box c
31, 106.

Tracy Haluch
419 fuller street
23, 32, 73, 81, 82, 106, 117, 133.

Kenneth Haney
316 sewall street
23, 71, 72.

Carlos Hickey
119 warwick drive
23, 126, 127.

Jennifer Hill
572 lyon street
23, 133.

Jeffrey Hiorns
902 east street
23, 104.

Lindsay Ho
234 kendall street
23, 95, 136.

Robert Hogan
550 fuller street
23, 71.

Amy Hudon
101 blisswood drive
24, 32, 98, 100, 103, 125, 128, 130, 131, 135.

Kimberly Jorge
408 chapin street
24, 33, 42, 81, 107, 117.

Jamie Kendall
38 woodside road
24, 92, 100.

Andrea Kerr
792 alden street
31, 32, 33, 90, 93, 117, 133.

Andrew Kessler
28 mountainview street
24, 78.

Meghan Ketchum
33 waverly road
24, 32, 128, 131, 132, 134, 135, 137.

Lisa-Marie Keyes
107 amherst street
10, 24, 98, 125, 127, 128, 129, 131, 137.
"If winter comes, can spring be far behind?"

Robert Kopec
554 winsor street
7, 11, 16, 24, 33, 43, 105.
"I like to be in control of something that is totally

out of control.”

-Days of Thunder

Stephen Koziol

33 coolidge avenue
24.

Stephen Kulas

40 northwood circle
11, 24, 32, 33, 43, 88, 92, 95, 98.

Donald Labaj

196 winsor street
24.

Jennifer LaBombard

12 brimfield street
24, 74, 124, 128, 129, 130, 135.

Angie Labonte

103 minnechoag heights
8, 24, 84, 90.
“Love and friendship are forever,
sadness only lasts for a moment.”

Sarah Ladue

39 rood street
25, 32, 114, 116, 128, 131, 133, 135.

Nicole Lane

5 keefe street
25, 133.

Tanya Laramie

109 river street
25, 106, 133.

Kristle Lariviere

25, 110.

Scott Lauzon

25.

David Lawrence

51 ronald street
25, 125.

Ryan Lemek

49 wood drive
25, 92, 95, 107, 118, 133.

Tonya Leroux

20 joy street
25, 32, 74, 92, 97, 124, 133.

Irene Lesniak

41 new crest street
25, 94.

Danielle Lessard

22 waters edge drive
25, 90.

Nicholas Line

20 worcester street
25, 32, 107, 124.

Tanya Long

171 higher brook drive
12, 25, 33, 107, 128, 133.

Melina Louvitakis

523 miller street
26, 70, 75, 84, 94, 111, 114, 128, 129, 131, 132.

Maureen Lynch

17 moody street
26.

Robert Maio

113 chapin street
26, 33, 43, 105.

Gennelle Mariani

26.

Heather Mariani

32 bowles avenue
26, 96, 97, 98, 125, 126, 127.

Erica Martins

95 arnold street
26, 98.

Jorge Martins

36 massachusetts avenue
9, 31, 88, 95, 97, 98.

Michael Mateus

199 west avenue
31, 80.

Nicholas Matthes

81 pond street
26, 76, 84, 98, 107.

Maria Medina

99 hubbard street
26, 107, 133.
“Ay, there’s the rub!”

—Hamlet

Cristina Mendes

92 laconia street
31, 33, 133.

Jason Minich

157 james street
26, 84, 104, 114.

Bridget Moore

113 center street
26.

Eric Nelson-Miller

84 valley view drive
26, 125.

Karen Nogueira

85 alfred street
26, 107, 124, 128, 129, 133.

Sharon Nogueira

85 alfred street
27, 33, 81, 97, 98, 106, 124.

Shawn O’Connor

60 fern street
27, 76, 84, 104, 133.

Linda O’Malley

12, 27, 42.

Joao Paulo Oliveira

38 prospect street
31, 107.

Brian Page

7 mineral springs
27, 76.

Hye-Jung Park

202 erin lane
31, 102, 126.

Leigh Paz

57 lyons street
7, 27, 88, 117.

Heather Peabody

8 cady street
27, 105.

Scott Pelletier

195 west street
10, 27, 126, 129.

Valentim Porfirio

256 winsor street
27.

E. Timothy Priest

101 bruni avenue
7, 27, 32, 43, 105.

Melissa Provost

34 aldo street
27, 32, 73, 82, 87, 133.

Karla Psoter

230 sewall street
27, 32, 33, 71, 13, 87, 92, 100.
“You gain strength, courage and confidence
by every experience which you must stop
and look fear in the face...You must do the
thing you think you cannot do.”
-Eleanor Roosevelt

Melanie Pszeniczny

164 prokop avenue
16, 27, 81, 90, 92, 101.

Mark Quiterio

45 summer avenue
28, 76.

Paula Regadas

93 hubbard street
8, 28.

Megan Reilly

186 miller street
28, 133.

Fernando Ribiero

12 waz street
28, 76, 137.

Jamie Rich

313 munsing street
28, 116.

Joseph Riopel

158 skyridge street
28.

Diane Rodrigues

117 americo street
28.

Jeremy Rodrigues

101 richmond street
28, 133.

Joseph S. Rodrigues

259 prospect street
31, 76.

Kristy Rodrigues

96 pine knoll drive
28, 115.

Nickolas Rooney

98 highland avenue
28, 132.

Gary Rosa

143 erin lane
28, 76.

Nilton Rosa

24 adams street
28.

Albertina Rua

46 berkshire street
29, 98, 115, 120, 126, 127.

Carlos Gustavo Rubbo

77 highland avenue
29.

Christopher Salvador

402 munsing street
29, 32, 136.

Jennifer Salvador

12 lavoie avenue
6, 29, 42, 92.

Stephanie Salvador

118 oak knoll circle
29.

Antonio Sanches

23 ampere avenue
29, 92.

Christine Santos

25 motyka street
29, 88, 102, 106, 107, 121, 127, 128, 129, 131.
"Use the talents you possess for the woods would

be silent if no birds sang except the best."

-H. Van Dyke

Michelle Santos

23 blanchard avenue
29, 32, 42, 106.

Paul Santos

44 hilltop terrace
29.

Jeffrey Sargent

32 joy street

Timothy Sarlan**Nick Schwerdtfeger****Shannon Self**

90 piney lane
31.

Daniel Serrazina

165 whitney street
29.

Tina Serrazina

45 yale street
29, 100.

Joseph S. Silva

125 reynolds street
29.

Lisette Silva

30.

Diana Simoes

44 cypress street
31.

Rebecca Siok

115 miller street
3, 30, 32, 81, 90, 98, 106, 133.

Shauna Smolinski

45 margaret lane
30, 95, 125, 133.

Jeremy M. Soja

31 batista circle
30, 33, 71, 78, 88, 92, 100, 133.

Charles Stagnaro

83 church street
30, 78, 106, 133.

Brian Sunter**Derek Swistak**

223 alden street
30, 79, 85, 88, 92, 133.

Matthew Tarsa

140 edgewood road
31, 78.

Kristie Lee Teixeira

57 arch street
8, 30, 95.

Rebecca Thomas

19 lazarz street
30, 133.

Sean Thompson

110 mclean parkway
30, 76, 84, 102, 106, 126, 127, 128.

Crestina Torrao

93 barre drive
31, 126, 127.

Chrystal Vieira

113 skyridge street
30.

Joao Vieira

125 higherbrook drive
7, 11, 30, 32, 80, 97.

Jorge B. Vieira

91 williams street
30, 124.

Karen Vigliano

58 cady street
31, 98, 114, 125.

Felicia Vital

61 cady street
31, 106.

Mark Vital

27 haviland street
31, 33, 86, 92, 105, 128.

Danielle Wales

274 west street
31.

Rebecca Wright

459 poole street
31.

Gregory Wurszt

41 new crest street
31, 133.

Jeffrey Zajac

101 chapin street
31, 32.

Nikki Zaldivar

84 hill terrace
31, 107.

Edward Zapala

69 harris lane
31, 106.

Nancy Zina

550 chapin street
31, 32, 81.

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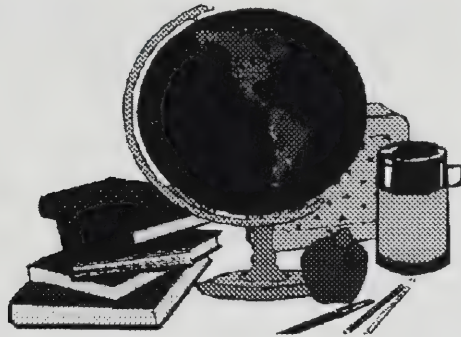
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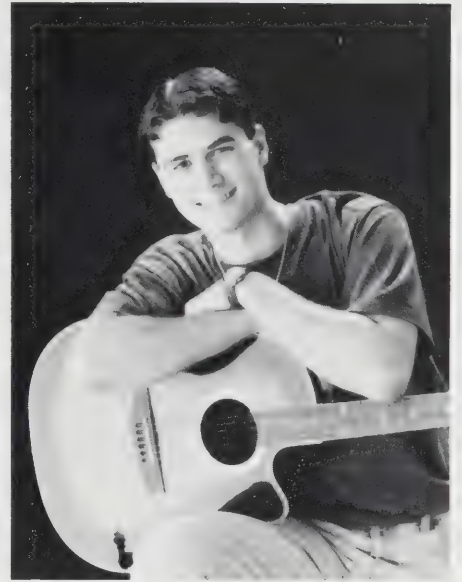
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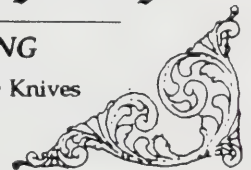
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CONGRATULATIONS ROB!

*and which ever road you
choose, we'll be behind you
win or lose - for in my heart
you will remain
Forever Young...*

Love

*Mom, Dad, E.J., Gram, Pop,
Grandma & Grandpa*



We're Proud Of You!



*BECKY,
YOU ARE
EVERYTHING THAT IS
RIGHT IN OUR
WORLD.*

*LOVE,
DAD, MOM,
AND CASEY*

David Buckley,

Congratulations! We love you very much and we
are very proud of you. Follow your dreams.

Love,

Mom, Dad, Carolyn, and Mark





To "You-You:"
 Hope your future is
 all you want it to be.
 With Love
 and Luck From
 Mom, Dad, and
 Andrew



Dear Stephen,

Congratulations! You've made us proud of you with
 laughter and tears. We wish you success, happiness, and good
 health with all your future endeavors. You deserve only the best,
 which is yet to come. We will always love you.

Love,
 Mom, Dad, Melissa, and Adam

EVAN DUFRESNE,
 KEEP SMILING,
 THE WORLD IS YOURS!
 LOVE,
 MOM AND DAD



To Melina,
 You will
 always be our #1
 graduate.
 Love,
 Mom and Dad



Erin,
 Remember, always reach for the stars
 and you will have the world in the palms of
 your hands.
 Love ya a Bunch,
 Mom and Dad



Missy Sue,
 We love you!
 Mom, Dad,
 Nicole,
 and Brett



JEN,
 YOU WILL ALWAYS
 BE FOREVER SPECIAL
 TO US.
 ALL OF OUR LOVE,
 MOM AND DAD

Tanya,
 You are my best friend in the whole
 world. Good Luck with everything and con-
 gratulations
 Love always,
 Cindy



Karla,
 All the work ahead of you will be worth it, if in a hundred
 years, it is said that you made the difference in the life of a child.
 We wish you love as you start your journey. There really is
 no destination.

Love,
 Dad, Mom, Jodi, and Kevin



Adriano,

Congratulations!

You've always known who you are and where you want to go. May God continue to guide you and fill your path with love, health, and happiness.

Love always,

Mom, Dad, and Jennifer



Dear Melanie,
Words
can't express how
much we love you.
The joy, laughter,
love and pride that
you bring into our
lives will be cher-
ished forever.

We wish
you the best of
everything life has to
offer and know that
you will be success-
ful in whatever path
you choose.

Love,
Mom & Dad

Sharon M. Brodeur

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IT'S A GIRL!*

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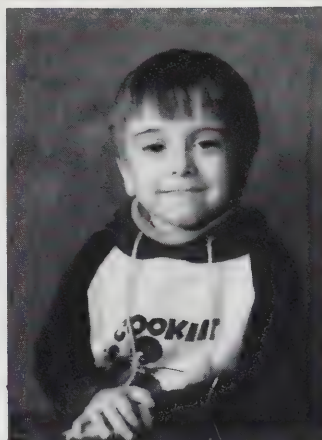
*GOOD LUCK REACHING YOUR DREAMS. YOU'VE
WORKED HARD AND WE'RE PROUD OF YOU. . .
LOVE, MOM, DAD, JAMES, & PATRICK*

TO DAVID, OUR PRIDE AND JOY



WHAT A PERFECT SON YOU HAVE BEEN!

LOVE ALWAYS,
MOM AND DAD (BANDIT TOO)



JOE,

IT SEEMS LIKE ONLY
YESTERDAY THAT YOU WERE
SINGING YOUR FAVORITE SESAME
STREET SONGS. BEST OF LUCK IN
THE YEARS AHEAD.

LOVE,
MOM AND ROB

To the prettiest, smartest,
most talented czarina in all the
world. We're so proud of
you, Heather!

Love,
Mom and Dad, Amber,
and Brittany



We are very
proud of you
Jeremy. Good luck
with any direction
you choose to go.

Love,
Dad + Mom

AMY,

WE ARE SO VERY PROUD
OF YOU AND LOVE YOU MORE
THAN WORDS CAN SAY. MAY ALL
YOUR HOPES AND DREAMS COME
TRUE. CONGRATULATIONS.

LOVE,
MOM AND BILLY



CHRISTINE,

WE ARE SO VERY PROUD OF YOU.

LOVE,
YOUR FAMILY

Dan,

Good luck and
success in all you strive for.
We are very proud of you.

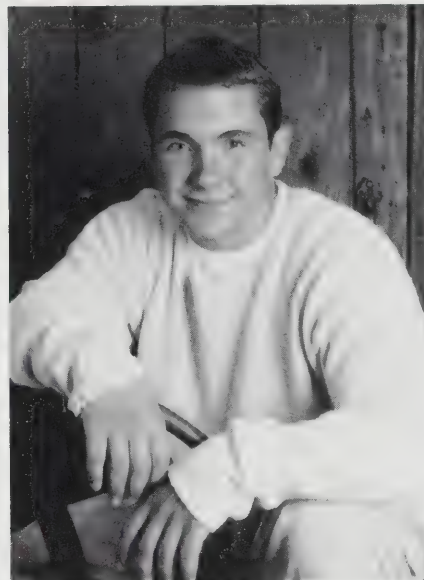
Love,
Mom and Dad



Lisa,

May you
continue to see life not
just with your eyes,
but with your heart.
We are so very proud
of you!!

Love,
Mom, Dad, and your
"seester" Katie



CONGRATULATIONS ~ YOU MADE IT.
I WISH YOU THE BEST OF LUCK IN
YOU FUTURE YEARS WITH GOLF
AND YOUR CAREER.

I LOVE YOU ~ MOM

NANCY,

THANK YOU FOR
BEING THE DAUGHTER THAT
I ALWAYS DREAMED OF.
YOU ALWAYS WORK SO
HARD TO REACH YOUR
GOALS, SO NOW WE WISH
THAT YOUR DREAMS WILL
COME TRUE. WE ARE VERY
PROUD OF YOU.

LOVE ALWAYS,
MOM AND WAYNE



Meghan,

May you be-
lieve in yourself as
much as we have
always believed in you!
We love you,
Mom and Dad

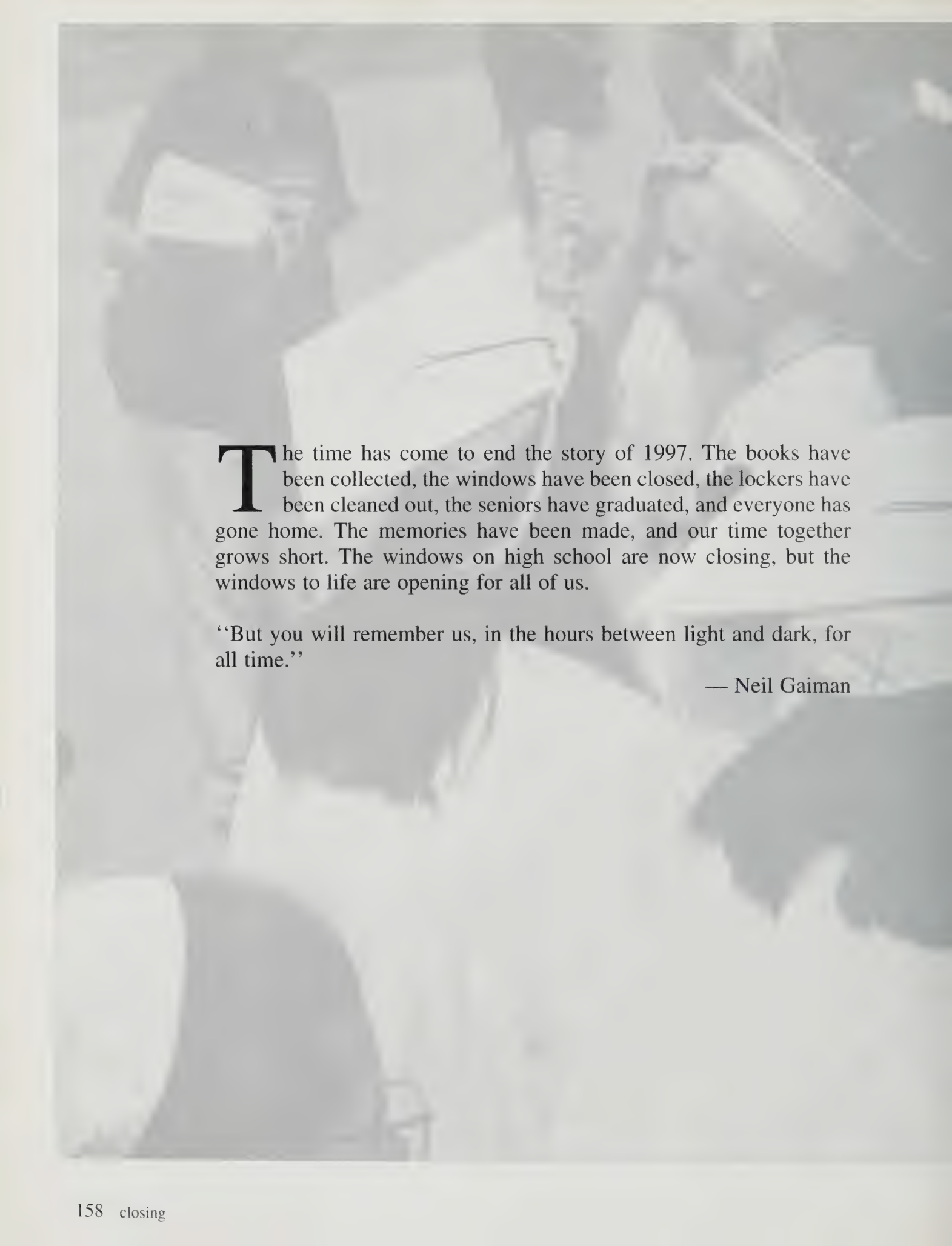


Shauna,

Where have the
years gone? A beautiful
young lady with great hopes
for the future. We love you
very much, and we will always
be there for you. May God be
with you always.

Love,
Mom, Dad,
Derek, and Megan





The time has come to end the story of 1997. The books have been collected, the windows have been closed, the lockers have been cleaned out, the seniors have graduated, and everyone has gone home. The memories have been made, and our time together grows short. The windows on high school are now closing, but the windows to life are opening for all of us.

“But you will remember us, in the hours between light and dark, for all time.”

— Neil Gaiman



Colophon

The 1997 edition of the Ludlow High School *Lion* was printed in offset lithography by Herff Jones Inc. in Gettysburg PA in a limited edition of 250 copies with 160 pages.

The cover is a woven silkscreen material in burgundy with black and silver elements.

The endsheets are a Vibratext stock with black and maroon ink. The front endsheet features a die cut.

The body copy and captions are done in 10 pt and 12 pt Times Roman and the headlines are done in Times Roman, Florentine Swash Caps, Gregorian, Mistral and Graverplate.

For more information, contact the Yearbook Office at Ludlow High School, 500 Chapin Street, Ludlow MA 01056.





